



Year 11 Half Term 2 - Islamic Practices

This unit will look at the practices within Islam, focusing on the Five Pillars, Ten Obligatory Acts, and Islamic Festivals.

1. Five Pillars	Five Muslim practices that should be carried out during a Muslims life. These are outlined in the Qur'an.	14. The Night of Power	When the Qur'an was revealed by Jibril to Muhammad. Muslims remember this night during Ramadan.
2. Ten Obligatory Acts	The Shi'a follow Ten practices as part of their denomination. They include the Five pillars, Jihad, and Amr-bil-Maruf, Nahi Anil Munkar, Tawallah, and Tabarra.	15. Ramadan	Ramadan is a month in the Islamic calendar. During Ramadan, Muslims don't eat or drink during daylight hours.
3. Shahadah	A pillar of Islam that is the statement of faith. "There is no God but Allah, and Muhammad is his messenger.	16. Hajj	A pilgrimage to Makkah. It includes circling the Ka'aba, visiting Mount Arafat, and going to the Jamarat.
4. Salah	The act of prayer. Sunni pray five times a day, and Shi'a pray five prayers, but at three times in the day.	17. Ka'aba	The holiest site for Muslims, it is an ancient temple believed by Muslims to have been built by Ibrahim. It is located in Makkah.
5. Wudu	The act of ceremonial washing before prayer, or going into a Mosque.	18. Jamarat	Huge stone pillars that Muslims visit on Hajj. Stones are thrown at them to reject temptation and the devil.
6. Qiblah	The direction of prayer. Muslims pray towards the Ka'aba in Makkah. A Mosque will have a wall showing this direction.	19. Lesser Jihad	The act of struggling against the evil in the world. This is sometimes translated as holy war.
7. Rak'ah	A sequence of movements done during prayer. Muslims will recite the first chapter of the Qur'an and prostrate during prayer.	20. Greater Jihad	The act of struggling within yourself to become a better person.
8. Jumma Prayer	Muslims will attend Mosque on a Friday to prayer together.	21. Id-ul-Fitr	A celebration at the end of Ramadan, where Muslims gather to eat food and share gifts.
9. Mosque	A holy building for a Muslim.	22. Id-ul-Adha	A celebration at the end of Hajj where Muslims remember the faithfulness of Ibrahim in almost sacrificing his son Ishmael.
10. Zakah	The act of giving 2.5% of your savings to charity.	23. Ashura	A time of mourning for Shi'a Muslims as they remember the death of Muhammad's grandson Husayn.
11. Sadaqah	The act of giving extra money to charity.	24. Husayn	The grandson of Muhammad who Shi'a believe was the rightful leader of Islam.
12. Khums	Shi'a will give 20% of their earnings to religious leaders and for charitable causes. Khums literally means, "one fifth".	25. Karbala	A battle in which Husayn was killed.
13. Sawm	A pillar that has Muslims fast during the month of Ramadan.	26. Self Flagellation	A controversial act of harming oneself. Some Shi'a do this during Ashura to reflect on the suffering of Husayn.



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