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| **Menu****Week 1** | **Monday****Meat Free Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Mild chick pea and cauliflower curry  | Italian Lasagne  | Roast chicken with sage and onion stuffingand pan gravy  | Minced beef pie with shortcrust pastry | Cod fish fingersTartare sauce and lemon wedges |
| **Edgy Veg**  | Homemade pea & potato Samosa steamed Basmati rice, curry sauce  | **Vegan** Beetroot and red onion Tart | Cream cheese, red onion and spinach pasta bake | Veggie lentil bolognaise, penne pasta and parmesan | **Vegan** Chick pea and corn burger with a mango and lime salsa served with  |
| **Vegetables** | Bombay vegetablesSteamed broccoli | SweetcornCourgettes | Roasted carrots Cabbage | CauliflowerGreen beans | Garden peasBaked beans |
| **Carbs** | Steamed basmati rice | Focaccia fingers  | Roast potatoes  | Creamy mashed potato | Baked oven chips |
| **Something Sweet** | Orchard crumble with custard | Eccles cake tray bake with cream | Butterscotch bread pudding with custard | Lemon & lime drizzle cake | Jam Roly Poly with custard |

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| **Menu****Week 2** | **Monday****Meat Free Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Vegetable tacos, sour cream, grated cheese guacamole & salad | Spanish style chicken, chorizo and potato tray bake | Savoury minced beef and lemon and herb dumplings  | Pork butchers sausages with gravy | Batter crisp Pollock filletTartare sauce and lemon wedges |
| **Edgy Veg** | Penne Pasta, courgette and mushroom Frittata | **Vegan** Puy lentil shepherd's pie with sweet potato | Tomato and mozzarella stonebaked pizza | Indian spiced vegetable filo strudel with mango chutney | Oven baked gnocchi with tomato, mozzarella & pesto served with garlic bread |
| **Vegetables** | Rainbow slawSweetcorn | Steamed broccoliRoasted carrots | roasted kalecauliflower | CourgettesRoasted tomatoes | Garden peasBaked beans |
| **Carbs** | Mexican tomato rice |  | New potatoes | Creamy mashed potato  | Baked oven chips |
| **Something Sweet** | Apple and cinnamon pie with shortcrust pastry and custard | Banana cake with cream cheese frosting  | Sticky toffee pudding with toffee sauce | Steamed chocolate chip pudding with chocolate sauce | Baked Banoffee cheesecake |

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| **Menu****Week 3** | **Monday****Meat Free Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Bolognaise soy mince pasta bake with creamy cheddar topping  | Slow cooked Jamaican jerk pork with sweet potato | Roast Norfolk turkey with apricot stuffing Cranberry sauce & gravy | Classic beef burgerserved in a sesame seed bun | Cod fish fingersTartare sauce and lemon wedgesjumbo fish finger bap |
| **Edgy Veg** | **Vegan** Tandoori cauliflower with taka dhal  | Layered roasted vegetable, tomato Enchilada pie | Cherry tomato pesto & mozzarella puff pastry tart  | Spanish omelette with potatoes, cheddar and peas | Chinese vegetable spring rolls with sweet chilli & coriander sauce  |
| **Vegetables** | BroccoliChefs mixed salad | SweetcornCourgettes  | Curly kaleDiced swede | SweetcornGreen Beans | Garden peasBaked beans |
| **Carbs** | Garlic bread | coconut rice and peas  | Thyme roast potatoes | Parmentier potatoes | Baked oven chips |
| **Something Sweet** | Nutless Bakewell tart with custard  | Steamed strawberry jam sponge pudding | Italian tiramisu | Banana and chocolate crumble with custard  | Lemon meringue pie |

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| **Menu****Week 4** | **Monday****Meat Free Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Vegetarian mince chilli con carne, crushed nachos, sour cream | Roast potato, turkey, sausage & stuffing pie  | Peri Peri marinated chicken thigh with lemon mayonnaise | Savoury sausage meat puff pastry Platt | Batter crisp Pollock filletTartare sauce and lemon wedges |
| **Edgy Veg** | Tomato , Basil and Cheddar Risotto with chef’s salad | Macaroni, creamy cheese and leek crumble | Sweet potato Feta & spinach puff pastry pie  | **Vegan** Moroccan vegetable and chick pea stew | Keema vegetable Pattie  |
| **Vegetables** | SweetcornCourgettes | Roasted cauliflowerCurly kale | Sticky honey carrotsBroccoli | Coriander roasted tomatoesGreen beans | Garden peasBaked beans |
| **Carbs** | Steamed rice | Creamy mashed potato | Cajun roasted new potatoes | Crushed potatoes | Oven baked chips |
| **Something Sweet** | Roasted pineapple and ginger cake | Blueberry mess | Lemon and poppy seed pudding | Cornflake tart and custard | Apple upside down cake with custard |