

1	<b>Cohabitation</b>	The act of living together in a sexual partnership without being married.	11	<b>Conflict</b>	A struggle and a clash of interest, opinion, or even principles.
2	<b>Single Parent Family</b>	One parent and his/her children	12	<b>Fight</b>	The fight response is your body's way of facing any perceived threat aggressively.
3	<b>Nuclear Family</b>	Parents & children	13	<b>Flight</b>	Flight means your body urges you to run from danger.
4	<b>Step/Reconstituted Family</b>	A new family formed when 2 adults remarry/cohabit & live together with their children from a previous relationship	14	<b>Freeze</b>	Freeze is your body's inability to move or act against a threat.
5	<b>Extended Family</b>	Nuclear Family & other relatives	15	<b>Amicable break-up</b>	A break up where the two individuals stay civil, don't attack each other and respect each other's boundaries.
6	<b>Horizontally Extended Family</b>	Aunts & Uncles living with the family	16	<b>Grief</b>	Intense sorrow, especially caused by someone's death
7	<b>Empty nest Family</b>	Children have grown up & left home	17	<b>Impact of grief</b>	The emotional pain caused by bereavement and grief can cause mental and physical pain too. For example, grief makes people more likely to develop illnesses because the extreme stress of losing a loved one makes the body's immune system weaker.
8	<b>Same sex family</b>	A family with parents of the same gender	18	<b>Bereavement</b>	Bereavement is the experience of losing someone important to us.
9	<b>Marriage</b>	The legally or formally recognized union of two people as partners in a personal relationship			
10	<b>Divorce</b>	The legal ending of a marriage			