



Your Gateway to Success
A personalised journey



Shevington High School

Relationships and Sex Policy

SHEVINGTON HIGH SCHOOL

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RSE Policy

Intent:

- To provide children with the life skills to keep them safe through acquiring knowledge and developing skills to deal with safe and healthy sexual and non-sexual relationships, and the laws relating to relationships.
- To ensure that RSE meets the needs of all pupils regarding equality regardless of gender, disability, religion, sexual orientation and is delivered in an age appropriate context relevant to the pupils and their developing sexuality and in line with national guidelines.

Roles and responsibilities

- Led by Z Hames, Assistant Headteacher / PD Lead
- Delivered by teachers delivering PSHE
- Staff will attend regular meetings and training sessions covering RSE teaching

Legal Duties

RSE has been statutory from September 2020.

Linked documents

Keeping Children Safe in Education - statutory guidance on safeguarding children
Shevington High School Child protection Policy
RSE – Statutory Guidance for Schools April 2019
Shevington High school PD policy

Implementation:

RSE will be delivered by PSHE teachers in a one-hour lesson each a week. In addition, there will be enrichment days throughout the year with a focus on some of the RSE topics in wider detail.

The mandatory RSE criteria includes:

- The law around consent
- The facts and law regarding sexuality, sexual health and gender identity
- Developing healthy relationships including intimate relationships and resisting the pressure to have sex
- Acceptable and unacceptable behaviour in relationships
- Contraception and Sexually transmitted infections
- Risky situations both online and offline, harmful content and contact and how to report issues

Linked Documents:

- Health Education Policy
- PSHE Scheme of work overview (See below)

RSE Coverage takes place in the PSHE timetabled curriculum in the Spring and summer terms *

	Spring 1	Summer 1
Year 7	Managing on and offline friendships Diversity, prejudice and bullying including cyber bullying	Self-esteem, romance, friendships and family life
Year 8	Promoting human rights and online safety	Introduction to sexuality and consent and Introduction to contraception
Year 9	Managing conflict and tackling homophobia, transphobia and sexism	Healthy Relationships and consent The risks of STIs, sexting and pornography
Year 10	Tackling relationship myths and expectations Managing romantic relationship challenges including break ups	Understanding different families and learning parenting skills Managing change, grief and bereavement
Year 11	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships

**There will also be aspects of RSE covered in our Enrichment Days for PSHE at other times of the year to ensure we teach all RSE content including tackling domestic abuse, forced marriage and FGM etc.*

** Some topics changed around due to the pandemic and lockdown to ensure statutory elements are covered.*

Teaching resources and methodology will be,

- In line with current guidelines
- Age appropriate
- Sensitively delivered
- Inclusive and non-discriminatory (respecting equality and diversity in line with legislation)

Pupils will be assessed termly and will have the opportunity to evaluate and reflect on their learning.

Safe Learning Environment

To ensure that all pupils feel safe, ground rules around sensitive topics will be implemented at the start of the lesson. Pupils will have the opportunity to ask questions anonymously using a ‘post-box’ envelope system. If a question is raised anonymously, responses will be posted in a sealed envelope on a confidential answer board in the pastoral office. **Staff will NOT give any personal opinions relating to ANY RSE issues** and where some questions cannot be answered, pupils will be signposted to the correct support.

Safeguarding

Any safeguarding concerns raised within RSE education need to be reported to the safeguarding team in school, and then to the DSL in school, via our CPOMS recording system. The DSL is currently Mrs Hames, assistant Headteacher (or Mr Wright Director of inclusion in Mrs Hames’ absence).

Staff will identify vulnerable and ‘at risk’ pupils and this will be logged on our CPOMS system with the appropriate support being implemented/ signposted. This could include one-to-one or group work with outside agencies such as the CSE, social services, in-school pastoral support or Wigan Family welfare counselling etc.

Linked Documents:

Shevington High School Child Protection Policy

Partnerships

Parents:

We aim to consult and engage with parents on the RSE policy regularly including:

- Publicising the policy and RSE programme on the school website
- Offering parent/career sessions as appropriate
- Making resources available for viewing when appropriate
- Sharing information about coverage of sensitive topics
- Making parents aware of the right to withdraw

Parents' Right to Withdraw

Parents have the right to withdraw their child from Sex Education (but not relationships education). To opt out, parents must write a letter to the headteacher explaining the reasons for their withdrawal request.

At this point the head may invite the parent in for a meeting to discuss the benefits of the programme and the implications of withdrawal. However, after this meeting, if it is still the parents' wish to withdraw their child, this will be honoured (except in 'exceptional' circumstances).

Timescale:

Withdrawal must be done at the start of each school year before the 30th September.

Please note that if a child is withdrawn from sex education, he/she can opt back in at his/her own will at the beginning of Year 10.

Governing Body

The PD Lead / Assistant Headteacher will update governors a minimum of once per year on the development and progress of RSE.

Pupils

Pupils will be consulted regularly on the policy and programme and asked to make comments and evaluations in regular Student Voice as per the school's Quality Assurance Policy. We encourage and expect an open discussion with students about all aspects of their classroom learning including lessons on RSE.

External Visitors/ Agencies

External visitors will be provided with a copy of our RSE policy and the PD lead will conduct pre-delivery meetings to ensure quality. Pupils will be given an opportunity to evaluate and feedback.

Impact:

Monitoring and Review

This policy will be reviewed annually to ensure it remains effective and in line with statutory guidance.

The implementation of the policy will be monitored, and quality assured by PD lead and SLT through lesson observations and student voice. Regular quality assurance will measure the impact of the programme and a range of information and evidence will be considered.