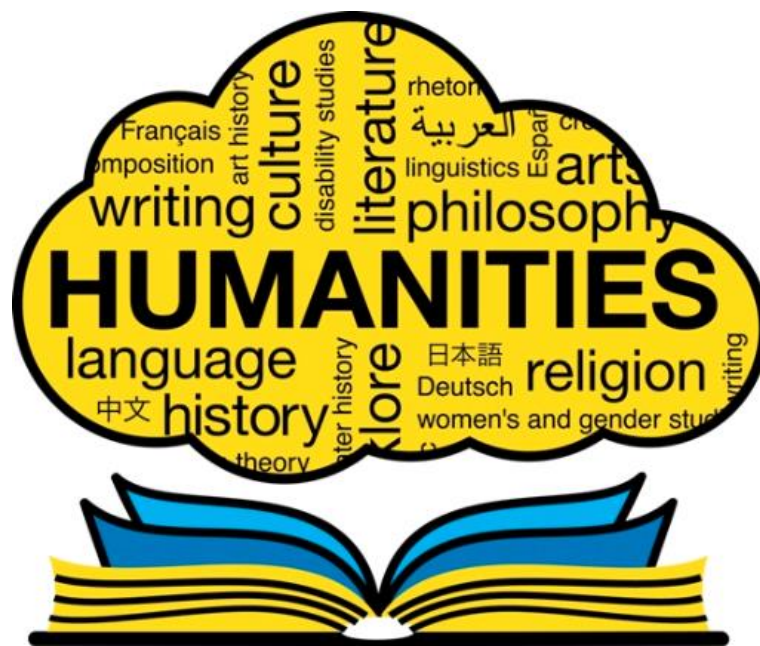




Y6-7 Transition

Humanities – Building a Growth Mindset.



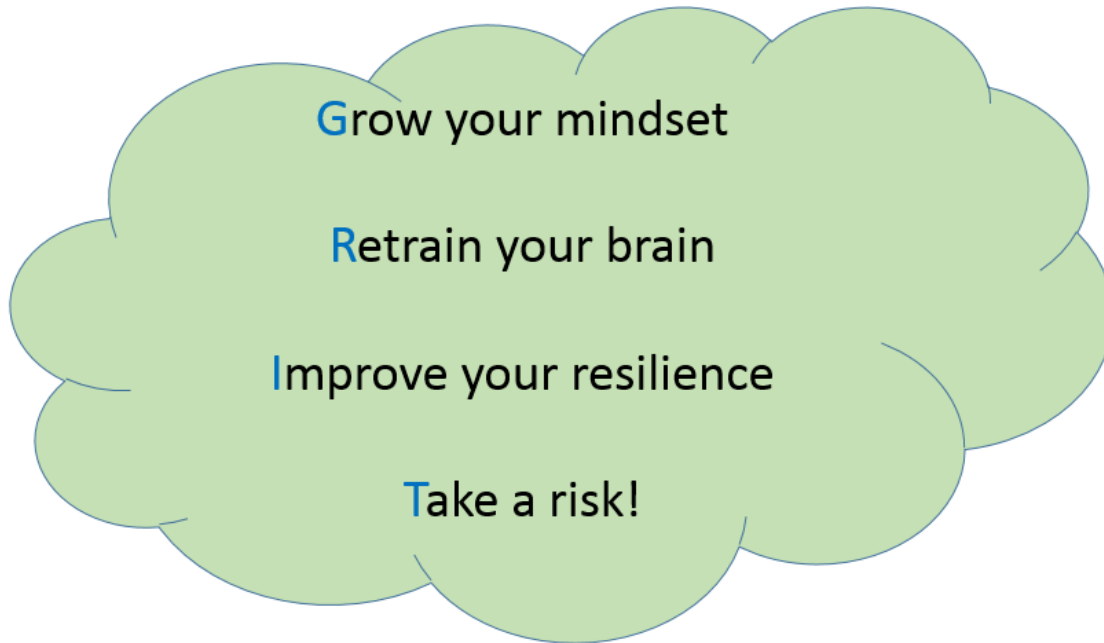
Workbook

Name: _____

Primary school: _____

What is Humanities?

