

How do I know if my child(ren) has symptoms of coronavirus (COVID-19), at what point should I book a test and should I send them to school?

Children can get coronavirus (COVID-19), but they seem to get it less often than adults and it's usually less serious

Symptoms of coronavirus in children are:

- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste, this means they cannot smell or taste anything, or things smell or taste different to normal



What to do if your child has symptoms:

- Book a test to check if they have coronavirus as soon as possible
- Stay at home and do not have visitors until you get the test result – only leave your home to have a test
- Anyone you live with, and anyone in your support bubble, must also stay at home until you get the result

If your child(ren) has symptoms, they will need to self-isolate and so should not leave the house. They cannot attend school, visit family, friends or attend any activities or parties, even if these are outdoors. They cannot go out to exercise, use public transport or taxis

If your child(ren) tests positive for coronavirus (Covid-19) you must inform their nursery, school or college immediately. You must also inform anyone who has been in close contact with your child(ren) including friends, family, activity providers and any venues such as soft play or restaurants you may have visited



My child(ren)'s bubble has been sent home from school and told to self-isolate, what does that mean?

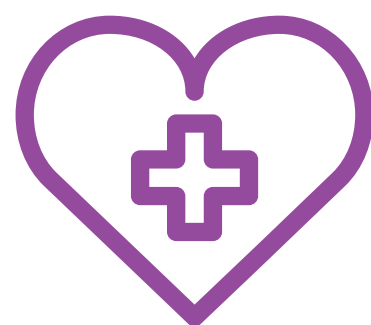
Self-isolation is when you do not leave your home because you have come into contact with someone who has tested positive for coronavirus (Covid-19). This is to help stop the virus spreading to other people

Your child(ren) should not leave the house and cannot visit family, friends or attend any activities or parties, even if these are outdoors. They cannot go out to exercise, use public transport or taxis

Being sent home does not mean that your child(ren) has coronavirus and you should not book a test for your child(ren), unless they develop symptoms.

Other members of your household will not be expected to self-isolate due to child(ren) being sent home in a school bubble

If your child(ren) develops symptoms while self-isolating at home, your entire household must self-isolate immediately and you should call 119 to book a test for your child(ren)



Tests should only be booked for members of the household with symptoms. Do not book a test for you or your child(ren) unless you have symptoms so that there are enough tests available for those in need

**PLAY
YOUR
PART**



MYTH BUSTING

What are the rules, guidance for child(ren) around face coverings?

A face covering is something which safely covers the nose and mouth. You can buy reusable or single-use face coverings.



Used correctly, face coverings can help reduce the spread of the virus from people who don't realise they are contagious because they don't have symptoms.

Children and young people aged over 11 (unless exempt) will be required to wear a face covering when they are:

- In shops, shopping centres, at visitor attractions and entertainment venues
- While waiting for and on public transport such as buses, trains and airplanes and when using taxis

Children and young people aged over 11 (unless exempt) could also be asked to use face coverings when they are:

- At school, walking to and from lessons, queuing or using shared spaces (this decision is made by each school and they will advise)
- Using private transport, a duplicate bus(student only) or a transport service such as a coach or minibus provided by Hertfordshire County Council

Wearing a face covering does not replace the need for good regular hand washing at school and maintaining social distancing measures outside of school. Always follow the catch it, kill it, bin it guidance when coughing and sneezing

There are some circumstances where people may not be able to wear a face covering and the reasons for this may not be visible to others.

Likewise, if someone chooses to wear a face covering somewhere they don't need to, it's important to respect their wishes.

