



ROKEBY RECORDER

DARE TO BE THE BEST



Issue 22 Autumn Term 2026

**Save The Date
Upcoming Events
for the Autumn Term**

Dare to Be the Best Award Winners



**19th - 30th October
2026**

Half Term Holiday
(2 weeks)

5th November 2026

Year 9 Parents Evening

13th November 2026

School Photo Day

20th November 2026

NCL Staff Learning Day
(school closed to
students)

18th December 2026

Last Day of term

A full list of [term dates](#)
and [events](#) can be
found on our website.



Dare to Be the Best Award Week 6



YEAR 7 MARTIN SSENKONJO



YEAR 8 ARCHIE HUNT



YEAR 9 ARSENIJS KRIVENKO



YEAR 10 ROY PHILLIP



YEAR 11 LENNY HOLLAND

Each week, our school has the privilege of recognising outstanding students from Years 7-11 through our Dare to Be the Best Award. This prestigious award celebrates students who truly embody our school values and distinguish themselves through acts of kindness, compassion, respect, resilience and selflessness.

Respect

Success

Passion for Learning

Personal Challenge

Harmony

Celebrating Excellence: Rokeby Students Shine for Jack Petchey Awards



Rokeby School proudly celebrated the achievements of our exceptional students following the Jack Petchey Foundation Achievement, Leader, and Environmental Awards Presentation Event for Newham Schools & Clubs, which took place on **Thursday, 8th October 2026** at **Cineworld O2**. Those receiving the awards were:

Bashi A - the award for **Passion for Learning** and spent the money on a professional content creation and filming kit (mics, tripod, a ND filter and a lens) for the Student Council.
Mujtaba M - the award for **Respect** and spent the money on a camera for the creative team.
Yusuf M - the award for **Success** and spent the money on a camera and SD Card for student council.
Mohammed I C - won the award for **Harmony** and spent the money on senior prefects jackets.
Nobel T - won the award for **Personal Challenge** and spent the money on lunchtime club sports equipment.

The **Jack Petchey Achievement Award** is a flagship recognition scheme across London and Essex that honors outstanding young people aged 11 to 25 and provides grant funding for them to invest back into their schools and youth organisations. Each winner receives £300 to spend on a department, club or initiative in Rokeby School. Living up to the spirit of the foundation, our award winners played a hands-on role in choosing how to spend the grant to directly benefit young people across the wider school community.

At Rokeby School, students are nominated every month based on our core school values: **Respect, Success, Passion For Learning, Personal Challenge, and Harmony**. Congratulations once again to all our incredible students for their outstanding contributions to the school community and their continued, unwavering desire to “Dare To Be The Best”.

Ms Bailey-Clouston, Assistant Headteacher

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Celebrating Success on Sparx Reader

Sparx Reader is an online reading platform that helps students to practise reading regularly, to set them up for success at secondary school and in life beyond. Below we celebrate those students who have accumulated the highest number of Sparx Reader points last month. Well done to those students listed below and keep reading

Ms Cates, Second in Charge in English



Excellence in English: September



Well done to the following **Rokeby** students for earning the highest number of Sparx Reader points in their year group last month!