Humanities is made up of 3 very important subjects – Geography, History and Philosophy and Ethics. It is also known as GRIT.



Mindset – “The way someone thinks about their own learning and experiences”.

If possible, watch the following clip on FIXED and GROWTH mindsets.

https://www.youtube.com/watch?v=-_ogghnxBmY

Now complete the Mindset questionnaire.

GRIT – Growth mindset questionnaire

Want to be your best? – Take the simple test.

Statements <i>Please consider each statement and then indicate whether you agree or disagree</i>	Agree	Disagree
1. Your intelligence is something you are born with and it can't change much.		
2. I try to avoid getting it wrong and making mistakes.		
3. You can't really change how talented or intelligent you are.		
4. If I have to put a lot of effort into something it means I am not very good at it.		
5. I achieve more when I feel safe and comfortable when I am learning.		
6. I would rather get it right first time.		
7. I can feel anxious and stressed when I have to learn new things.		
8. You are a certain type of person, and there is not much that you can do to really change it.		
9. You can learn new things and do things differently, but the important parts of who you are can't really be changed.		
10. If I make a mistake I would rather correct it myself and don't need feedback.		

Explain whether or not you think the questionnaire shows you to have a growth or a fixed mindset.

Set yourself three targets for Y7 based on your answers to the questionnaire.

1.

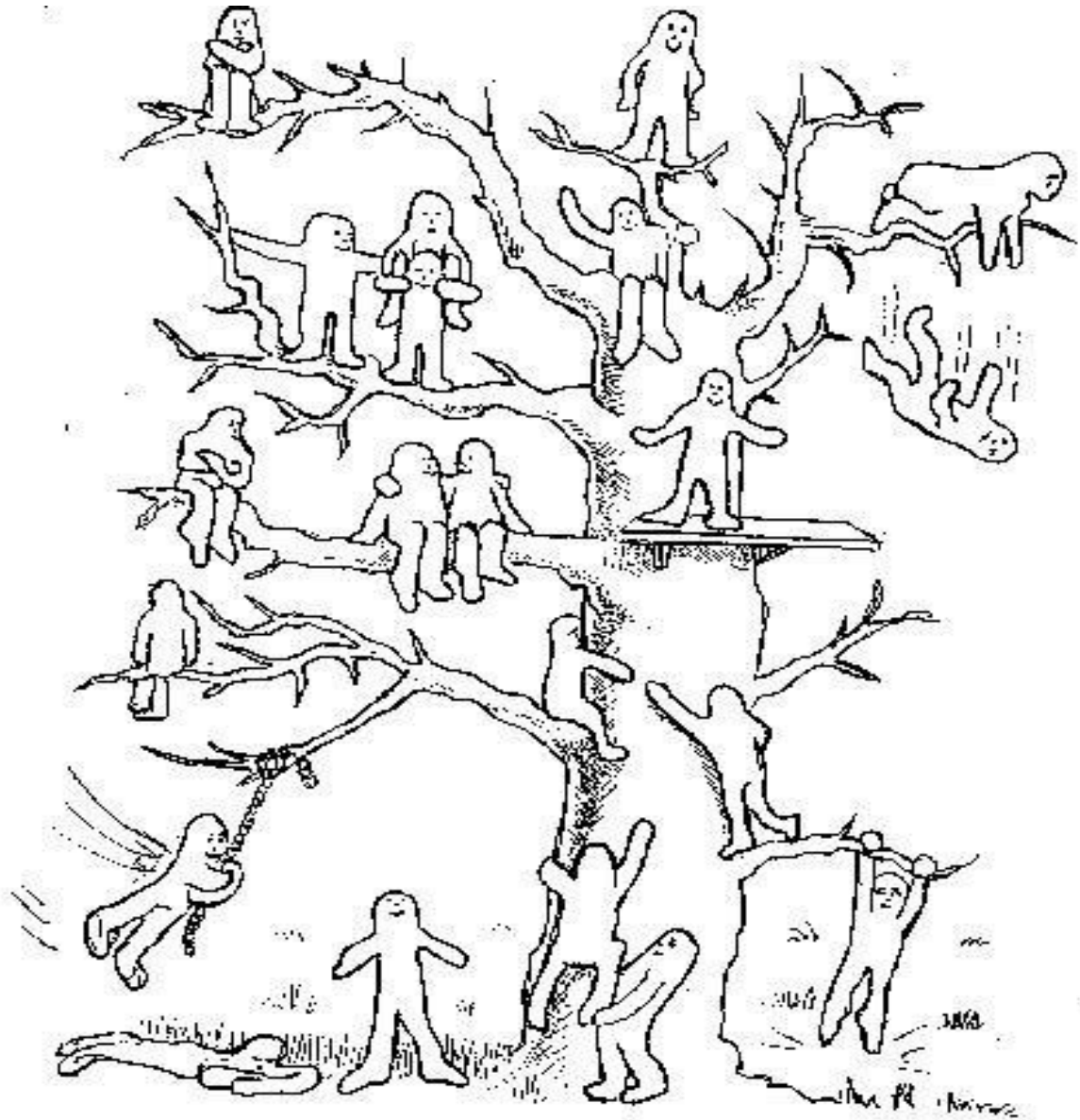
2.

