

# Secondary phase newsletter

*Creating Tomorrow's Citizens Today*

Friday 16th April 2021

## All-through news

A very warm welcome back to everyone following the Easter break. Despite still maintaining the Covid mitigations, it almost felt on Monday as if we were coming back to start a new academic year, which of course we are not! Whilst the sun shone, there were moments of sleet! However, there was definitely "hope and excitement" in the air as we saw the official opening of the Simon Balle Farm.

Many schools now have their own "animals or pets". We believe that having our own farm (albeit on a small scale) will bring many benefits. Children love animals and the discipline and responsibility of looking after them is a great learning experience. We have always emphasised the importance of the outdoors as an important space and this is an extension of our outdoor classroom and local habitats. Science and understanding nature takes on a different dimension and perhaps most importantly, the idea of "stewardship" can be taught and modelled. Whilst based in the Larch centre, a group of Y9 enthusiastic volunteers will have an opportunity to lead on a daily basis and a weekly rota. It is truly an all-through venture!

The launch on Monday was an exciting event! We are so grateful to Mr Taylor and the Big Band for their first outdoor gig for some time - and it was so wonderful to welcome the music back! It is always an inspiration for our Larch children, and this we have awaited for some time! As well as our Year 9 farm leaders and the whole Larch, Busy Lizzies Nursery joined us too and we know already that they are really enjoying our farm and making important contributions to the animal care. It is funny really that a tortoise, rabbit, guinea pig or chicken have the power to connect us from Nursery - Year 13 as well as parents and staff too - but this is the community connection we need, perhaps now more than ever.

I met with a group of parents (reflecting the all-through) via google meet on Tuesday and we talked through the responsibilities for our community at the weekends and through the holidays. I was delighted by the number in attendance - more than 30 families! We thank you all in anticipation for your help with this great responsibility.

## PSA and Fundraising

A huge thank you to James Pooley and Ian Finch (our Assistant Headteachers) for the great online quiz they ran at the end of last term. 72 families joined in and over £700 was raised.

We are delighted to announce that Jo Duggan has volunteered to act as the Chair of the PSA and we know that Jo is full of ideas so lots of exciting events to come!

We always look to welcome new members, so do join us for the next virtual meeting (8-9.15pm) on Tuesday 27 April - a link to join will follow.

## **Next fundraising event- Family pizza night**

Doughies, a pizza company, will deliver individual, make at home, pizza kits to school which parents have pre-ordered. Kits are collected at home time. The kit which contains all ingredients retails for £6, but the company sell it to the school for less. We will be charging £6 which can be paid via parent pay, The kits are nut and seed-free, come with an allergen label, can be vegan but not gluten-free as the dough is tricky to work with. More information to follow on the next newsletter and please see attached flyer.

Simon Balle All-through school

### **Hertford Art Trail**

The Hertford Art Trail started on the 12th April and finishes on the 8th May. We are delighted that this year our primary and secondary student's artwork has been included. They produced a tribute for those who went above and beyond during the pandemic. Please see the attached flyer for full details of the trail.

### **World Book Day: Mrs Syme**

The world book day quiz was great fun and we received a fantastic number of responses! Please see below for the list of winners who all got full marks! All winners are receiving an e-gift card from National Book Tokens very soon - delivered to their parent's email address. Well done to:

Aaron, Y3 Robins

Rosie, Y2 Deer

Ayla and Tylan, Y2 Foxes and R Hedgehogs

Lucas and Sam, Y4 Kingfishers

David, Y4 Doves

Samuel, Y5 Mallards

Oshmi, Y4 Doves

Ella, Y4 Kingfishers

Leo, Y5 Mallards

Josh, Y3 Wrens

Austin, R Hedgehogs

Bethany, 7M

Reubin, 7M

## **Secondary news**

### **Arriva School Bus Services**

From the 11th April, some of Arriva's school bus duplicate services will be operated by coach companies. Each coach will be clearly marked with an Arriva logo and service number. The coaches will not be able to receive any cash fare payments and will only accept pre-paid Arriva tickets. If a student intending to travel on the service wants to use cash or an alternative contactless payment option to pay for their journey they will need to travel on the main public service. If the public bus is at capacity due to social distancing requirements the driver will advise the student on their travel options. Please note Arriva are currently operating an 'exact fare, no change' policy.

