

MC/bn

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Advice to All Parents & Carers

Dear Parents/Carers,

You will be aware that there have been a number of confirmed cases of COVID-19 amongst students and staff at Shirebrook Academy.

This letter has been provided by Public Health England to inform you of the current situation and provide advice on how to support your child.

The school remains open and your child / children should continue to attend as normal if they remain well. If they do have to isolate at home but are well enough to do so they should access learning for all lessons via google classroom.

Please remind your child / children of the importance of taking sensible precautions to reduce the spread of Covid-19 i.e.:

- wash your hands regularly for 20 seconds
- use hand sanitiser frequently and particularly when entering or leaving the school building and each classroom or learning space
- avoid touching your face – especially the nose, mouth and eyes
- sneeze or cough into a tissue and dispose of it safely
- avoid prolonged close contact with others where possible
- you may choose to wear a face covering in crowded areas

Public Health England recommend household members that are aged 11 and over to continue with twice weekly LFD testing to help identify cases promptly.

What to do if your child/you develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known.

- If negative, the child can end self-isolation
- If positive, the child should isolate until at least 10 days after their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia)
- If the child has a positive test result but do not have [symptoms](#), they should stay at home and self-isolate for 10 days from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset



AIMQUALIFICATIONS



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PLATINUM AWARD



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East Midlands
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OF EDINBURGH'S
AWARD



RHS FIVE STAR
GARDENING SCHOOL



SCHOOL GAMES
GOLD
2018/19



THE DUKE OF
DEVONSHIRE'S
CHARITABLE
TRUST

- Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#) or by calling 119.

Instructions for people who live in the same household as someone with COVID-19 (tested positive or symptomatic awaiting a test result)

You will not be required to self-isolate if you are a contact of someone who has tested positive for COVID-19 and any of the following apply:

- you are fully vaccinated
- you are below the age of 18 years 6 months
- you have taken part in or are currently part of an approved COVID-19 vaccine trial
- you are not able to get vaccinated for medical reasons

NHS Test and Trace will contact you to let you know that you have been identified as a contact and check whether you are legally required to self-isolate.

Any member of the household who is aged 18 years and 6 months or over and has not received the full two doses of COVID-19 vaccine will still be required to self-isolate.

Household members who are not exempt from isolation as close contacts should not go to work, school/college/childcare/education setting or public areas, and exercise should be taken within the home.

Those who are clinically extremely vulnerable should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

If you develop symptoms at any time, even if these are mild, self-isolate immediately, [arrange to have a COVID-19 PCR test](#) and follow the guidance for people with COVID-19 symptoms.

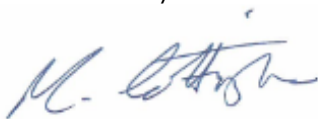
If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Mr M Cottingham
Principal, Shirebrook Academy