ACET SHIREBROO **Physical Education – KS3 Overview** TERM 1 Develop concepts of sporting etiquette & team work and TERM 3 **Analysing and evaluating** TERM 2 **Athletics** performance Football OAA **Dance** Develop specific Develop defensive principles Developing CV Develop choreography skills event techniques Develop attacking principles fitness & resilience Enhance performance skills Developing speed, **Fundamentals** Develop positional and Develop team skills strength and power Developing body Striking & Developing skill tactical awareness **Developing CV fitness** and solve problems Fielding related components Developing skill related & resilience Develop positional and **Developing CV fitness** components Develop officiating tactical awareness & resilience **TERM 1** Developing skill related components and Netball / Rugby **Personal Principles** Develop officiating **Gymnastics** Develop defensive principles of games **Fitness** TERM 2 skills Develop attacking principles Develop choreography skills Develop defensive principles Developing speed, Develop positional and Develop attacking principles Enhance performance skills strength and power tactical awareness **Y8** Developing body Develop positional and **Developing CV fitness** Developing skill related management tactical awareness & resilience components Develop concepts of sporting etiquette **Analysing and evaluating** TERM 1 **Personal** & team work **Fitness** performance and **Gymnastics** TERM 3 Developing speed, Develop **TERM 2** strength and power Netball / choreography skills Developing CV fitness Rugby Striking & Handball Enhance & resilience Develop defensive principles performance skills **Fielding** Develop defensive principles Develop attacking principles Developing body Develop attacking principles Develop positional and Develop positional and management Develop positional and tactical awareness tactical awareness **Athletics** tactical awareness Developing skill related **Dance** Developing skill related Developing skill related **Dance** components Develop specific Develop choreography skills Develop officiating event techniques Enhance performance skills Develop choreography skills **Trampolining** Developing speed, Developing body management Enhance performance skills Football Develop choreography skills strength and power **Table Tennis** Developing body management Develop defensive principles Enhance performance skills **Developing CV fitness** Basketball Develop positional and Develop attacking principles Developing body management & resilience Develop positional and tactical awareness Develop defensive principles **Basketball** Develop officiating Developing skill related Develop attacking principles tactical awareness Develop defensive principles Develop positional and tactical Developing skill related components Develop attacking principles Develop officiating Develop positional and tactical Developing skill related awareness components Developing skill related components **Develop concepts of sporting** TERM 3 Handball **Table Tennis Trampolining** Develop defensive Develop positional and etiquette & team work Analysing and evaluating Develop tactical awareness principles choreography skills Develop attacking principles Developing skill related Enhance performance Develop positional and components performance skills tactical awareness Develop officiating skills Striking & Developing body **Gymnastics** Developing skill related OAA Fielding management Develop components Developing CV fitness & resilience **Athletics** Develop positional and choreography skills Develop team skills Develop specific tactical awareness Enhance and solve problems event techniques Developing skill related performance skills Developing speed Football Netball / Rugby components Developing body strength and power Develop officiating Develop defensive principles Develop defensive principles **Transition to Developing CV fitness** Develop attacking principles skills Develop attacking principles & resilience **KS4** tasters Develop positional and Develop positional and Develop officiating tactical awareness tactical awareness Developing skill related Developing skill related components components

Physical Education – KS4 Overview



Develop concepts of sporting etiquette & team work

Analysing and evaluating performance

Individual Sport

Develop positional and tactical awareness Developing skill related components Develop officiating skills

Team Sport

Develop defensive principles
Develop attacking principles
Develop positional and
tactical awareness
Developing skill related
components

Personal Fitness

Developing speed, strength and power Developing CV fitness & resilience Develop choreography skills Enhance performance skills Developing body management

Other Competitive Sport

Develop specific event techniques Developing CV fitness & resilience

Analysing and evaluating performance

Personal

Option linked

to lifelong

participation

Develop choreography skills Enhance performance skills Developing body management

