

What are the benefits?

Become more **independent** and gain **confidence** by being able to travel independently.

Have a greater access to **employment**

Travel independently for **other journeys**, as well as from home to school/college

Parents and carers will gain **confidence** in their young person's **ability** to become more independent.

Self pride that they can arrive at school or college on their own without relying on assisted transport.

More **opportunities** to develop important **social skills** and learn how to cope in a variety of situations.

Learning **basic travel skills** on a familiar route is an excellent foundation from which to learn to travel to new places and meet new **friends** in the future.

Less dependency on friends and family and provide **greater freedom**.

How to refer...

Call **01743 258975** and have a chat with **Chris Royle** in the **Specialist Travel Team**.

Chris will be able to talk you through the process of referring a young person for travel training.

Once agreed that it is logistically possible to provide training, as this is determined by distance and accessibility the younger person will be referred to **Enable**.

One of our designated travel trainers will then be in touch with you to organise a meeting at your home or a place where you all feel comfortable and will plan your personalised training programme.

If at any time you wish to make comments about the travel training programme please contact Chris who will make sure your feedback is listened to and the training runs as smoothly as possible.

Once an individual has completed the training programme they will be issued with a certificate and will receive ongoing support from Enable should they require it.



Chris Royle

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enable

Independent Travel Training

Providing Independence & Building Confidence



Introduction...

Independent Travel Training (ITT) is one-to-one training designed to equip young people who are entitled to home to school/college travel assistance with the confidence and skills required to travel independently, be it on foot, cycling or public transport.

Who will teach these skills?

Shropshire Council's Specialist Travel Team is working closely with Enable a specialist organisation which supports people with SEND, disabilities and other needs to integrate into the local community whether for school, college, work or independence. We have come together to provide travel training for students and young people.

Travel Training is facilitated by Enables' Independent Travel Trainers who will work closely with school/college staff, parents, carers and the trainees. All travel trainers have clearance by the Disclosure & Barring Service (DBS) - enhanced check and all are trained in Systematic Instruction and Safeguarding.

A travel trainer usually works with a learner on a one-to-one basis, creating a personalised programme which allows them to gradually develop their independence at their own pace through accompanied, close and distance shadowed journeys. Travel training provides valuable independence and increased confidence for learners.

A risk assessment is completed for each route undertaken.

Providing Independence & Building Confidence

With consent of a parent or legal guardian, one of our trainers will accompany the applicant throughout the whole journey to school or college, empowering them to manage every aspect of the journey independently, for example;

- Personal Safety**
- Recognition of routes & landmarks**
- Road Safety**
- Walking, cycling & bus safety**
- Planning a journey**
- Using a bus pass and paying a fare**
- Using a bus or train**
- Solving problems**
- Cope successfully with unexpected changes to route & routine**
- Manage an emergency & know where to get help**



Why learn travel skills?

Travel training helps to develop a range of practical and social skills in a hands-on setting.

The ability to travel independently will improve opportunities for education, recreation, employment, leisure and social activities.