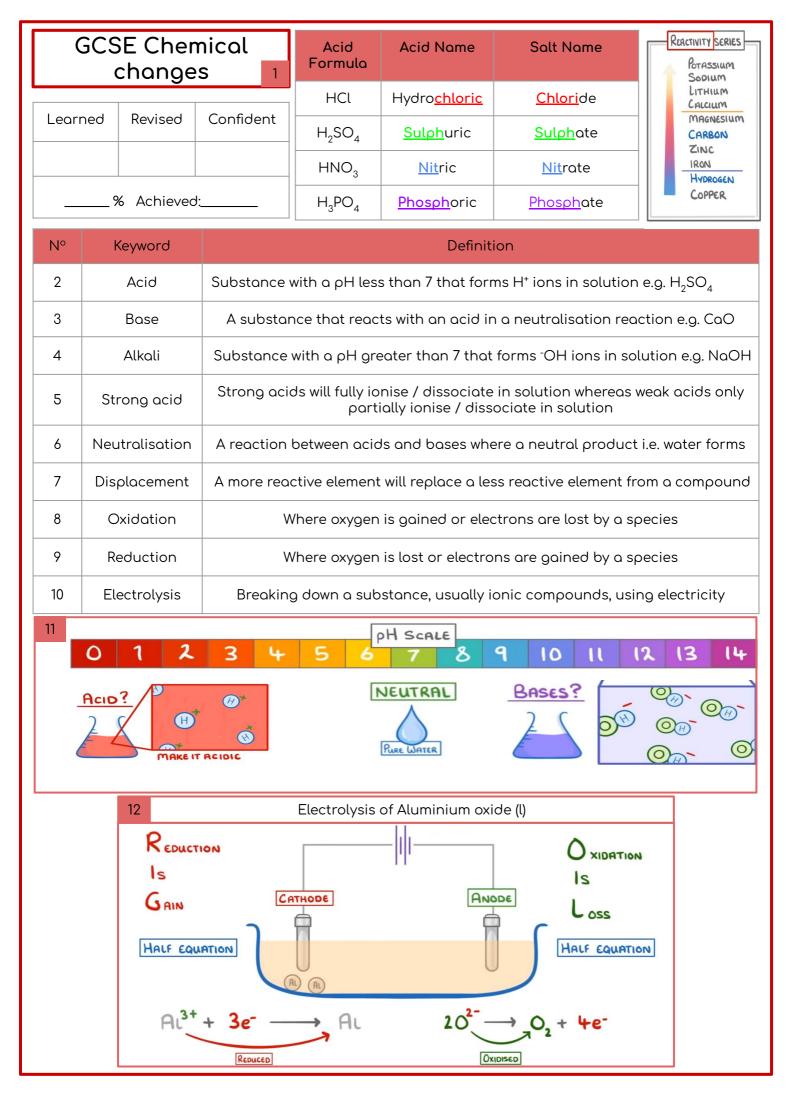
Biology

| GCSE Bioenergetics |            |           | 1                 |
|--------------------|------------|-----------|-------------------|
| Learned            | Revised    | Confident | Starch present    |
|                    |            |           | No starch present |
| 9                  | % Achieved | J:        |                   |

| Nocv | Keyword  | Definition   |  |  |  |  |  |
|------|--|--|--|--|--|--|--|
| 2    | Aerobic  | Respiration that involves the use of oxygen to transfer energy.  |  |  |  |  |  |
| 3    | Anaerobic  | Respiration that takes place without oxygen to transfer energy.  |  |  |  |  |  |
| 4    | Fermentation   | The process of breaking down sugars by anaerobic respiration in bacteria or yeast.   |  |  |  |  |  |
| 5    | Metabolism   | The sum of all the reactions in the cell or body. This is controlled by enzymes  |  |  |  |  |  |
| 6    | Oxygen debt  | The amount of extra oxygen the body needs after exercise to react with the accumulated lactic acid and remove it from the cells. |  |  |  |  |  |
| 7    | Photosynthesis   | An endothermic reaction in which energy is transferred from the environment to chloroplasts by light.                            |  |  |  |  |  |
| 8    | Respiration  | A chemical reaction that breaks down glucose to release energy.  |  |  |  |  |  |
| Nocv | N <sup>ocv</sup> Facts<br>Definition   |  |  |  |  |  |  |
| 9    | Factors affecting the rate of photosynthesis: Carbon dioxide, Temperature, Light intensity   |  |  |  |  |  |  |
| 10   | <b>Plants use glucose for:</b> Respiration, Making cellulose, Making amino acids,<br>Converted and stored as lipids (fats), Converted and stored as starch, Stored as<br>sucrose and other sugars in fruits. |  |  |  |  |  |  |
| 11   | Aerobic respiration<br>Glucose + Oxygen → Carbon dioxide + Water + Energy  |  |  |  |  |  |  |
| 12   | Anaerobic respiration<br>Glucose → Lactic acid + Energy  |  |  |  |  |  |  |
| 13   | Fermentation<br>Glucose → Ethanol + Carbon dioxide + Energy  |  |  |  |  |  |  |
| 14   | 4 <b>Photosynthesis</b><br>Carbon dioxide + Water → Glucose + Oxygen   |  |  |  |  |  |  |

