





- 1 OF YOUR 5 A DAY











Week 1	Monday	Tuesday	Wednesday	Thursday	Friday 🕻
Meat Main Dish	Pork sausage, gravy and creamy mash potato £2.15	Italian inspired Bolognese served with Rustic garlic bread £2.15	roast pork, crispy roast potatoes and gravy £2.15	Chicken Singapore Noodles £2.15	Chicken goujon with chips £2.20 Fish, chips & peas £2.20
Vegetarian Main Dish	Quorn sausage, Vegetarian gravy and Creamy mash Potato £2.15	Vegetable chilli served with rice & rustic garlic bread and side salad £2.15	Quorn fillet served with crispy roast potatoes and vegetarian gravy £2.15	Cheese whirls served with homemade potato Wedges and Salad £2.15	Baked jacket potato served with choice of filling. £2.00
Accompaniments 5	Roasted root vegetables Braised red cabbage Salad bar	Crisp mixed salad Corn of the cob Salad bar	Steamed carrots and broccoli Salad bar	Green beans Baked beans Salad bar	Garden peas Crisp mixed salad Salad bar
Street Food	Turkey meatball sub £1.80 Cheeseburger £1.50 Chicken tikka £2.20	BBQ chicken served On fresh roll with salad £1.50 Crispy chicken wrap £2.15	Zingy chicken burger £2.15 Piri Piri chicken Wrap £2.20	Crispy chicken wraps £2.20 Chicken Balti served With rice & Naan £2.20	Marinated chicken wrap £2.2 Crispy chicken burger £1.50
Italian Daily Special	Tomato & basil pasta £2.20 margherita pizza £1.30	Smoky pepperoni pasta £2.20 Mixed pepper pizza £1.30	Tomato & onion Pasta £1.80 Pepperoni pizza £1.30	Roasted vegetable pizza £1.30 Vegetable bolognaise £2.20	Hawaiian Pizza £1.30 Italian chicken pasta £2.20
Dessert	chocolate Slice/ cookies	Selection of freshly baked tray bakes and cookies	Marble cake With custard	Selection of freshly baked try Bakes and cookies	Gooey chocolate brownie