### **Eco Club News**

Thursday 22nd April is the 51st Earth Day. The focus this year is 'Restoring our Earth'. We are hoping that throughout the day staff, students and families will take the time to learn a little more about what we can do to help the planet, and then together we can begin to make a difference. During the day students will be planting seeds to create a wildflower meadow within the school grounds in order to increase biodiversity. The insects attracted to the wildflowers perform vital pollination services to our planetary ecosystems and act as keystone species for food webs. We would appreciate it if you could support this activity by purchasing a pack of wildflower seeds while you are doing your shopping this week and sending them into school with your children.

You can read more about Earth Day here: <https://www.earthday.org/>

### **Lateral Flow Testing (LFT)**

Please remember to continue to test twice weekly. This is an important mitigation in the spread of Covid 19. If you need any more testing kits please come to the main office. Results should be reported to the NHS and to the school - [covid19@simonballe.herts.sch.uk](mailto:covid19@simonballe.herts.sch.uk)

Simon Balle All-through school

### **Music Update**

Our music ensembles are gradually returning over the coming couple of weeks. Musicians will be reminded about rehearsals and protocols by email, and anyone interested in joining, especially the choirs, should come and speak to us in the music department. It is brilliant to have our live music back and hopefully we might be able to perform later this term!

### **PE Update**

Below are the secondary phase sports clubs for the next 3-4 weeks. The PE department will then move onto their Summer term programme. These clubs are open to all students and they should take into consideration the following;

- Clubs start at 3.15 pm, please go to your allocated area.
- Please ensure you sanitise before and on departure from clubs.
- Clubs will end at 4.20 pm.
- Once your club ends, please leave the site immediately.

Secondary Phase sports clubs

Mon - Y9 boys Football and Y10 boys football and Y10 girls rounders

Weds - Y8 girls netball, Y9 girls rounders, Y11 boys football

Thurs - Y7 boys - ready for rugby, Y7 girls hockey

Fri - Y8 boys football

### **Clubs**

As well as music and sport other clubs and extracurricular activities are beginning to restart, for example, the Y10 French Grammar workshop (Tuesdays 3.20 to 4.00) has begun and we will keep you up-to-date of other opportunities as soon as we can.

Study clubs for Y7 students take place on Wednesdays after school. To find out more please email Ellie Newman, Assistant HOY 7([newmane@simonballe.herts.sch.uk](mailto:newmane@simonballe.herts.sch.uk))

### **Other news**

- **Vacancies:**
  - We are looking to appoint a Midday Supervisor for our Larch Centre. If you would like more details please contact either of the school offices and we will give you a job description and information on how to apply. The post is permanent 5 days per week term time only. The closing date for applications is Friday 30th April.
  - Advance notice - Classroom support (particularly SEND, Literacy). We will be advertising shortly for staff, so if you are interested or know anyone who is, please do contact us as soon as possible.
- **Dates:**
  - A reminder that Tuesday 4th May is an INSET day and that students will return on Wednesday 5th May.
- **Funded Parenting Support Groups:**
  - Commencing in both April and June, Supporting Links is offering 6 week courses FREE of charge to parents, please find more information in the leaflets below.

Simon Balle All-through school

*Wishing your children a fulfilling and enriching term ahead!*

*Best wishes,*

*Mrs Alison Saunders (Headteacher) and Mrs Rachel Kirk (Vice Principal)*



# DOUGHIES PIZZA KITS FOR SCHOOLS

Doughies helps schools raise money by providing a home pizza-making experience, delivered to the school ready to be conveniently collected by parents.



Check out our Facebook reviews [@doughiespizza](#)

0751 542 6385 • [calan@doughies.co.uk](mailto:calan@doughies.co.uk)





## HOW IT WORKS

- You promote the pizza evening within your school community
- Parents order and pay for pizza kits via your PTA payment system such as ParentPay
- We provide a flyer you can use to promote the event, along with a guide and pizza making videos you can use to build excitement around the pizza evening
- Doughies delivers the pizza kits, containing all the ingredients required to make and bake an artisan pizza at home, all bagged up and ready for your PTA to hand to parents

We package kits in singles, doubles and triples (1, 2 or 3 pizzas), and each kit includes clear steps and instructions to make it easy and fun for everyone to make and bake their pizza using their home oven.

