PSHCE (RSE) LEARNING JOURNEY

SARAH BONNELL SCHOOL

- Relationship & Sex Education
- Mental health & wellbeing
- Citizenship & political literacy
- Physical health & wellbeing
- Financial literacy & careers

Empowered

Confident

Safe

YEAR 11

- Healthy Body, Healthy Mind 6
- Consent, Contraception & Conception 2
- Healthy Body, Healthy Mind 7 (Exam Preparation)
- Revision & Exams
- We are Global Citizens (Equality & Diversity)
- Healthy Body, Healthy Mind 5
- Gender Roles & Consent (RSE)
- My Future 4 - Work Experience & Money Matters

YEAR 10

- Valuing ourselves: Growth Mindset, Diversity & Social Action
- My Teenage Brian: Anxiety, Stress, Wellbeing
- Harassment, Addiction, Social Media Rights & Responsibilities
- Self Care & Preparing for Y10
- Consent, Contraception & Conception (RSE)
- Digital Citizenship & Diversity
- My Future 3 - CIEAG & Pathways
- Healthy Body, Healthy Mind 2

YEAR 9

- Our Community, Peer Pressure (RSE)
- My Future 2 - Education, Training & Employment
- Peer Influence on Relationships (RSE)
- Online Safety & Intimate Relationships (RSE)
- Diversity, Citizenship & Social Action
- Healthy Relationship: Be Kind (RSE)
- Physical & Emotional Wellbeing (RSE)
- PSHCE Project
- Puberty & Hygiene

YEAR 8

- Transition: My New School
- Friendships, Bullying & Diversity
- Making healthy choices
- My Future - Wider World

Enrichment Calendar

Summer Term

- RSE Day
- Mental Health Awareness Week

Spring Term

- International Women's Day
- Safer Internet Day
- Big Talk (RSE) Y9

Autumn Term

- SBS Talks Racism

PSHCE & RSE at SB enables our students to feel empowered, and become confident and safe citizens of the 21st Century.