Other Competitive Sport

Develop specific event techniques Developing CV fitness & resilience

Personal

Fitness

Developing speed, strength and power Developing CV fitness & resilience

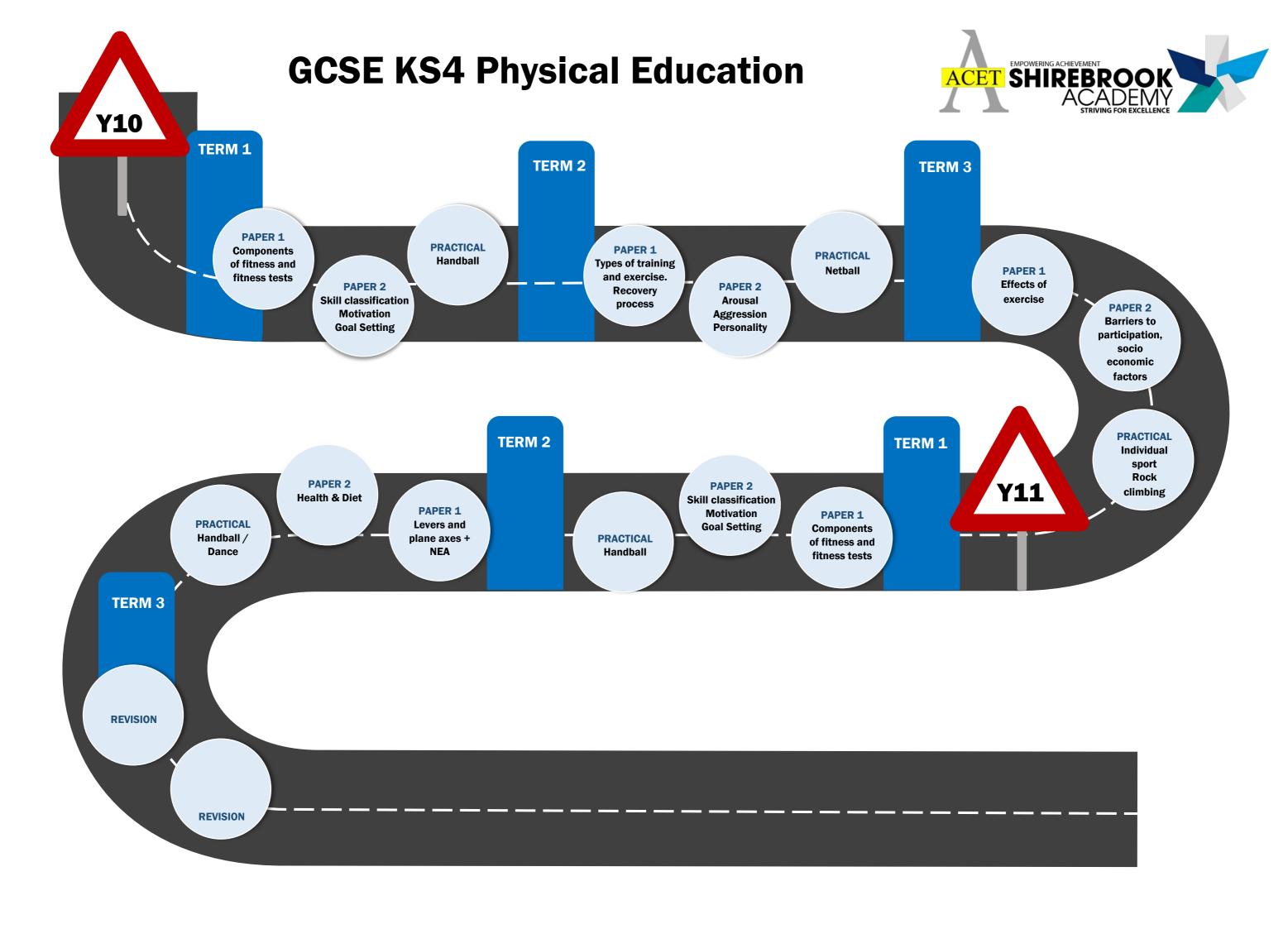
Team Sport

Develop concepts of sporting etiquette & team work

Develop defensive principles
Develop attacking principles
Develop positional and
tactical awareness
Developing skill related
components