## EACH KIT INCLUDES

- Fresh dough, perfect for use within 48 hours
- Our special tomato sauce
- Mozzarella cheese
- Grana Padana cheese
- Stretching flour

## PRICING

Doughies offers schools a discounted rate on our regular pricing. We charge you £4 per single pizza kit, which you can sell for £6. Each family can order as many as they'd like and we package them as singles, doubles or triples to ensure minimal packaging waste. A school of 400 students typically sells between 250 and 300 kits as many parents buy multiple units for the whole family to participate.



Bring the family together for a fun mealtime activity

0751 542 6385 • [calan@doughies.co.uk](mailto:calan@doughies.co.uk)

A number of schools we've worked with have approached local businesses to 'sponsor' their event - this typically involves local businesses including a flyer within each bag. In our experience, local companies are keen to be involved and it provides a nice boost to your total raised. We are happy to include this material within your kits.

## SCHOOL CASE STUDY

Name: Green Lane Primary  
Size: 400 students  
Sponsors: The school found 2 sponsors, charging them £100 each to include a flyer in each bag  
Total kits sold: 269 kits @ £6 each  
Kit included: A drink and 3 Celebrations per pizza  
Total event profit without sponsorship: £420  
Total event profit including sponsorship: £620

## PLANNING YOUR EVENT

We generally require a week's notice to ensure we can plan your event and arrange any necessary customisation. We then need your final order numbers 4 days before the event.

We pack the kits in triple-walled boxes to keep them cool, and deliver your order as close to when parents will collect them as possible. The kit is delivered in perfect condition for use either that evening, or within 48 hours of delivery providing it is kept refrigerated.

Once we receive final numbers of how many single and double kits you would like, you'll receive an invoice which is payable in advance, either online by card, or by bank transfer.

If you have any questions, or to talk to us about your event, please contact Calan at the contact details below.



Let's chat about running a pizza night for your school

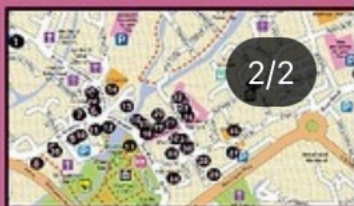
0751 542 6385 • [calan@doughies.co.uk](mailto:calan@doughies.co.uk)







































# HERTFORD 12th April - 8th May

# ARTS TRAIL

- |                                 |                                       |                          |
|---------------------------------|---------------------------------------|--------------------------|
| 1. Courtyard Arts               | 13. Hertford Theatre                  | 25. Mint of Hertford     |
| 2. Twisted Willows              | 14. McMullens Brewery                 | 26. Concord Trophies     |
| 3. Frankie and Olive            | 15. Leaf Café                         | 27. The Skull Club       |
| 4. Designer Eyes                | 16. Shepherds of Hertford             | 28. Mudlarks Garden Café |
| 5. Tierney Salons               | 17. Rossi's Attic                     | 29. Classic Mobility     |
| 6. The Women's Society Boutique | 18. Town & Tourist Information Centre | 30. Chapter79            |
| 7. Maggie Amone                 | 19. CavaVin                           | 31. Gingerlilie Boutique |
| 8. Hertford Subways             | 20. Hertford Library                  | 32. Hertford Organic     |
| 9. Retail Therapy               | 21. Oxfam Books & Music               | 33. Abel                 |
| 10. Hertford Cake Co.           | 22. Hertford Museum                   | 34. Thomas Childs        |
| 11. Mark Wilms Antiques         | 23. Brotherhood                       | 35. Eye Mind Heart       |
| 12. Penin's Barber Shop         | 24. Hertford Coffee Lab               | 36. St Nicholas Hall     |



Venues and artists are subject to change. Venue opening times may vary, visit [www.gohertford.co.uk](http://www.gohertford.co.uk) for up to date information

1 Various Artists 	2 Jodie Cowler 	3 Lily Wall 	4 Lola Nash 	5 Abbie Danson 	6 Felix Chong 	7 Jessie Southamer 	8 Alan Davis & Secondary Seaferies 	9 Nick Orzech 	10 Kallie All 	11 Alex Devlin 	12 Mary-Lough-Briens 
Kevin Gavanhan 	13 Simon Bello Students 	14 Roy Whyard 	15 Sarah Baylis 	16 Teresa West 	17 Laurence Hartley 	18 Angela Roberts 	19 Bernadette Dunne 	20 Art Books and Music 	21 Nikki Robinson 	22 William Eather 	24 Various Artists 
25 Georgia Inghy 	26 James Cartan 	27 Lee Walkowicz 	28 Linda Gilford 	29 Sue Cooper 	30 Janet Gardner 	31 Kirstie Tabbu 	32 Aery Wilson 	33 Steve Bullock 	34 Claire Carey 	35 Ohio Fernandez 	36 Various Artists 

