



# Shevington High School Year 10-11 CNSS Practical Learning



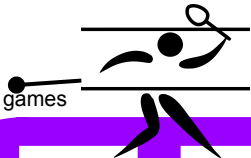
## Journey

'LIFE IS WHAT YOU MAKE IT'

## DEVELOPING SKILLS

### Badminton

- Recap all core and advanced skills
- Shot cycle
- Aggression
- Footwork
- Rules
- Competitive games



### Hockey

- Sending / Receiving - ariel / reverse stick
- Defending Principles
- Attacking principles
- Games / Tactics
- Competitive games



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### Handball

- Defensive formations
- Attacking principles
- Positions
- Decision Making / Tactics / Strategies
- Competitive games



### Rugby League

- Recap all core and advanced skills
- Game management / decision making
- Competitive games



### Table Tennis

- Backhand / Forehand aggression
- Falkenberg drill
- Serve - controlling game
- Competitive games



### Netball

- Defending - Shadowing / Zoning / Intercepting
- Attacking set plays
- Decision making
- Competitive games



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### Football

- Passing - both feet long and short
- Dribbling - both feet
- Possession - angles and options
- Tackling - both sides
- Competitive games



### Trampolining

- Recap safety, core/advanced skills and combinations skills
- Create 2 10-bounce routines
- Aesthetics
- Quality of routine



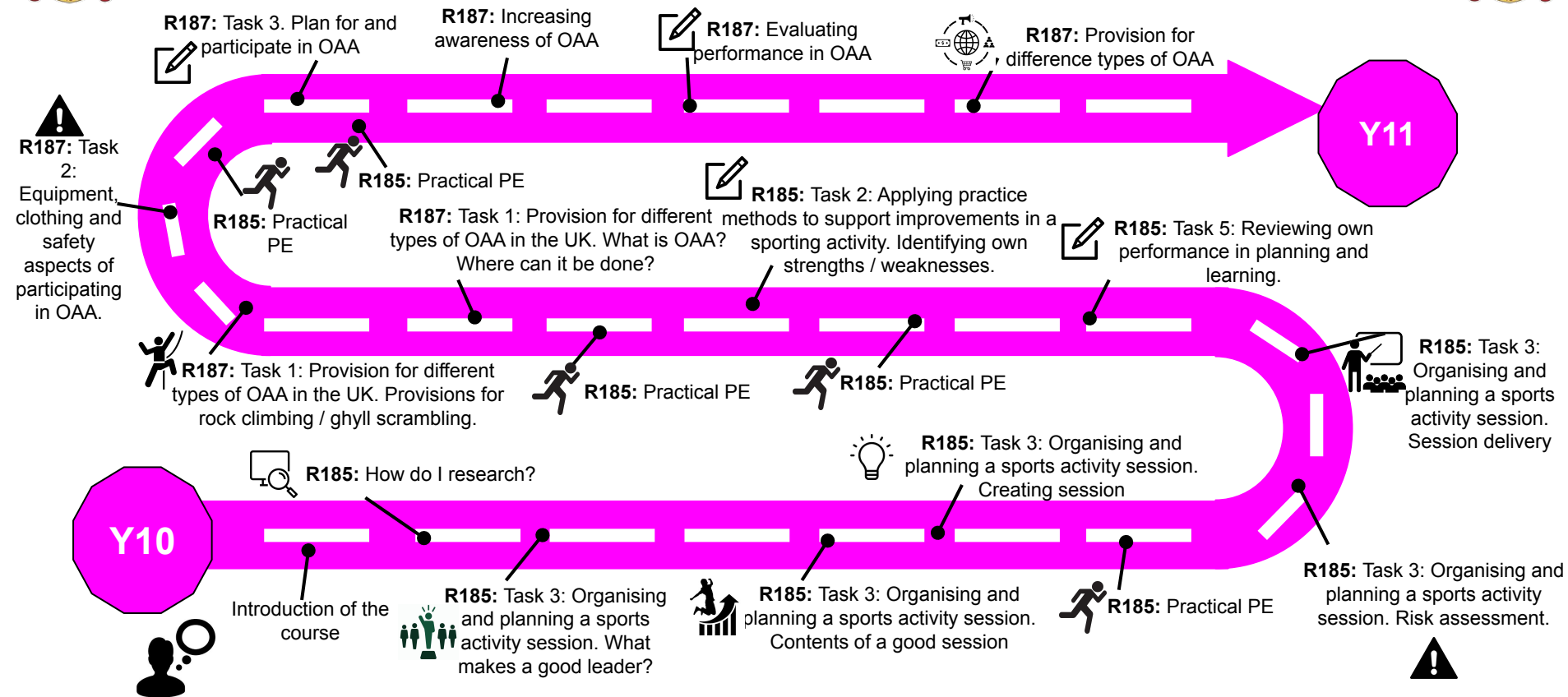




# Shevington High School Year 10 CNSS Theoretical Learning

## Journey

### 'LIFE IS WHAT YOU MAKE IT'







# Shevington High School Year 11 CNSS Theoretical Learning

## Journey

### 'LIFE IS WHAT YOU MAKE IT'



**R184:** Contemporary issues in sport. Task 3: The implications of hosting a major sporting event for a city. 3.1 The features of a major sporting event.



**R184:** Contemporary issues in sport. Task 4: The role of NGB's play in the development of their sport.



**R184:** Contemporary issues in sport. Task 5: The use of technology in sport.



**R184:** Contemporary issues in sport. Task 2: The role of sport in promoting values. 2.4 The importance of etiquette and sporting behaviour of performance.



**R184:** Contemporary issues in sport. Task 2: The role of sport in promoting values. 2.5 The use of PED's in sport.



**R184:** Contemporary issues in sport. Task 3: The implications of hosting a major sporting event for a city. 3.2 Positives / negatives pre-event aspects of hosting an event.



**R184:** Exam



**R184:** Contemporary issues in sport. Task 1: Issues which affect participation in sport. 1.5 Emerging / new sports in the UK



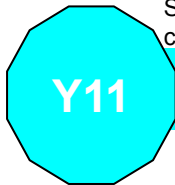
**R184:** Contemporary issues in sport. Task 2: The role of sport in promoting values. 2.3 Sporting values initiative and campaigns.



**R184:** Contemporary issues in sport. Task 1: Issues which affect participation in sport. 1.2 Possible barriers which affect participation in sport.



**R184:** Contemporary issues in sport. Task 2: The role of sport in promoting values. 2.1 Values which can be promoted through sport.



**R184:** Contemporary issues in sport. Task 1: Issues which affect participation in sport. 1.1 Different user groups who participate in sport.



**R184:** Contemporary issues in sport. Task 1: Issues which affect participation in sport. 1.3 Possible solutions to the barriers which affect participation in sport.



**R184:** Contemporary issues in sport. Task 1: Issues which affect participation in sport. 1.4 Positive and negative impacts on the popularity of sport in the UK.