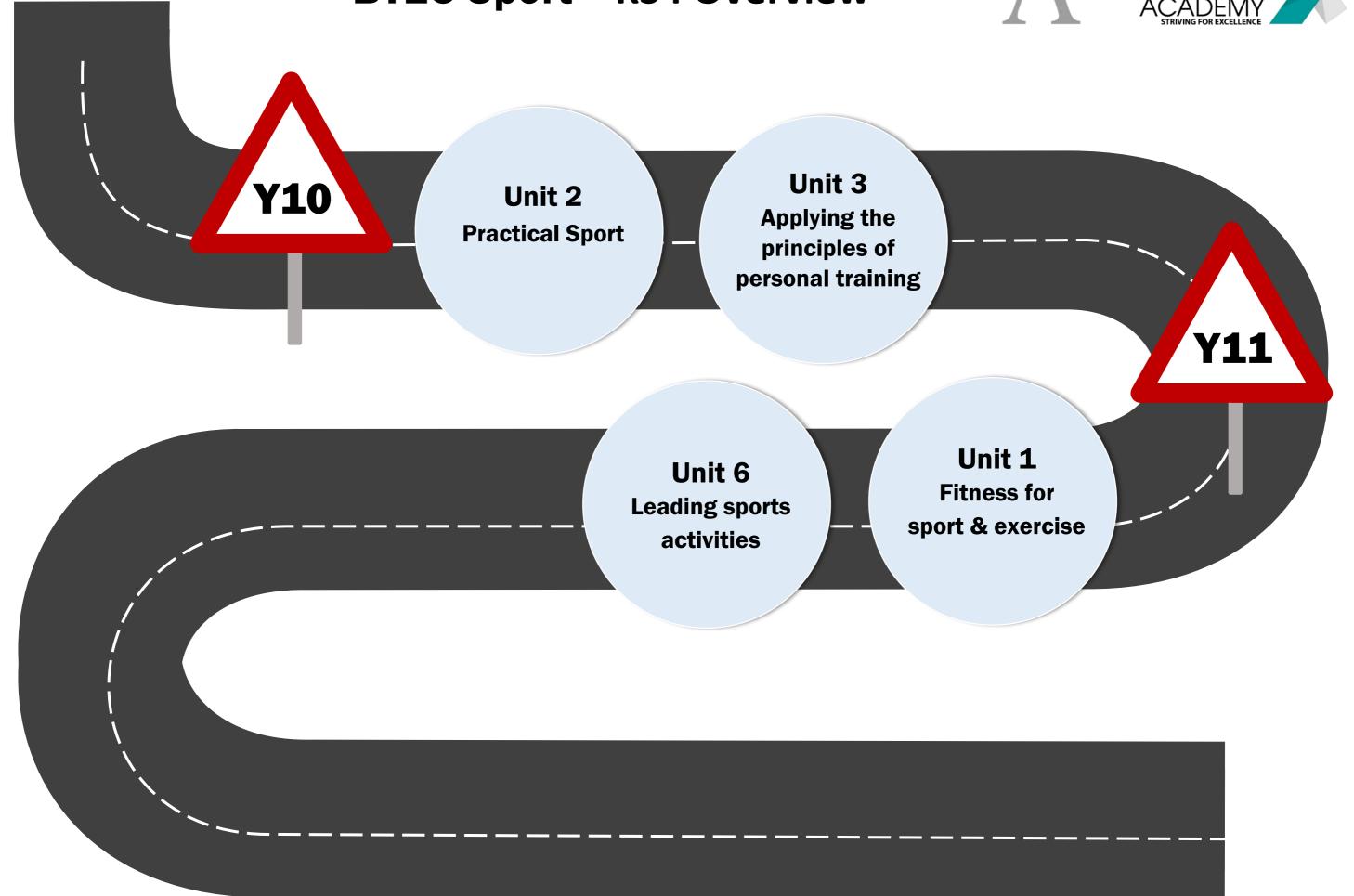
Individual Sport

Develop positional and tactical awareness Developing skill related components Develop officiating skills **Y1**1



BTEC Sport – KS4 Overview





ACET SHIREBROOK ACADEMY STRIVING FOR EXCELLENCE **BTEC Health& Social Care – KS4 Overview Component 1B Component 1A Component 2B Dealing with PIES Development** life events **Care values** across life stages **Coping with** life events **Component 3 Component 2A Factors that Health & Social** affect health & **Care Services** well-being