Year 7:
Ben Aissa Khane - 3492 SRP

 Year 8:
Raphael Azubuike - 8479 SRP

 Year 9:
Muhammad Ayman Makhdumi - 3459 SRP

Year 10:
Alan Boguslawski - 2628 SRP

 Year 11:
George Clifford - 2689 SRP





	 Rokeby PE Clubs 		
	Morning 7.30-8.30 am	Lunch 1.30-2pm	After School 3.15-4.15pm
Monday	Basketball coach K	Table Tennis Greenhouse	Table Tennis Greenhouse all ages Mr Mckenzie to 4.45 pm
Tuesday	Table Tennis Greenhouse sportshall		Table Tennis Greenhouse all ages Mr Mckenzie to 4.45 pm sportshall Basketball coach K sportshall all ages
Wednesday	Basketball coach K Table Tennis Greenhouse	Table Tennis Greenhouse	Football year 10 Astro - Mr Sheriyar Table Tennis Greenhouse all ages Mr Mckenzie to 4.45 pm Football year 9 Astro - Mr Seidu Futsal - open to all 4.15pm onwards invite only
Thursday	Basketball coach K	Gym Mrs Bland	Table Tennis Greenhouse all ages Mr Mckenzie to 4.45 pm
Friday	Basketball coach K	Table Tennis Greenhouse	Football year 7, 8 Astro - Mr Sheriyar
Saturday	Basketball coach K 10.30-12.30 must sign up to attend Football, Years 7, 8 & 9 - Saturdays, 10.00 to 11.30am must sign up to attend Football, Years 10 & 11 - Saturdays, 11.30am to 1.00pm must sign up to attend Badminton, Years 7 to 11 - Saturdays, 10.00am to 12.00pm (only 18 places) must sign up to attend		

New Menus from Innovate

WEEK 1

Week Commencing:
09/11/26, 30/11/26, 21/12/26, 11/01/27, 01/02/27, 22/02/27, 15/03/27,
05/04/27

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY Beef Chilli Con Carne with Nacho Crumb, Mixed Rice & Sweetcorn
TUESDAY Sticky Bang Bang Chicken with Rice & Garlic Green Beans
WEDNESDAY Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy
THURSDAY Creamy Chicken, Spinach & Pesto Pasta Bake with House Salad
FRIDAY Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY Mixed Bean Chilli with Nacho Crumb, Mixed Rice & Sweetcorn (VE)
TUESDAY Sticky Plant Based Bang Bang Pieces with Rice & Garlic Green Beans (VE)
WEDNESDAY Vegetable 'Squashage' Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Arrabiata 'Veggieball' Bake with House Salad (V)
FRIDAY Smashed Veggie Burger with Iceberg Lettuce & Perinase Sauce (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vanilla Sponge & Custard	Chocolate & Orange Brownie	Biscoff Swirl Sponge	Oaty Apple Crumble	Fruity Fridge Cake

Whole Fruit, Fruit Pots and Jelly Pots Available Daily

**FRESHLY PREPARED
SALAD BAR
Available Daily**

**JACKET POTATOES
Choose 2 Toppings: Cheese,
Tuna or Beans Available Daily**

Innovate



**MADE
YOUR
WAY!**

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Roasted Butternut, Sweetcorn & Chipotle Pasta (VE)	Maple & Chilli Cauliflower Wings with Cajun Wedges (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Pasta in Cheese Sauce	Tomato & Basil Pasta	Creamy Pesto Pasta

WEEK 2

Week Commencing:
26/10/26, 16/11/26, 07/12/26, 28/12/26, 18/01/27, 08/02/27, 01/03/27, 22/03/27

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY Halal Chicken Sausage (Beef Casing) & Mashed Potatoes with Onion Gravy
TUESDAY Beef Lasagna with Homemade Garlic Bread & Garden Peas
WEDNESDAY Sweet Chilli Chicken Kofta with Lemon & Herb Roasted Potatoes, Seasonal Veg or Salad
THURSDAY Chicken & Chickpea Korma with Carrot Rice & Spiced Roast Cauliflower
FRIDAY Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)
TUESDAY Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)
WEDNESDAY Greek Style Quorn Fillet with Lemon & Herb Roasted Potatoes, Seasonal Veg or Salad
THURSDAY Cauliflower & Chickpea Korma with Carrot Rice & Spiced Roast Cauliflower (VE)
FRIDAY Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffle Berry Pudding	Apple & Cinnamon Pie	Lemon Sponge & Custard	Baked Churros with Chocolate Sauce	Fruity Fridge Cake

