**PE EXTRA-CURRICULAR TIMETABLE:**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| BEFORE SCHOOL (7:50 - 8:20) “Just playing!” |
| Fitness (book on)Futsal | Fitness (book on)Yoga | Fitness (book on)Benchball | Fitness (book on)Netball | Fitness (book on)PE MEETING |
| JW, RD | JW, AT | JW, RD | JW, RD | JW |
| AFTER SCHOOL (3:00 - 4:15) |
| FootballHockey | Hockey Rugby | NetballBoxercise | Rugby FootballBadminton  | GCSE PRACTICE |
| RD, PC, AL | KG, JW | MJ, JW, RD, PC, KG | TF, PC, RD,VS | RD, PC |

* **ALL** year groups can attend on any night.
* Every attendance receives a signature on your postcard.
* PE kit and trainers must be worn.
* Wait for the teacher before getting equipment out (unless otherwise instructed).