3.

BLOB' Tree

Look at the tree, and all the different positions that the blobs are in – where do you think you are?

Add a reason for this view of yourself on the sheet.



Now, find a blob where you would like to be in the future.

Explain how you think you can get there.

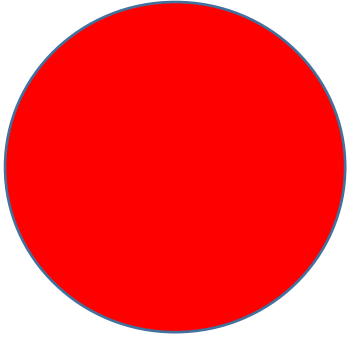
All about you!

- 1. On this page, draw a picture of yourself doing something you enjoy.**
- 2. Around the edge of the picture, write as many words as you can that represent things about you.**

M&M Challenge – Try and ask a different person each question (please socially distance!)

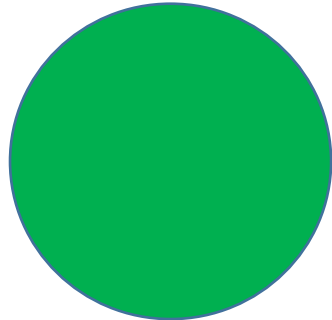
Name

What is your favourite film?



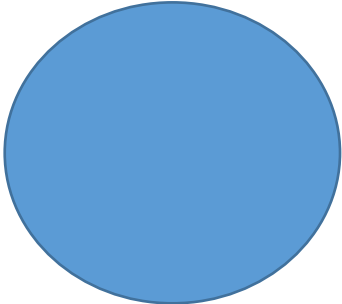
Name

What is your favourite book?



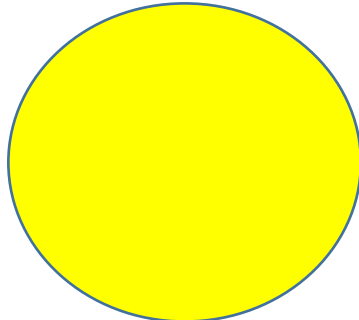
Name

What is your favourite TV programme?



Name

What is your favourite sport?



Name

What is your favourite thing to do at the weekend?



Name

What is your favourite food?