# FREE ENTRY!





# HERTFORD ARTS TRAIL

12th April - 8th May

Free of Charge Activity

[www.gohertford.co.uk](http://www.gohertford.co.uk)



ORGANISED BY:



HERTFORD  
TOWN COUNCIL

PARTNERS:



Courtyard  
arts



**WE'RE HERE  
TO GET THEM  
BACK SAFELY.  
FIND OUT MORE**







Dear Head Teacher

As government restrictions are lifted and non-essential retail, outdoor hospitality, indoor leisure, and outdoor settings begin to reopen from 12<sup>th</sup> April we will be ramping services back up to meet demand. This will result in some minor changes to school journeys. I have attached some information on how our bus services will be running to ensure that all those wishing to travel with us can still do so safely and confidently.

Please rest assured that all our buses are Covid-19 secure and undergo enhanced touchpoint cleaning each day. Good ventilation of fresh air is also ensured by keeping windows open wherever possible.

To help reduce the amount of physical contact between pupils and drivers, we are asking pupils to only use contactless payment or pre-purchase tickets via the Arriva UK Bus app. Cash will only be accepted as a form of payment in exceptional circumstances and where the correct fare can be paid, our **drivers will not be able to provide change at this time.**

A reminder on bus travel that are operating slightly differently, details of which are outlined below:

1. We will have buses reserved for school, sixth form and college pupils only, the route number for these services will begin with an "S". Pupils from any year group and from any school or college located on the route can travel on these buses. If pupils from your school do need to travel on the same bus as those from another school, we are asking them to sit with those from their own school, ideally from their own year group. Where possible we are asking pupils to maintain social distancing, although capacity on these buses will be increased allowing students to sit next to each other and standing if necessary. The seats behind the driver and any facing each other will be marked off and should not be used. Government guidance is that all pupils over the age of 11 must wear a face covering, exemptions apply. We encourage pupils to also carry hand sanitiser with them and use it before getting on and off the bus wherever possible.
2. To help increase capacity, we will be adding in additional journeys on certain services and in some cases, we will be running two buses at the same time so that both those travelling to and from school or college and keyworkers travelling to and from work can do so safely. Some buses running will be supplied by the local authority and will not look like an Arriva bus. As per government guidelines, social distancing will be required on these services and is clearly marked out onboard. All those over 11 must wear a face covering, exemptions apply

If the route your pupils usually travel on does not begin with an "S" it means that there is no dedicated school bus. They can still use this normal service to travel to school or college, and we have ensured there is plenty of capacity on these services. As per government guidelines, social distancing will be required on these services and is clearly marked out onboard. All those over 11 must wear a face covering, exemptions apply.

I have attached a PDF document that outlines the details of what is happening in your area and would be grateful if you could share this information with your pupils and parents. We have created some visual assets that might be of use to help you share this information which you can also find attached to this email.

Full timetable details can be found in the Arriva UK Bus app which is free to download from the app store or via [www.arrivabus.co.uk/help/coronavirus/coronavirus-timetable-information](http://www.arrivabus.co.uk/help/coronavirus/coronavirus-timetable-information)

I would like to take this opportunity to wish you and your colleagues the best of luck with settling your pupils back into school. After such a long time apart, I am sure everyone is extremely excited to be back together again.

Yours sincerely



Route numbers that begin with an "S" are reserved for school, sixth form and college pupils only. Pupils from any year group and from any school or college located on the route can travel on these buses. If you need to travel on the same bus as pupils from another school, please sit with others from your own school, ideally from your own year group. Where possible we are asking you to maintain social distancing, although capacity on these buses will be increased allowing students to sit next to each other and standing if necessary. The seats behind the driver and any facing each other will be taped off and should not be used.

If your journey is a new additional bus, reduced capacity rules will apply, which are clearly marked out onboard, we have ensured there is plenty of capacity on these services.