Chemistry



| GCSE Energy<br>changes |   |   |  |  |  |  |  |
|------------------------|---|---|--|--|--|--|--|
| Lear                   | ned Revised Confider  |   |  |  |  |  |  |
|                        | % Achieved:   | reaction progress reaction progress   |  |  |  |  |  |
| N°                     | Keyword   | Definition  |  |  |  |  |  |
| 3                      | Endothermic   | A reaction that takes in energy from the surroundings   |  |  |  |  |  |
| 4                      | Exothermic  | A reactions that releases energy to the surroundings  |  |  |  |  |  |
| 5                      | Activation energy   | Minimum amount of energy required to start a reaction   |  |  |  |  |  |
| 6                      | Overall energy change   | The difference between the energy of the reactants and the products   |  |  |  |  |  |
| 7                      | Catalyst  | Provides an alternate reaction pathway with a lower activation energy to speed up the reaction  |  |  |  |  |  |
| N°                     |   | Focts   |  |  |  |  |  |
| 8                      | Bond breaking is an endothermic process, it requires energy   |   |  |  |  |  |  |
| 9                      | Bond making is an exothermic process, it releases energy  |   |  |  |  |  |  |
| 10                     | An endothermic reaction has a positive overall energy change - more energy was taken in than was released   |   |  |  |  |  |  |
| 11                     | An exothermic reaction has a negative overall energy change - less energy was taken in than<br>was released |   |  |  |  |  |  |
| N°                     | C   | Overall energy change calculations (HIGHER)   |  |  |  |  |  |
| 12                     |   | tions using a simple T-table with "Break" and "Make" as headings.<br>Tick off the bonds as you count them.<br>Il break - Total make = Overall energy change |  |  |  |  |  |
|                        | ENDOTHERMIC<br>MOLECULE ENERGY (K<br>H-H<br>H-CL<br>H-CL<br>H=CL<br>H=CL                                    | ENERGY REQUIRED<br>TO BREAK BONDS - ENERGY RELEASED<br>BY FORMING BONDS<br>2 678 - 862  |  |  |  |  |  |

Physics

| GCSE Atomic structure<br>and radiation |  |  |   | re  | N° Particle Ma  |                           |                        |                   |                                |   |
|--|--|--|---|---|-----------------|---------------------------|------------------------|-------------------|--------------------------------|---|
| Learned Revi                           |  | Revised  | evised Confid   |   | 1               | Proton                    | 1                      | +1                | Neutron                        |   |
|  |  |  |   |   | 2               | Neutron                   | 1                      | 0                 |                                |   |
|  | %  | 6 Achieved   | d:  | _   | 3               | Electron                  | 1/2000                 | -1                |                                |   |
| N°                                     |  | Keyword  |   |   |                 |                           | Defi                   | nition            |                                |   |
| 4                                      | Activity   |  |   | The number of nuclei of a sample that decay per second      |                 |                           |                        |                   |                                |   |
| 5                                      | Со   | Contamination  |   | Has unwanted radioactive atoms on or in it                  |                 |                           |                        |                   |                                |   |
| 6                                      | На   |  | The time it takes for the number of nuclei of a radioactive isotope in a sample to half |   |                 |                           |                        |                   |                                |   |
| 7                                      | lon  |  |   | A charged particle (an atom that has gained/lost electrons) |                 |                           |                        |                   |                                |   |
| 8                                      | Irradiation Exp  |  |   | Exposure to radiation                                       |                 |                           |                        |                   |                                |   |
| 9                                      | lso  | Isotope An element with a different number of neutrons |   |   |                 |                           |                        |                   |                                |   |
|  | dalton<br>1803   | J.J. THOMSON   | ERNEST RUTH   | ERFORD  | NIELS BO        | HR                        |                        | A                 | nucleu                         | most alpha particles<br>are not deflected<br>s  |
| N°                                     | Тур  | e of radia   | tion  |   | ange i<br>nucle |                           | ng powe                | er Rang           | ge in air                      | Stopped by                                      |
| 12                                     |  |  |   |   |                 | highest ionising<br>power |                        | s a few<br>netres | stopped by a<br>sheet of paper |   |
| 13                                     | β<br>beta particle<br>(fast-moving electron                                |  |   | a neutron<br>changes into a<br>proton and an<br>electron    |                 | -                         | high ionising<br>power |                   | s≈1m                           | stopped by a few<br>millimetres of<br>aluminium |
|  | <b>gamma</b> radiation<br>(short-wavelength, hig<br>frequency EM radiation |  |   | some  | energy          | is low ion                |                        | virtual           | lv                             | stopped by several                              |