PE LEARNING JOURNEY

In Physical Education students will acquire skills in a range of sports. Students will revisit sports each year to refine and develop these skills and apply them in competitive situations.
All students will participate in core PE during KS4 where the focus is on applying tactics and strategy as well as exploring different sports to promote lifelong physical activity.

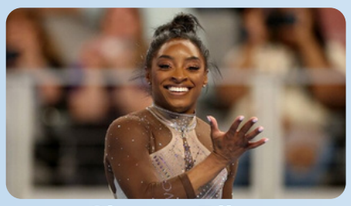
A Level PE

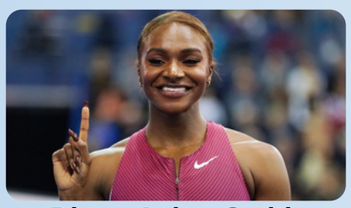
Applied qualifications in sport/leisure

Technical/vocational qualifications in sport/leisure

SARAH BONNELL SCHOOL

Enrichment Calendar


Simone Biles


Diana-Asher Smith


Paige Bueckers


Emma Radukanu

YEAR 11

Striking & Fielding games

Trampolining

Fitness

Athletics

Striking and Fielding Games

Invasion Games

Alternative Sports

Interform competitions

Key foci:
Tactics, teamwork and communication

Net/Wall Games

Invasion Games

YEAR 10

Net/Wall Sports

Netball

Alternative Sports

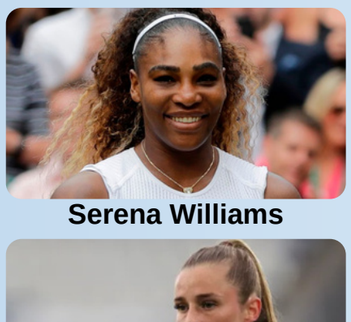
Trampolining

Athletics

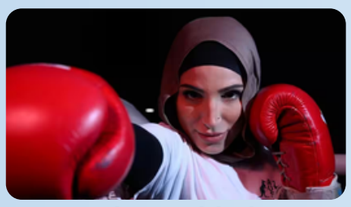
Striking and Fielding games

Key foci:
Creative variations of skills/learning

At the end of Year 9, students will either opt to take GCSE PE or will continue with core PE.


Serena Williams


Ella Toone


Tina Rahimi


Sha-Carri Richardson

Striking and Fielding games

Athletics

Climbing

Badminton

Trampolining

Netball

Fitness

Key foci:
Application of skills/learning

YEAR 9

Handball

Athletics

Striking and Fielding games

Trampolining

Climbing

Badminton

Key foci:
Solidifying skills/learning

Gymnastics

Netball

YEAR 8

Striking and Fielding Games

Athletics

Dance

Transition project

Mastery Netball

Trampolining

Football

Climbing

YEAR 7

At Sarah Bonnell, we have a Greenhouse Sports Tennis programme where students are offered the chance to particpate in the tennis programme. Students are selected as an option for P.E. but are also able to attend extra curricular clubs. There are enrichment trips, fixtures and tennis during the school holidays.

greenhouse sports

Weekly Enrichment Sessions

Autumn/Winter				Spring/Summer		
Netball	Badminton	Trampolining	Dance	Rounders	Athletics	Tennis
Football	Climbing	Fitness	Tennis	Cricket		

Summer Term

- Sports Day
- Sports Week
- Competitions against other schools in athletics, rounders, cricket, tennis

Spring Term

- Fixtures against other schools in Netball, Football, Alternative sports, Tennis

Autumn Term

- Fixtures against other schools in Netball, Indoor Athletics, Football, Badminton & Tennis
- KS4 interform competitions
- 'This Girl Can'
- Autumn clubs in a range of sports