

SACRED HEART OF MARY GIRLS' SCHOOL, UPMINSTER

YEAR 7-11 SCHOOL UNIFORM REGULATIONS – SEPTEMBER 2023

COMPULSORY UNIFORM

Dark navy blue pleated skirt. Navy trousers. Available only from the School Shop.
Skirt must be worn on or below the knee.

Dark navy blue long-sleeved plain knit pullover or cardigan with V-shaped neck (not baggy).
Dark navy blue blazer with badge to be worn by all pupils to and from school.

In the first half of the Autumn Term and in the Summer Term - a blue & white check Banner or Trutex blouse with short sleeves must be worn inside the skirt or trousers).

In the second half of the Autumn Term and in the Spring Term - a long-sleeved blue blouse with shirt collar to be worn inside the skirt or trousers). The school tie to be worn by all pupils in Years 7 – 11.

Plain white ankle, knee or full-length socks (long socks must not be worn rolled or crumpled) or navy or white tights can be worn.

Plain black flat. No trainers, boots, high heels, sandals, suede or canvas shoes to be worn.

Hair: No extreme hairstyles or unnatural colours

Hairbands/hair accessories: if worn, should be plain blue, black or white. No beading or hair cuffs.

Jewellery: Only one pair of small plain gold or silver, round, stud earrings in the lobe of ear
A small cross and chain may be worn inside the blouse. No other jewellery may be worn.

No make-up should be worn to school, including fake tan, false eyelashes, tinted eyebrows and eyelashes, and nail varnish. Nail and eyelash extensions are not permitted.

In winter months - Coats worn to school must be plain, black or navy and long enough to be worn over the blazer, no leather or denim. No 'bomber' style jackets to be worn. No Logos. Gloves should be black or navy. A plain black, navy or white scarf may be worn; no patterned/multi-coloured scarves are permitted.

A school bag for carrying books & equipment is essential. Small bags which may damage books or allow them to get wet are not suitable.

All articles of school uniform must be clearly labelled with pupil's name.

PE Kit - The following are compulsory and are only available from the School Shop:

Alternatives are not acceptable. All kit must be labelled with your daughter's forename and surname.

- Navy leggings with School Badge }
- Blue fitted Polo Shirt with School Badge } Only available from the School Shop
- Netball Skort with School Badge }
- Gym Shorts }
- Navy PE Socks (Can be purchased elsewhere)
- Shin Pads (Can be purchased elsewhere)

The following recommended items are optional and are available from the School Shop:

- Navy and Silver Zip Training Top with School Badge
- Navy and Silver Training Pants with School Badge
- Sky Blue Sweatshirt with School Badge
- Navy leotard (for gymnastics/dance/trampolining)
- Navy football shorts

The following items of kit are also essential, but not available from the School Shop:

- White Ankle socks (not trainer socks)
- White trainers (not converse, plimsolls or brightly coloured trainers)
- PE Bag
- Athletics Spikes / Running Spikes (in Summer Term only. Further details will follow in the Spring Term)

Please order uniform via google form – link below:

[Year 7 Uniform 2023](#)

For school uniform queries, please contact Mrs Paula Shrosbree, email: pshrosbree@mary.havering.sch.uk or uniform@mary.havering.sch.uk