



Hello Summer



"A community of inspiration, excellence and opportunities for all to grow"

Welcome to our final newsletter of 2020/21

In this issue you will see the green shoots of a return to the rich tapestry of activity that normally fills our lives at Shirebrook Academy. Whilst we are still restricted by the Covid risk assessment and government guidance, we have been able to undertake some Geography fieldwork, celebrate Languages week and do some fund raising for the exciting i-venture expedition to South Africa due to take place next year.

Whilst lessons will always be our bread and butter we have all missed the opportunities beyond the taught curriculum that make up the full educational experience – the concerts and plays, trips and visits, sports clubs and competitions, community events and celebrations of success.

Our students know that gaining good qualifications is vital to enable them to take control of their own futures. But they also know that education is about much more than grades on a sheet of paper – making the most of experiences, the opportunity to try new things, to learn from both failure and success, to mix with others and develop those character values of compassion, honesty, integrity, courage and kindness all combine to make a full rounded education.

As such, we are looking forward to a time when we can return to a full programme of activities. However, even this term we have some exciting plans including covid friendly sports days, some rewards activities and an exciting Diversity Week (21-25 June) where we celebrate the rich range of cultures and lifestyles, people and personalities that make up our school community and the wider world beyond these walls.

As always at this time of year we will soon say goodbye and thank you to colleagues who have given great service to Shirebrook Academy over the years: Miss Cameron, Teaching Assistant; Mrs Fliriska, Teaching Assistant; Ms Gough, Exams Officer; Mr Grainger, Assistant Head of Science; Mrs Mehrotra-Hughes, Head of Computing and acting Assistant Principal during 2020/21.

I am however, pleased to say that we are fully staffed for September and will be welcoming: two new Assistant Principals - Mr Jacques and Ms Wainwright; Mr Lopez, Teacher of Modern Foreign Languages; Ms McLoughlin, Teacher of Science and Ms Owen, Teacher of Computing & Maths.

I hope you have an enjoyable summer and I look forward to welcoming everyone back in school on Wednesday 8th September 2021.

Best wishes
Mark Cottingham
Principal - Shirebrook Academy



I-VENTURE FUNDRAISING DAY

The Old Bolsover Yard, 2 Castle Street, Bolsover, S44 6PP
The Yard is directly behind The Coffee Cup cafe, with the metal arch entrance at the side.

Come along and grab yourself a bargain!

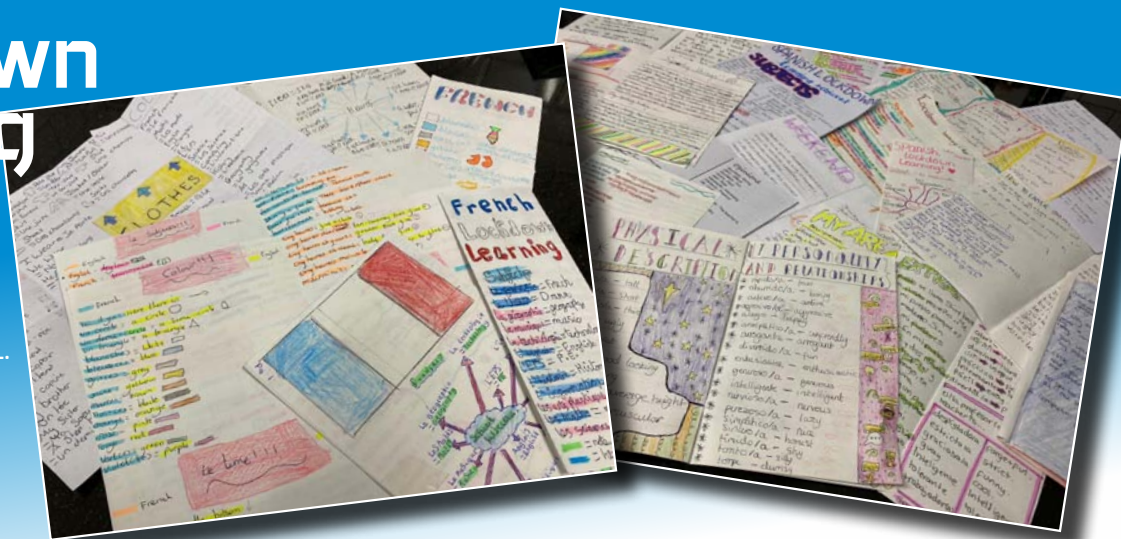
- Sweet cones and Pizza boxes
- Cakes (including vegan cakes)
- Handmade jewellery
- Art work
- Prints and frames
- Scrunchies
- Wine charms
- Candles
- Light up bottles
- Tombola AND MORE.....



