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| **Menu**  **Week 1** | **Monday**  **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Mild chick pea and cauliflower curry | Italian  Lasagne | Roast chicken with sage and onion stuffing  and pan gravy | Minced beef pie with shortcrust pastry | Cod fish fingers  Tartare sauce and lemon wedges |
| **Edgy Veg** | Homemade pea & potato Samosa  steamed Basmati rice, curry sauce | **Vegan** Beetroot and red onion Tart | Cream cheese, red onion and spinach pasta bake | Veggie lentil bolognaise, penne pasta and parmesan | **Vegan** Chick pea and corn burger with a mango and lime salsa served with |
| **Vegetables** | Bombay vegetables  Steamed broccoli | Sweetcorn  Courgettes | Roasted carrots  Cabbage | Cauliflower  Green beans | Garden peas  Baked beans |
| **Carbs** | Steamed basmati rice | Focaccia fingers | Roast potatoes | Creamy mashed potato | Baked oven chips |
| **Something Sweet** | Orchard crumble with custard | Eccles cake tray bake with cream | Butterscotch bread pudding with custard | Lemon & lime drizzle cake | Jam Roly Poly with custard |

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| **Menu**  **Week 2** | **Monday**  **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Vegetable tacos, sour cream, grated cheese guacamole & salad | Spanish style chicken, chorizo and potato tray bake | Savoury minced beef and lemon and herb dumplings | Pork butchers sausages with gravy | Batter crisp Pollock fillet  Tartare sauce and lemon wedges |
| **Edgy Veg** | Penne Pasta, courgette and mushroom Frittata | **Vegan** Puy lentil shepherd's pie with sweet potato | Tomato and mozzarella stonebaked pizza | Indian spiced vegetable filo strudel with mango chutney | Oven baked gnocchi with tomato, mozzarella & pesto served with garlic bread |
| **Vegetables** | Rainbow slaw  Sweetcorn | Steamed broccoli  Roasted carrots | roasted kale  cauliflower | Courgettes  Roasted tomatoes | Garden peas  Baked beans |
| **Carbs** | Mexican tomato rice |  | New potatoes | Creamy mashed potato | Baked oven chips |
| **Something Sweet** | Apple and cinnamon pie with shortcrust pastry and custard | Banana cake with cream cheese frosting | Sticky toffee pudding with toffee sauce | Steamed chocolate chip pudding with chocolate sauce | Baked Banoffee cheesecake |

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| **Menu**  **Week 3** | **Monday**  **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Bolognaise soy mince pasta bake with creamy cheddar topping | Slow cooked Jamaican jerk pork with sweet potato | Roast Norfolk turkey with apricot stuffing Cranberry sauce & gravy | Classic beef burger  served in a sesame seed bun | Cod fish fingers  Tartare sauce and lemon wedges  jumbo fish finger bap |
| **Edgy Veg** | **Vegan** Tandoori cauliflower with taka dhal | Layered roasted vegetable, tomato Enchilada pie | Cherry tomato pesto & mozzarella puff pastry tart | Spanish omelette with potatoes, cheddar and peas | Chinese vegetable spring rolls with sweet chilli & coriander sauce |
| **Vegetables** | Broccoli  Chefs mixed salad | Sweetcorn  Courgettes | Curly kale  Diced swede | Sweetcorn  Green Beans | Garden peas  Baked beans |
| **Carbs** | Garlic bread | coconut rice and peas | Thyme roast potatoes | Parmentier potatoes | Baked oven chips |
| **Something Sweet** | Nutless Bakewell tart with custard | Steamed strawberry jam sponge pudding | Italian tiramisu | Banana and chocolate crumble with custard | Lemon meringue pie |

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| **Menu**  **Week 4** | **Monday**  **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **The Main Event** | Vegetarian mince chilli con carne, crushed nachos, sour cream | Roast potato, turkey, sausage & stuffing pie | Peri Peri marinated chicken thigh with lemon mayonnaise | Savoury sausage meat puff pastry Platt | Batter crisp Pollock fillet  Tartare sauce and lemon wedges |
| **Edgy Veg** | Tomato , Basil and Cheddar Risotto with chef’s salad | Macaroni, creamy cheese and leek crumble | Sweet potato Feta & spinach puff pastry pie | **Vegan** Moroccan vegetable and chick pea stew | Keema vegetable Pattie |
| **Vegetables** | Sweetcorn  Courgettes | Roasted cauliflower  Curly kale | Sticky honey carrots  Broccoli | Coriander roasted tomatoes  Green beans | Garden peas  Baked beans |
| **Carbs** | Steamed rice | Creamy mashed potato | Cajun roasted new potatoes | Crushed potatoes | Oven baked chips |
| **Something Sweet** | Roasted pineapple and ginger cake | Blueberry mess | Lemon and poppy seed pudding | Cornflake tart and custard | Apple upside down cake with custard |