

Cambridge National Sport Studies

Year 11 Term 1.1 & 1.2



Unit of study R187:Topic Area 2: Increasing awareness of Outdoor and Adventurous Activities

Specification

2.1 The categories of equipment

2.2 Types of clothing to be used for participation

2.3 Types of technology that can enhance participation / safety

2.4 Types of terrain and environment

Aims & Objectives:

The aim is to consolidate inclass information about the understanding of equipment, clothing and safety aspects when participating in Outdoor Adventurous Activities..

To think how terrain, climate and and the environment that is required for all the activities on the set assignment

Types of tasks to expect:

Many of the tasks will be research based and the emphasis will be on the student to find things out in preparation for the next lesson(s)

Students will also be asked to make some preparatory notes for upcoming lessons that will allow them to complete set assignments independently and efficiently

Where?

Homework will be posted on Google Classroom / class charts. Students will be expected to have evidence of this work within Google classroom for the teacher to check.

Course booklets will also be used for homework tasks.

When?

Homework will be set through the half term. This will depend on the point at which the students are at in their learning. We will aim for 1 homework every 2 weeks

Feedback

Feedback on research / preparatory work will be given verbally. Some will be given within Google Classroom. During set assignment work, feedback will be given within the guidelines laid out by OCR & JCQ

Revision links:

[Set ass...](#)