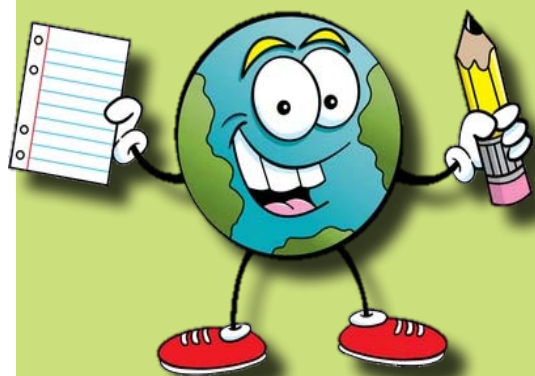
Saturday 10th July
10am - 3pm

Lockdown Learning

Huge well done to students in Y7-9 who have been producing lockdown learning retrieval booklets in MFL. It's fantastic to see and celebrate how much you've learned over lockdown.



MICROCLIMATES



Y7 Geographers investigate Microclimates!

On Thursday 6th May Year 7 students completed Geography fieldwork as part of their Humanities lessons. The fieldwork saw students investigating whether or not microclimates exist around Shirebrook Academy site. Students used thermometers and anemometers to measure temperature and wind speed at each location. They also predicted the cloud cover and considered the aspect of each location. Students learnt where would be the warmest place to be on a sunny day at Shirebrook Academy as well as where they should avoid due to higher wind speeds and lower temperatures.

FANCY A FREE COURSE?

Mental Health & Well Being



Free Massage, Health & Well-being Course

Discover relaxation methods, massage techniques, healthy eating and so much more on our FREE training course.

This light touch programme emphasises the importance of positive mental health & well-being, as well as aiming to equip you with the knowledge and hands-on skills to combat every-day stress.



You will also explore the fascinating therapies of body massage, aromatherapy and reflexology. The course is delivered fully online with flexible day, evening and weekend options.

As part of our commitment to promoting positive health & well-being, the White Rose Beauty Colleges are currently offering this course free of charge to learners aged 19 and over.

Day, evening and weekend options mean you can flexibly fit your studies around home life. Upon completion you will receive an accredited ITEC certificate.

Signing up is simple! Simply contact us to arrange a 1-1 telephone consultation.



Course title: ITEC Level 2 Diploma in Complementary Therapies

Duration: 10 weeks daytime, 15 weeks evening

Units covered: Provide basic aromatherapy using pre-blended oils; provide basic reflexology; provide basic massage therapy techniques; introduction to clinic services and business awareness; introduction to principles and practices; anatomy and physiology; introduction to healthy eating and well-being.

Attendance Options:

1 day, 9.30am-4pm
or
1 evening, 6pm-9pm

✉ Derby@whiterosebeautycolleges.co.uk
☎ 01332 368 333

Community Spirit at its best!



Willow Tree Family Farm, which is one of Shirebrook's prized assets, had to close for several months because of lockdowns, leaving the enterprise desperately short of funds.

Millie Wallett, who goes to Park Junior School, stepped up to the plate and created her own fundraising scheme to help the Langwith Road farm woo back the visitors after re-opening earlier this month.

Millie's idea involved making face masks to be worn during the pandemic. Assisted by her 14-year-old cousin,

Chloe Christer, in Y9 at the Academy and her grandma, Lynn Wallett, 54, about £120 has been raised for Willow Tree.

In just a couple of hours they are able to make 20-30 masks and have been selling them to family and friends for £1.50. Money raised enabled the farm to buy 12 bags of animal feed. As a thank you, Willow Tree treated the girls to a meerkat experience.