Face coverings must be worn at all times by anyone over the age of 11, exemptions apply.

Route	School journey
<b>10</b> Woodside To Holywell Estate via Watford	<p>The following journeys will run as <b>S10</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0700 Woodside to Holywell Estate 1428 Holywell Estate to Watford Junction Station</p>
<b>55</b> Stevenage to Letchworth via Graveley and Jackmans Estate	<p>The following journeys will run as <b>S55</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0728 Grange Estate to Stevenage Old Town 1454 Stevenage Old Town to Grange Estate 1542 Grange Estate Southfields to Northfields</p>
<b>66</b> Waltham Cross to Debden via Waltham Abbey and Loughton	<p>The following journeys will run as <b>S66</b>:</p> <p>0656 Waltham Cross to Epping Forest College 0730 Waltham Cross to Epping Forest College 0810 Waltham Abbey to Epping Forest College 1430 Waltham Cross to Loughton and Debden 1520 Waltham Cross to Loughton and Debden</p>
<b>97/98</b> Hitchin to Letchworth via Highfield	<p>The following journeys will run as:</p> <p>0735 Hitchin to Etonbury Academy - <b>S97</b> 1550 Etonbury Academy to Hitchin - <b>S97</b> 0722 Baldock to Hitchin - <b>S98</b> 1540 Hitchin to Baldock - <b>S98</b></p>
<b>100/101</b> Luton to Stevenage 100 via Luton Airport, Stopsley, Hitchin; 101 via Stopsley, Lilley Bottom, Hitchin	<p>The following journeys will run as:</p> <p>0701 Luton to Stevenage Old Town – <b>S100</b> 0720 Luton to Stevenage Old Town – <b>S101</b> 1448 Stevenage Old Town to Luton – <b>S101</b> 1537 Hitchin to Luton – <b>S101</b></p> <p>These journeys will be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach.</p>
<b>251</b> Hammond Street to Upshire via Cheshunt, Waltham Cross and Waltham Abbey	<p>The following journeys will run as <b>S251</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0710 Upshire to Hammond Street 0800 Hammond Street to Waltham Cross</p>

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If your journey is a new additional bus, reduced capacity rules will apply, which are clearly marked out onboard, we have ensured there is plenty of capacity on these services.

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Route	School journey
<p><b>301</b> St Albans to Stevenage via Oaklands, Hatfield, QEII Hospital, Welwyn Garden City, Welwyn, Woolmer Green and Knebworth</p>	<p>The following journeys will run as <b>S301</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0733 Welwyn Garden City to Lister Hospital 0736 Hatfield Galleria to Monks Walk School 1532 Monks Walk School to Stevenage 1523 Hatfield Town Centre to Stevenage 1453 Lister Hospital to Hatfield Town Centre</p>
<p><b>302</b> Hemel Hempstead to Welwyn Garden City via Adeyfield, Leverstock Green, Batchwood, St Albans, Oaklands, Hatfield and Stanborough</p>	<p>The following journeys will run as <b>S302</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0720 Hemel Hempstead to Hatfield Town Centre 0725 Welwyn Garden City to St Albans 1506 Hatfield Town Centre to Hemel Hempstead 1507 Welwyn Garden City to St Albans</p>
<p><b>308</b> Thorley Park to Parsonage Estate via Bishop's Stortford</p>	<p>The following journeys will run as <b>S308</b>:</p> <p>0753 Thorley Park to Birchwood School 1515 Birchwood School to Thorley Park</p>
<p><b>310</b> Hertford to Waltham Cross via Ware, Great Amwell, St Margarets, Hoddesdon, Broxbourne, Wormley, Turnford and Cheshunt</p>	<p>The following journeys will run as <b>S310</b>:</p> <p>0730 Waltham Cross to Hertford 0800 Waltham Cross to Hertford 0800 Hertford to Waltham Cross 0900 Waltham Cross to Turnford 1430 Hertford to Waltham Cross 1445 Waltham Cross to Hertford 1500 Hertford to Waltham Cross 1530 Hertford to Waltham Cross 1530 Waltham Cross to Hertford 1545 Hertford to Waltham Cross</p>
<p><b>320</b> Hemel Hempstead to Rickmansworth and Berry Lane Estate via Garston, Watford, Croxley Green and Rickmansworth</p>	<p>The following journeys will run as <b>S320</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0730 Garston Parade to JFK School 1531 Rickmansworth Station to Watford Town Centre 1545 JFK School to Garston Parade</p>

