








- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat Main Dish</b>	Pork sausage, gravy and creamy mash potato	Italian inspired Bolognese served with Rustic garlic bread	Apple glazed roast pork, crispy roast potatoes and gravy	Chicken Singapore noodles	Homemade meat and potato pie served with chunky chips
<b>Vegetarian Main Dish</b>	Quorn sausage, Vegetarian gravy and Creamy mash Potato 	Baked three cheese macaroni served with rustic garlic bread and side salad	Quorn fillet served with crispy roast potatoes and vegetarian gravy	Cheese whirls served with homemade potato Wedges and Salad	Homemade quorn and vegetable pie served chunky chips 
<b>Accompaniments</b> 	Roasted root vegetables Braised red cabbage Salad bar	Crisp mixed salad Corn of the cob Salad bar	Steamed carrots and broccoli Salad bar 	Green beans Roasted butternut squash Salad bar	Garden peas Crisp mixed salad Salad bar
<b>Street Food</b>	Turkey meatball sub	BBQ pulled pork served On fresh roll with salad Butter chicken curry Served with rice and naan bread	Zingy chicken burger	Selection of hot chicken wraps Chicken tikka served With rice and Naan bread 	Marinated chicken thigh steak served on freshly baked ciabatta With salad
<b>Italian Daily Special</b>	Italian meatballs in tomato sauce with wholemeal pasta margherita pizza	BBQ Chicken pizza Mixed pepper pizza	Arrabbiata Pasta Pepperoni pizza	Roasted vegetable pizza	Vegetarian pasta bolognaise Hawaiian Pizza 
<b>Dessert</b>	Banana and chocolate Slice with Custard 	Selection of freshly baked tray bakes and cookies	Marble cake With custard	Selection of freshly baked try Bakes and cookies	Gooey chocolate brownie



# MENU