This is a fantastic example of community spirit, a huge well done to all involved.

Could you foster?

Nexus Fostering is a well-established and highly regarded fostering agency, based in Castle Donington, who are urgently seeking full time and respite foster carers throughout the area. The agency is rated Ofsted 'Outstanding' in all areas and place a high premium on the quality of support and care that they provide to every one of the foster carers and, in turn, the children and young people placed with them.



To find out more about becoming a foster carer or a respite carer in Nottingham and surrounding areas, please call **0800 389 0143** or email **leannea@nexusfostering.co.uk**

Derbyshire Fire Cadets

- Are you aged 13 to 16 as at 31st August 2021?
- Are you able to commit to attending cadets for the next 2 years?
- Would you like an exciting and unique opportunity to develop your personal skills in team work, leadership and citizenship through undertaking firefighter activities?

Derbyshire Fire & Rescue Service are proud to run National Cadet Units across Derbyshire.



What is Derbyshire Fire & Rescue Fire Cadets?

Derbyshire Fire Cadets is an enjoyable 2 year programme where young people commit to attend one night a week at one of our four cadet units during term time.

A typical unit consists of 15 Cadets, all from varied and diverse backgrounds, aged between 13 and 16. The units are supported by our youth officers, operational firefighters and senior fire cadets.

The programme provides young people with an insight into working within the fire service, and provides exciting and unique opportunity to:

- Work alongside experienced Fire Cadet Instructors.
- Develop transferable, practical skills for future training or employment.
- Gain a nationally recognised BTEC qualification and a certificate in First Aid.
- Increase your knowledge of fire safety.
- Enhance key citizenship skills and build confidence.
- Work in partnership with other uniformed cadet organisations.
- Play supportive roles in their local community and develop positive peer relationships.
- And represent Derbyshire Fire & Rescue Service at prestigious events.



Where and when are the courses run?

The Cadet units run at the following times and locations:

Fire Station	Day	Time
Shirebrook	Monday	6.30pm - 8.30pm
Staveley	Tuesday	6.30pm - 8.30pm
Ilkeston	Wednesday	6.30pm - 8.30pm
Ascot Drive	Thursday	6.30pm - 8.30pm

To join simply go to the website www.derbys-fire.gov.uk/community/young-people/derbyshire-fire-cadets and select your preferred Fire Cadet Station

As part of the application process you and a parent or guardian will be required to attend an information session at your chosen station. This will give you an opportunity to see what Fire Cadets are all about, meet some of the instructors, and ask any questions you may have.

The dates for the information sessions are:

Fire Station	Date	Time
Shirebrook	Monday 26th July	6.30pm - 8.00pm
Staveley	Tuesday 27th July	6.30pm - 8.00pm
Ilkeston	Wednesday 28th July	6.30pm - 8.00pm
Ascot Drive	Thursday 29th July	6.30pm - 8.00pm

Once you have submitted your application you will be sent an email to book onto one of the information sessions to be held either online or at the relevant fire station, depending on what the Covid safety protocols for DFRS are at the time of the information evening.

If you cannot attend the session of your preferred Cadet Unit, you can request to attend an information session at one of the other cadet units by contacting the Youth Team directly on 01773 305491 or via email Prevention&InclusionAdmin@Derbys-Fire.Gov.UK

If you want to see what our current cadets are getting up to, you can follow them on:



@YouthDfrs



@youthdfrs

For any further enquiries, please contact the Youth Team on 01773 305496

Did you know...

You can now have weekly piano lessons at Shirebrook Academy?

£5

Paired Lesson

£10

Individual Lesson

Subsidised lessons also available.

Please see your music teacher for more details



The C Card

your **sexual health matters**



The C Card Scheme is run by Derbyshire Sexual Health Promotion service, and offers access to condoms for 13-24 year olds. The scheme helps to promote safe sex and encourages longer term sexual health awareness in young people, providing advice and information alongside access to condoms. Our school nurse already offers a C Card service in school but we have now registered additional members of our pastoral team to offer the service, making it more accessible to students who need it. We recognise that students become ready for this kind of service at different stages, and will ensure that the service is offered appropriately as part of our wider pastoral support. For further information about the scheme, www.yoursexualhealthmatters.org.uk/contraception/c-card



www.epicriskmanagement.com

E P **EPIC** **I C** **RISK MANAGEMENT**

Y10 students recently had a presentation about Gambling, delivered by EPIC Risk Management.