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Route	School journey
<b>321</b> Watford to Luton	<p>The following journeys will run as <b>S321</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0705 Luton Interchange to St. Albans St. Peter's Street            0731 Luton Interchange to St. Albans St. Peter's Street            1450 Watford Market Street to Luton Interchange            1524 St. Albans St. Peter's Street to Luton Interchange</p>
<b>331</b> Hertford to Buntingford via Ware, Wadesmill, Standon and Puckeridge	<p>The following journeys will run as <b>S331</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0735 Hertford to Buntingford Schools            0724 Buntingford to Hertford            1514 Buntingford Schools to Hertford            1555 Hertford to Buntingford</p>
<b>357</b> Borehamwood to Harpenden via Shenley, London Colney, Napsbury, St. Albans, Bernards Heath, Sandridge, Nomansland, Wheathampstead and Batford	<p>The following journeys will run as <b>S357</b>:</p> <p>1145 Katherine Warrington School to Harpenden - Fridays only            1615 Katherine Warrington School to Harpenden Monday to Thursday only</p>
<b>500</b> Aylesbury to Watford via Tring and Berkhamsted	<p>The following additional journeys will run, numbered <b>S500</b>:</p> <p>0721 Berkhamsted to Aylesbury            1550 Aylesbury to Berkhamsted</p> <p>These journeys will be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p>
<b>520</b> Maple Cross to Watford Junction via Rickmansworth and Watford Town Centre	<p>The following journeys will run as <b>S250</b> and be run by a coach. All valid Arriva pre-paid tickets (including m-tickets) are accepted for travel. You will be unable to purchase a ticket on the coach:</p> <p>0750 Watford Town Centre to Rickmansworth Station            1530 Joan of Arc School to Watford Town Centre</p>
<b>824</b> Hemel Hempstead to J F Kennedy School	<p>The following buses will run as <b>S824</b>:</p> <p>0737 Woodhall Farm to JFK School            1540 JFK School to Woodhall Farm</p>
<b>856</b> Shephall to John Henry Newman School via Stevenage, Bedwell, Peartree and Broadwater	<p>The following buses will run as <b>S856</b>:</p> <p>0755 Six Hills Way to JHN School            1445 JHN School to Six Hills Way</p>





## Professionals' Referral sheet

Date of referral		Referring Service	
Referrer name			
Job title			
Work phone		Email	

To refer a client to our parenting courses, please first check the course you wish them to attend by looking on our website for our current course offers: <http://www.supportinglinks.co.uk/whatson.html>

Course Title			
Venue			
Start date		Supporting Links Course ID	

**Whilst we are happy to take your referral, the booking will only be finalised once we have spoken to the client.**

**Please ensure that your client is happy to attend the course.**

**We will attempt to contact your client three times after which we will revert to you and ask that your client contacts us should they wish to attend a course.**

**We only confirm bookings with the client themselves. If necessary, please ensure your client rings, sends an email or texts Supporting Links Ltd to book their place direct.**

**Our details are:**

<b>Phone:</b>	<b>01442 300185</b>	<b>Email</b>	<b>bookings@supportinglinks.co.uk</b>	<b>Mobile:</b>	<b>07512 709556</b>
<b>PLEASE SUBMIT SECURELY USING HERTS FX (PREFERABLY) OR PASSWORD PROTECTED</b>					

You may wish to print this page to pass to your client so they have the relevant information to make the booking.

Please complete both sides of this form and email the whole form to us at [bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)

**This form will enable us to track and give accurate feedback, if requested, about client contact and bookings.**

Please give us some information about your client and their family:

Participant(s) Name(s)			
Address			
		Post code	
Mobile			
Home telephone			
Email			
Ages of children			

