

#SBonnellWeekly

Our Vision - Our Team - Our Voice

18 NOVEMBER 2024

ISSUES #4



SARAH BONNELL
SCHOOL

BLACK HISTORY MONTH EVENT

Our Black History Month evening celebration took place on 6 November 2024. It was a tremendous success! The evening centred around the theme 'Reclaiming Narratives' and our talented students showcased their creativity through captivating storytelling, stunning art, engaging drama, and powerful music. It was wonderful to bring the community together for such a meaningful celebration.

"As a black girl, I felt it was important to share my beliefs and opinions about Black History Month, as it's a significant and crucial event to celebrate."

-Year 11 student, BHM event presenter

"It's important to celebrate and for everyone to feel included in the school community."

-Year 7 student, BHM event guest

"At Sarah Bonnell we have designed a curriculum that represents, reflects and recognises black history all year round but events like this are so important because they shine a light on the brilliance of our students and bring our school together."

-Rae Potter - Headteacher



ABSENCE FROM SCHOOL

If your daughter is absent, please inform the school by phone on the first morning and each subsequent day of her absence. Upon her return, she should bring proof of absence to her tutor, even if you've left a message. Accepted evidence includes medical letters, GP appointment cards, prescriptions, or prescribed medication.

If you don't notify us of her absence, you'll receive a notification via the GO4schools app. Use our dedicated absence line at 020 8534 6791 (option 1) to leave your daughter's full name, tutor group, and a specific reason for her absence (e.g., tonsillitis, chickenpox). Absences reported without a clear reason or after 5 days will not be authorised.

SHOULD I KEEP MY CHILD OFF SCHOOL?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfoc>.

WELL DONE TO YEAR 7
FOR BEING ABOVE 95%
FOR THE FIRST HALF TERM

ATTENDANCE MATTERS @ SARAH BONNELL

Good Attendance at Sarah Bonnell means...
Being in school at least 97% of the time or no less than 184 days out of 190
(missing no more than 2 days a term)

Attendance Autumn Half Term One		Number of students with attendance over 97%
Whole School Attendance	94.28	591
Year 7	95.64	152
Year 8	93.88	148
Year 9	94.34	126
Year 10	93.96	142
Year 11	93.84	123

GO4SCHOOLS

We use Go4Schools, a web-based system, to share information with parents and carers about student attendance, behaviour and progress. We also send our newsletter and other communications directly to your GO4schools inbox to help you keep up to date.

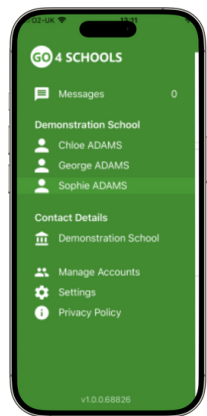
The Go4Schools website can be found here: <https://www.go4schools.com/>

- Logging In**
- In order to access to the parent homepage, please follow these steps:
- Go to the website at www.go4schools.com
 - Click on the "Login" button at the top right, then select "Parents login".

- If you have not logged on to Go4Schools before:**
- Click on the "First-time User?" link.
 - Enter the email address that you provided to the school when you completed the registration documents for your child. A link to set your password will be sent to this email address.

You can then download the GO4Schools App which can be found here

If you have not yet provided the school with an email address, or need to change your email address, please contact the school office.



SEND NEWS - INCLUSION FOR ALL STUDENTS

PARENT WORKSHOPS. MEET THE SENDCO AND INCLUSION TEAM

Wednesday 4th December 9:00am -10am and then again at 3:00pm- 4:00pm.
If you are interested please email: charlie.dilger@sarahbonnell.ncltrust.net.

NEWHAM PARENT CARER FORUM SURVEY

SEND Newham has a survey for parents and carers. Your opinion matters and Newham SEND would like to know what you think is needed in the borough.
Please see attached link: [Newham Parent Carer Forum Survey](#)

ZONES OF REGULATION

Zones of Regulation helps children understand and manage their emotions using four colour-coded zones: Blue (feeling low or sad), Green (calm and focused), Yellow (slightly stressed or anxious), and Red (out of control).

Parent Tip: If your child is in the Yellow Zone, suggest they take a deep breath or go for a quick walk to help them feel more in control. Practice checking in with your child's zone throughout the day and encourage them to use coping strategies when needed. This helps build their emotional awareness and self-regulation skills."

If you would like to know more contact the team at charlie.dilger@sarahbonnell.ncltrust.net



*Charlie Dilger
Assistant Headteacher & SENDCo*

To be used with The Zones of Regulation™ curriculum
Reproducible E

The ZONES of Regulation™

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Relaxed	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control