It was a really powerful first-hand account of gambling addiction which helped students understand how it can develop, who can be affected, and how to get support.

Linked with this presentation, we have been asked to encourage parents to take part in a research project about gambling education – to identify what parents think we should be teaching about this subject, and any concerns they may have. We have a link on our website that parents can follow if they would like to take part .

See the **PARTICIPANT INFORMATION SHEET FOR PARENTS** in the letters section of our website.

ABSENCE FROM SCHOOL

Children are required by law to attend school **190 days per year**.
The government states that every pupil's attendance
should be at least **95%**

Are you doing your bit?

**DAYS OFF
COST
GOOD
GRADES**

**ATTEND
TODAY
ACHIEVE
TOMORROW**

Every day counts!



Parents, welcome to:
Schoolgateway

Keeping you informed of what's going on at school.



Download the app



or visit the website:
www.schoolgateway.com

Activate your account today!

Keep up to date with all the latest information connected to your child and news from the Academy

DOWNLOAD THE APP NOW...

This is a parent engagement app that will allow you to look at your child's attendance, behaviour and achievement information, at anytime from anywhere. In addition, the app has some handy links, such as your child's timetable, the Academy website and the Academy Twitter page to name just a few.

School Gateway is available right now and is the simplest way to stay up to date with what's going on at school, so make sure you download the App for free. Just search School Gateway in your App store and download.

In order to log on you will need to use the email address and mobile phone number that we already have on file for you at Shirebrook Academy. If you have changed your details, or have never provided us with them, or you encounter an issue logging on, please contact Student Reception at your earliest convenience, so that we can update our systems.

If you have any questions or would like some more information, please see the School Gateway website www.schoolgateway.co.uk

You can also login to the online version of School Gateway via the website above if you do not have a smart phone, although we do recommend using the app if possible as it makes it far easier to get hold of parents when we need to.

How to activate your account

1. Download the Android or iPhone app.
2. Press 'New User' then enter the email and mobile number your school has on record. If you're not sure if they have the right details, it's best to check and update first.
3. Press 'Send PIN'. You will receive a text message with your unique PIN.
4. You're now ready to log in and start using School Gateway.
5. If you don't have a smartphone or prefer to use a computer, you can set up your account using the web version of School Gateway.

How to log in

1. Once you have your PIN, go ahead and launch the School Gateway app on your smartphone or tablet.
2. Enter the email you have registered with your school and the PIN you received. If you didn't get a PIN, it is likely because your school doesn't have the right contact info. Get in touch with them to check.
3. If both the email and PIN are entered correctly, hit 'Login' and you're ready to start engaging with your school.
4. You can also access School Gateway on the web.

twitter

Keep up to date with the latest news and events as they happen by following us on twitter
@shireacademy

Music Lessons

Does your child have an interest in learning to play a musical instrument?

Here at the Academy we have an excellent team of specialist musicians who visit us weekly to provide lessons in brass (trumpet, cornet, horn, trombone, euphonium and tuba), woodwind (flute, clarinet and saxophone), strings (violin and viola), guitar (electric, acoustic and bass) and drum kit.

Learning an instrument is an excellent way to develop self-esteem, resilience, organisation, coordination, thinking skills and problem solving as well presenting the opportunity to make new friends and gain confidence. Once your child has made progress on their instrument they will be invited to join one of the Academy's musical ensembles such as Wind Band, Funky Jazz Band, String Orchestra or Choir. They may also have the opportunity to take part in concerts and showcases throughout the year.

All lessons take place during the school day on a rotating timetable to avoid disruption to students' learning.

Lessons are offered at an introductory price for the first six weeks, following this time prices may vary but subsidies are available subject to circumstances.

If your child is interested, have them collect a letter from Mr Case in the music department.