Children with SEN/Disability/FFA?			
So that we can make sure your client receives appropriate support to access this course, please let us know if he/she has any needs or disabilities that affect his/her hearing, vision, mobility, communication or learning, including dyslexia and English as a second language.			
Support with English/reading /writing			
Mobility or physical issues such as vision/hearing impairment			
To help us be safe and appropriate please inform us if this family has a history of domestic abuse, drug and/or alcohol misuse or mental health issues.			
If there is a history of drug/alcohol abuse, please inform your client that they will not be allowed to attend the course if they arrive under the influence of any substance.		<b>Please confirm the date upon which you explained this to your client</b>	
Please can you let us know if your client has had any support, in the last 12 months from a Social Worker, Family Support Worker, Outreach Worker, GP or any other agency			
Please confirm that you have spoken to your client about this course		Please confirm that your client can attend all the sessions	
To help us understand the needs of your client please tick the boxes that apply to them	Adult Mental Health		Please provide any other information about your reason for referral here
	Child Mental Health		
	Adult Addiction		
	Child Risky Behaviour		
	Aggressive Behaviour		
	School attendance		
	SEND		
	Complex Needs (child)		
	Disability		
Parental Capacity		Ethnicity	

**All personal information taken, for the purposes of making this booking, will be held securely in accordance with our GDPR Policy, a copy of which is available on request.**

**For office use: Contact summary**

Initial Referral:		Client contact: attempts	
Booking taken:		Client contact:	
Conf. email:		Reminder:	

# UNDERSTANDING BEHAVIOUR IN YOUR CHILD WITH ADDITIONAL NEEDS



**Tuesdays 8.00-9.30pm**  
**20th, 27th April 4th,**  
**11th, 18th, 25th May**  
**Course ID 432**

**Wednesday 9.45-11.15am**  
**9th, 16th, 23rd, 30th June**  
**7th, 14 July**  
**Course ID 433**

Free 6 week courses for parents and carers of children aged 2-19 years with a recognised additional need. Diagnosis is not essential.

We will help you to:

- Understand your child's behaviour.
- Find strategies that really work.
- Understand conflict : why it happens and how to handle it.
- Manage anger effectively.
- Motivate, encourage and support your child.
- Manage the different needs within your family.

'I have been on a few courses to help me with my son, this was by far the most helpful.'



**ONLINE PARENTING  
COURSES DELIVERED TO  
YOUR HOME VIA ZOOM**

Full details on how to access and use Zoom will be offered.

**OPEN TO PARENTS AND  
CARERS ACROSS  
HERTFORDSHIRE**

**Pre-booking essential**

**Please quote the course ID**

**Contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



# Parent and Carer Support Online Courses Summer Term 2021



## TALKING FAMILIES



Our FREE 6 week course for parents and carers of children aged 0-12 will cover

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.

**Tuesday 9.45-11.15am**  
20<sup>th</sup>, 27<sup>th</sup> April, 4<sup>th</sup>, 11<sup>th</sup>,  
18<sup>th</sup> 25<sup>th</sup> May **Course 412**

**Tuesday 8.00-9.30pm**  
20<sup>th</sup>, 27<sup>th</sup> April, 4<sup>th</sup>, 11<sup>th</sup>,  
18<sup>th</sup> 25<sup>th</sup> May **Course 434**

**Tuesday 9.45-11.15am**  
8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> June,  
6<sup>th</sup>, 13<sup>th</sup> July **Course 435**

**Tuesday 8.00-9.30pm**  
8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> June,  
6<sup>th</sup>, 13<sup>th</sup> July **Course 436**

## TALKING TEENS



Our FREE 6 week course for parents and carers of children aged 12-19 will cover

- The Teen Brain: the physical and emotional changes taking place during the teenage years and why their behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

**Thursday 7.45-9.15pm**  
22<sup>nd</sup>, 29<sup>th</sup> April, 6<sup>th</sup>, 13<sup>th</sup>,  
20<sup>th</sup>, 27<sup>th</sup> May **Course 437**

**Monday 7.45-9.15pm**  
7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> Jun  
5<sup>th</sup>, 12<sup>th</sup> July **Course 438**

### Pre-booking essential

To check eligibility and book a place, please contact  
Supporting Links on:  
**07512 709556**

[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)

Quoting the Course ID

# TALKING DADS

Dads play an important role in a child's life. This FREE course will help you be the Dad you want to be. Over 6 weekly sessions, fathers and male carers of children aged 0-19 will be supported to:



Dads,  
Step-Dads,  
Stay at home Dads,  
Working Dads...

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.

