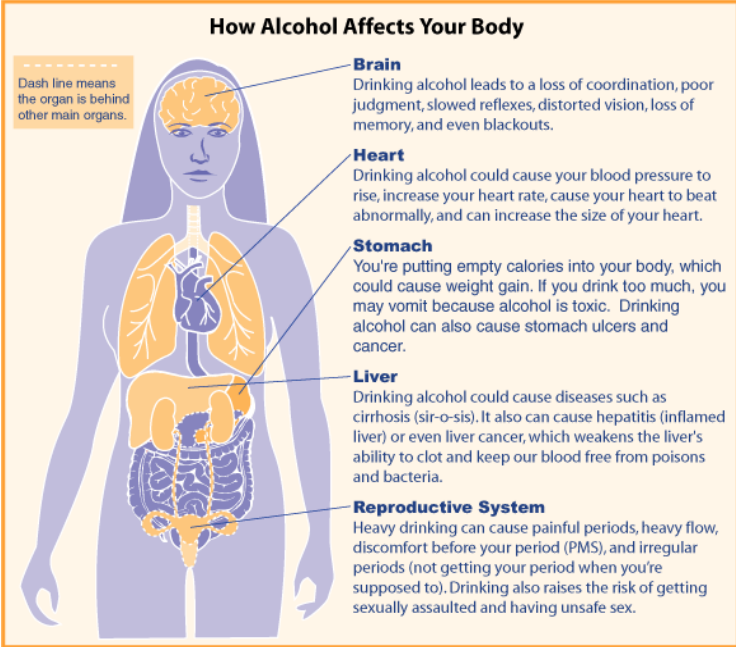


1	<b>Risk</b>	A situation involving the possibility of negative consequences.	11	<b>Assertive behaviour</b>	Behaviours which enable a person to act in their own best interest, stand up for themselves comfortably.
2	<b>Impaired judgement</b>	A time when your mind isn't thinking clearly. It may be under the influence of alcohol, drugs or peer pressure.	12	<b>Aggressive</b>	This is when we sound angry and try to win our own way without thinking about the other person's feelings.
3	<b>A Gang</b>	A group of people with a shared interest, or who share a common identity. A gang does not have to be involved in criminal activity, although when we hear the word 'gang' that is what we tend to think of.	13	<b>Aggressive behaviours</b>	Blaming other Pushing and shoving Shouting and screaming Tantrums Controlling
4	<b>Gangs and the law</b>	It isn't illegal to be a member of a gang, although many young people will become involved in crime through their allegiance to a gang. Many gangs involve themselves in drugs, violence and weapons.	14	<b>Assertive behaviours</b>	Firm, warm, well paced speech. Comfortable eye contact Relaxed body language Respectful language Fair Honest Direct
5	<b>Why might people join gangs?</b>	<p>To feel safer in their area.</p> <p>Other reasons could include:</p> <ul style="list-style-type: none"> <li>• To get protection from rival gangs</li> <li>• To have power over others</li> <li>• Friends or family are involved</li> <li>• To make money</li> <li>• Lack of anything else to do</li> <li>• To get respect and recognition</li> <li>• To belong to a group / family</li> <li>• They can seem glamorous to some young people</li> </ul>	15	<b>Resilience</b>	The ability to bounce back from adversity
6			16	<b>Being resilient</b>	This is isn't about keeping things inside; it's about expressing how you feel and moving forward.
7			17	<b>Importance of resilience</b>	Having the skills to build resilience can minimise the effects of negative or stressful situations.
8			18	<b>Binge Drinking</b>	The consumption of an excessive amount of alcohol in a short period of time.
9	<b>Knife crime</b>	Any crime that involves a knife – regardless of whether the knife is used to injure someone.	19	<b>Alcohol Poisoning</b>	Condition in which alcohol causes the body's functions (heart rate, breathing and gag reflex) to shut down, and when the liver can no longer

					detoxify the alcohol in the body.
10	<b>Knife crime and the law</b>	It is illegal to carry a knife in the UK, and you can be arrested, go to court, get a criminal record and/or face a prison sentence if the police search you and find a knife	20	<b>Effects of alcohol</b>	
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