5 TOP TIPS

FOR YOUNG PEOPLE TO
STAY SAFE THIS SUMMER

1. Phone Charge - We all know the anxiety caused by seeing the dreaded 'battery low' notification pop up on our screens. Combine that anxiety with being out of the house for the first time in months, and losing your friends at an event or out in the woods. Set yourself an alarm at least 2 hours before you are due to leave the house as a reminder to put your phone on charge. Now might also be a really good time to invest in a power bank - even the cheapest of products can offer a guaranteed 'full charge'. It's not just about losing pals and needing to contact them, it could be about preserving battery when out to support your plans in getting home.

2. Stay Together - As mentioned above, losing your pals can be really anxiety provoking, especially in unknown surroundings. Try and ensure you all stay together, but if something (or rather someone) does go amiss, ensure you have planned a designated meeting point somewhere close by. This could be a little more complicated if your gathering is taking place in unfamiliar territory, so sticking to paths and mapped routes can help with this - your GPS on your phone could be a good way to do this, using the maps function to 'drop a pin' on your designated meeting spot, so that you can all trek back to it easily.

3. Location Settings - GPS. Do you consider how you use your GPS settings, and what you have turned on and off? Generally speaking, not sharing your location with people you don't know is a good idea. But this summer sharing it with friends and people you trust could be really helpful. As mentioned above getting lost is one thing, but you could find yourself in need of medical assistance, especially if drug and alcohol use is involved.

4. Plan - So you've charged your phone, you've all stuck together, your pal has your location etc etc...

But what's the plan later? How you getting home? Have you organised a lift? Designated driver? Are you using public transport? A taxi? Have you got the money to get home? Do you have a face covering for the ride? You get the idea... Start your gathering by preparing how it ends.

5. Don't Mix - Not with each other, we are over that, your substances. Mixing drugs can really increase the risks and result in a whole host of negative effects. Whilst not using drugs or alcohol is the easiest way to avoid harm, if you do choose to, avoid mixing (this includes with alcohol too!) Mixing substances can

put increased pressure on your body, especially your heart - when mixing uppers (e.g. MDMA/Cocaine) with downers (e.g. Alcohol/Cannabis). Even combining cannabis with alcohol can be problematic, resulting in feeling pretty sick and wobbly! Remember you can never be sure what you are taking or how it might effect you, just because you were fine last time doesn't mean things will be okay this time.



**Change
Grow
Live**



**SHIREBROOK
Miners Welfare**

Presents

i-Venture Fundraising Night

for

SHIREBROOK ACADEMY

Saturday 13th November 2021

With

"ALL STARS DISCO"

GAMES, FOOD FOR SALE, EXCELLENT RAFFLE PRIZES

(STADIUM TOURS, SPORTS TICKETS, MEAL VOUCHERS, HAMPERS AND LOTS MORE!)

**TICKETS
ONLY
£1 each**

You can pay on the door

**DOORS OPEN
7pm - Midnight**



All funds raised will go towards getting 7 students to South Africa in July 2022. The aim of the trip is to take part in a volunteering project - learning about conservation and environmental education.

***Under 18's must be accompanied by an adult.**



Back in May the Academy celebrated Languages Week 2021 – on a much smaller scale to normal.

Despite the restrictions, we were still able to celebrate different languages, culture and diversity as part of the week.

Each morning saw the bell changed to a song from a foreign country which got students (and staff) up for the day ahead. In form time, students completed quizzes on a range of themes, including sport, cars, music and film, showing how languages can link to a number of different areas of life. The winning forms in each year group received a languages themed prize.

We were also delighted to offer two after-school sessions for our Year 7 and Year 8 students – beginners Hungarian and beginners Italian. The sessions were expertly led by our very own Mrs Morley and Mr Luziani who engaged students with Hungarian and Italian culture and a number of useful phrases to use.

LANGUAGES WEEK 2021



Friday saw students and staff take part in a non-uniform day, wearing foreign-language themed sports shirts, which generated a real buzz in the building. All proceeds from the day went to support Miss Musgrove and the iVenture project.