**Wednesday 7.45-9.15pm**  
21<sup>st</sup>, 28<sup>th</sup> April, 5<sup>th</sup>, 12<sup>th</sup>,  
18<sup>th</sup>, 26<sup>th</sup> May **Course 439**

**Wednesday 7.45-9.15pm**  
9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> June  
7<sup>th</sup>, 14<sup>th</sup> July **Course 440**

## UNDERSTANDING BEHAVIOUR IN YOUR CHILD WITH ADDITIONAL NEEDS

A free 6 week course for parents and carers of children aged 2-19 years with a recognised additional need. We will help you to:

- Understand your child's behaviour.
- Find strategies that really work.
- Understand conflict: why it happens and how to handle it.
- Manage anger effectively.
- Motivate, encourage and support your child.
- Manage different needs within your family.



Diagnosis  
not  
essential

**Tuesday 8.00-9.30pm**  
20<sup>th</sup>, 27<sup>th</sup> April, 4<sup>th</sup>, 11<sup>th</sup>,  
18<sup>th</sup> 25<sup>th</sup> May **Course 432**

**Wednesday 9.45-11.15am**  
9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> June  
7<sup>th</sup>, 14<sup>th</sup> July **Course 433**



Sessions will be run over Zoom so you will need access to a device such as a phone, tablet or computer with a webcam and microphone. We will help you get set up if you haven't used Zoom before. No special skills are needed.

**Courses are open to parents and carers living in Hertfordshire**

**Pre-booking essential**

**To check eligibility and book a place, please contact  
Supporting Links on:**

**07512 709556 or [bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**Quoting the Course ID**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



This course is provided free to parents  
by Hertfordshire County Council





# TALKING DADS

**Dads, Step-Dads,  
Stay at home Dads,  
Working Dads...**



**Wednesday 7.45-9.15pm**  
**21st, 28th April 5th,  
12th, 19th, 26th May**  
**Course ID 439**

**Wednesday 7.45-9.15pm**  
**9th, 16th, 23rd, 30th  
June 7th, 14th July**  
**Course ID 440**

**Dads play an important role in a child's life. This FREE ONLINE COURSE will help you be the Dad you want to be!**

**Over 6 weekly sessions, fathers and male carers of children aged 0-19 will be supported to:**

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.

**ONLINE PARENTING  
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YOUR HOME VIA ZOOM**



**Full details on how to access and use Zoom will be offered.**

**OPEN TO PARENTS AND  
CARERS ACROSS  
HERTFORDSHIRE**

**Pre-booking essential**

**Please quote the course ID**

**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



These courses are provided free to parents by Hertfordshire County Council



# TALKING FAMILIES



Because parents don't get training for the toughest job on earth!



**Tuesday**  
**20th, 27th April 4th,**  
**11th, 18th 25th May**  
**9.45-11.15am**  
**Course ID 412** or  
**8.00-9.30pm**  
**Course ID 434**

**Tuesday**  
**8th, 15th, 22nd, 29th**  
**June 6th, 13th July**  
**9.45-11.15am**  
**Course ID 435** or  
**8.00-9.30pm**  
**Course ID 436**

**Our FREE 6 week online courses for parents and carers of children aged 0-12 will help you to:**

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'

  
**ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM**

**Full details on how to access and use Zoom will be offered.**

**OPEN TO PARENTS AND CARERS ACROSS**

**Pre-booking essential**  
**Please quote the course ID**

**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

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**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



This courses are provided free to parents by Hertfordshire County Council

# TALKING TEENS



**Thursday 7.45-9.15pm**  
**22nd, 29th April 6th,**  
**13th, 20th, 27 May**  
**Course ID 437**

**Monday 7.45-9.15pm**  
**7th, 14th, 21st, 28th**  
**June 5th, 12th July**  
**Course ID 438**

**Our FREE 6 week online courses  
for parents and carers of  
children aged 12-19 will cover :**

- The Teen Brain: Recognising the physical and emotional changes taking place during the teenage years and why their behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate during a conflict situation.



**ONLINE PARENTING  
COURSES DELIVERED  
TO YOUR HOME VIA  
ZOOM**

**Full details on how to access and  
use Zoom will be given.**

**OPEN TO PARENTS AND  
CARERS ACROSS**

**Pre-booking essential**  
**Please quote the Course ID**  
**To check eligibility and book a place,**  
**please contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**

**'I have already changed my attitude towards my  
12 turning 13 year old daughter by understanding  
her behaviour rather than being annoyed by it.  
The results have been quite remarkable.'**



This courses are provided free to parents by  
Hertfordshire County Council