Thanks to all staff and students for their enthusiasm and engagement – Languages Week will be back to normal in 2022, bigger and louder than ever before.



Derbyshire School Nurses— continuing to support your Public Health

We thought the following information and contact details maybe useful to refer to over the coming weeks.

School Nurses have a Facebook Page and website:
www.derbyshireschoolnurses.org.uk
 Search Facebook for: Derbyshireschoolnurses

MANAGING CORONA VIRUS (COVID-19) ANXIETY

For You

- Avoid excessive exposure to media coverage
- Connect through chat/text/Internet
- Make extra time for daily stress relief
- Practice self-care
- Focus on your mental health

For Kids

- Reassure them that they're safe
- Let them talk about their worries
- Change your own coping skills
- Limit their news exposure
- Create a routine

For Adolescents/Teenagers

- Keep in contact with your loved ones via social media, text, and phone calls
- Develop a daily self-care routine
- Reduce yourself busy: games, books, movies
- Focus on new cognitive techniques

The following websites have some good info pages about how to manage worries and anxieties around Coronavirus:
www.youngminds.org.uk
www.childline.org.uk



Hand-washing technique with soap and water

Search the following for up to date information around Coronavirus:
www.gov.uk 111.nhs.uk/covid-19
www.nhs.uk www.dch.nhs.uk

School Nurses can be contacted via:
 SPA: 01246 515100 or
 DCHST.derbyshireschoolnurses@nhs.net

Foundations @ Langwith Basset

Free 30 hour childcare for children aged between 2 and 4

Take a look at our stunning state of the art provision with both indoor and outdoor learning facilities.

We provide a safe and stimulating environment for children ages 2-4 years old with a creative curriculum designed to engage, excite and inspire.

We offer a flexible approach to nursery hours - please phone to discuss and arrange a visit.

To arrange a visit, please call us, on 01623 742236
 Langwith Basset, Junior Academy
 Basset Hill, N820 9RD

FREE SCHOOL MEALS

Did you know, meals for infants are free regardless of personal circumstances?

Free meals for junior and secondary aged pupils are subject to meeting eligibility criteria.

It is important to register all pupils regardless of whether they intend to have a meal, it could mean additional funding for school.

Easy and confidential ways to register/apply:
 Telephone: 01629 536400/535743
 Email: checking@derbyshire.gov.uk
 Website: www.derbyshire.gov.uk/freeschoolmeals
 Paper forms available in school

SHIREBROOK ACADEMY

Endowment Fund

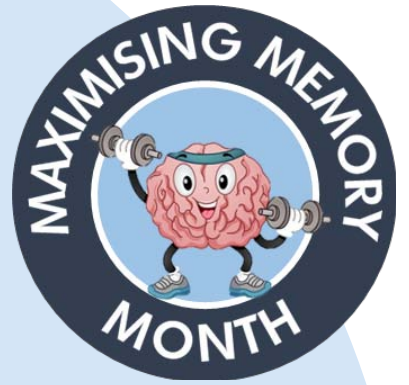
The Shirebrook Academy Endowment may be able to help with the cost of course books and learning resources. Awards are available up to a maximum of £500. Local groups and charities are also eligible to apply.

Please find the award criteria and application form at:
www.shirebrookacademy.org/endowment-trust/
 For further information please contact Paula Corbett at pcorbett@shirebrookacademy.org

SHIREBROOK ACADEMY Alumni

If you are a former student or know of any who'd like to stay in touch and give back to their old school, ask them to sign up at:
<https://networks.futurefirst.org.uk/former-student/shirebrook>

MEMORY MATTERS



Throughout this year in assemblies, form time activities and in every day lessons we have been taking our students on a journey to help them understand the science behind how we learn.

Students have learnt that learning can be simply seen as electricity flowing in the brain to create or strengthen pathways and that these pathways connect together when the information is related to something else we know.

Using activities like the Monkey Illusion or Cups Challenge we have demonstrated how our working memory operates and why it is important to focus on the information being taught and not get distracted or miss out key points. We have explored word memory games to demonstrate how we create stronger pathways when the learning is deep and meaningful and linked to things we already know or have experienced before.

Retrieval practice has been one of the most important parts of this and students are now great explaining what retrieval practice is and why it is important to have chances to regularly remember the information we have previously learnt to strengthen our memory pathways.

Recently we took this one step further by developing our students metacognition skills – taking students through the thinking processes step by step to complete a simple challenge.

The ‘fold a t-shirt like an expert’ challenge required students to plan their approach to the task using what they already knew; encouraging them to monitor their progress and evaluate their success. They repeated this several times, each time getting more information to help them complete the challenge more successfully.

We ended the session with lots of professionals who can deliver an expertly folded t-shirt in less than 5 seconds that could be displayed in shop windows!

Students demonstrated outstanding resilience and perseverance to keep going with this very tricky method and all ended the session far more aware of the stages we go through whenever we learn anything.

In May we set out to share this vital information with our parents and carers. Our Maximising Memory Month campaign saw weekly text messages go home, directing parents and carers to our website with information on the science of learning and how to maximise this to make better progress. Videos, facts and quizzes were shared and are still available on <https://www.shirebrookacademy.org/mmm> if you want to take a look!

Our journey in creating successful independent learners who can explain how learning works will continue next year both with students and our parents/carers. We look forward to presenting you with more fun challenges that we know our students will rise to.



Pictured are Y7 students Kian Derry and Dyer Ellis



How does a river change?

On Tuesday 8th June, our Year 10 Geographers were lucky enough to visit Burbage Brook in the Peak District. It was a beautifully sunny day and there was a definite sense of excitement that we were finally able to resume school visits after such a difficult year.

Armed with a variety of field equipment, students were eager to get straight into the river and investigate exactly how the river changes on its journey from the dramatic upper course to the sweeping lower course. We were hugely impressed with the enthusiasm in which students approached the tasks and how well they worked together as a team. It seemed only fair to have a richly-deserved ice-cream before the journey home. Well done Year 10. We're proud of you!

PLEASE BE MINDFUL OF THE KEY DATES
THROUGHOUT THE ACADEMIC YEAR

TERM DATES

JULY 2021

22 Finish for Summer Holidays

AUGUST 2021

12 Year 11 Results Day

Due to the situation with the Coronavirus epidemic and in line with the continuous movement of government guidelines it is not possible to list dates of events and trips at present. We will update you on any scheduled events in due course.



Our eLibrary service, Reading Cloud allows you access to the library catalogue. It gives the opportunity to request an actual book if you can't access the eBook or just prefer a hard copy book. A request can be submitted and we will offer a "Click and Collect Library Service" the library will come to you. The book requested will be delivered to your tutor group before your arrival in the morning.

Students can now borrow and read books online by downloading ePlatform to access eBooks on any device anywhere at any time, no more excuses for not having a book to read.

If you have borrowed any books, please make sure they are returned to the library before the summer holidays.



POLITE NOTICE TO PARENTS

If you need to speak to a particular member of staff and they are unavailable on the telephone, be assured your details will be forwarded on and they will call you as soon as possible. Whilst we appreciate there may be times when you need to see a member of staff regarding a specific issue, we ask that you please be aware that staff at the academy work to a timetable and are often not available. Please do not arrive at the academy without an appointment expecting to see someone.

If you require a face to face meeting, please call our reception on 742722 and we will endeavour to arrange an appointment for you at the earliest convenience to suit both parties.

Thank You

ACADEMY UNIFORM



Also available are tracksuit bottoms and skirts in various sizes

Uniform can be ordered and paid for via Parentpay, at student reception, or direct from our supply shop by visiting instore or online.

SUPPLY SHOP

The Schoolwear Centre
69A West Gate, Mansfield, Notts. NG18 1RU

Tel: 01623 650782

www.schoolwearsolutions.com



OPENING HOURS

Monday	09:30 - 15:30
Wednesday	09:30 - 15:30
Friday	09:30 - 15:30
Saturday	10:00 - 13:00

twitter

Keep up to date with the latest news and events by following us on twitter
[@shireacademy](https://twitter.com/shireacademy)

Tel: 01623 742722



[@shireacademy](https://twitter.com/shireacademy)

www.shirebrookacademy.org