Whole Fruit, Fruit Pots and Jelly Pots Available Daily

**FRESHLY PREPARED
SALAD BAR
Available Daily**

**JACKET POTATOES
Choose 2 Toppings: Cheese,
Tuna or Beans Available Daily**

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TOP IT!**

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NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Garlic and Chilli Noodles (VE)	Singapore Fried Rice (VE)	Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE)	The Big Plant Burger (VE)	Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Pasta in Cheese Sauce	Tomato & Basil Pasta	Creamy Pesto Pasta

Respect

Success

Passion for Learning

Personal Challenge

Harmony

New Menus from Innovate (continued)

WEEK 3

Week Commencing;
02/11/26, 23/11/26, 14/12/26, 04/01/27, 25/01/27, 15/02/27, 08/03/27, 29/03/27,
19/04/27

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY
Beef & Lentil Bolognese with Pasta & House Salad
TUESDAY
BBQ Chicken with Salt 'n' Pepper Wedges & Spicy Slaw
WEDNESDAY
Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy
THURSDAY
Chipotle Chicken with Spicy Rice & Toasted Corn Salsa
FRIDAY
Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY
Smashed Butternut Squash Pasta Bake with House Salad (V)
TUESDAY
Chipotle Quorn Dippers with Salt 'n' Pepper Wedges & Spicy Slaw (V)
WEDNESDAY
Roasted Vegetable & Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY
BBQ Plant Based Pieces with Spicy Rice & Toasted Corn Salsa (VE)
FRIDAY
Korean BBQ Bean Burger with Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Brookie Bar	Toasted Coconut & Jam Sponge	Mixed Berry & Apple Crumble	Hot Chocolate Rocky Road & Custard

Whole Fruit, Fruit Pots and Jelly Pots Available Daily

FRESHLY PREPARED SALAD BAR
Available Daily

JACKET POTATOES
Choose 2 Toppings: Cheese, Tuna or Beans Available Daily

street VIBES

MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

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Choose a base, add protein, and top it your way!

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NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Pesto Pasta with Roasted Tomatoes (VE)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chili Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Pasta in Cheese Sauce	Tomato & Basil Pasta	Creamy Pesto Pasta

NB: There is a link to this menu on the back page of the Rokeby Recorder and the school website.



Trust Newsletter

Issue 20 | October 2026















FamilyFirst netmums

Here's your free copy of the UK's
largest parenting title - Enjoy!

[Click Here](#)



Read the [NCL newsletter](#) here.

Respect Success Passion for Learning Personal Challenge Harmony

Information for Parents/Carers

NEWHAM SPORTS CLUB
SATURDAY SPORTS



FREE BADMINTON

SATURDAYS **YEARS 7 - 11**



ROKEBY & EASTLEA STUDENTS
ONLY 18 PLACES
INDOOR TRAINERS
RACKETS PROVIDED

BOOK YOUR PLACE
10.00AM - 12.00PM

12 SATURDAYS - FROM 12 SEPTEMBER 2026
ROKEBY SCHOOL · BARKING ROAD · LONDON E16 4DD
FULLY FUNDED BY ROKEBY SCHOOL

NEWHAM SPORTS CLUB
SATURDAY SPORTS



FREE FOOTBALL

SATURDAYS **ROKEBY & EASTLEA STUDENTS**




YEARS 7 - 8 - 9
10.00 - 11.30AM

YEARS 10 & 11
11.30AM - 1.00PM

13 SATURDAYS · 5 SEPTEMBER - 12 DECEMBER 2026
ROKEBY SCHOOL · BARKING ROAD · LONDON E16 4DD
FULLY FUNDED BY ROKEBY SCHOOL



We welcome children of all abilities, aged 4-12. Join WMF and help your child develop their football skills and confidence. [\[Book now\]](#)
Get involved and help grow the WMF Newham community. We look forward to seeing you on the pitch!

Develop your knowledge of sustainability, urban nature & social action.

Deliver your own workshop at a Cody Dock community event.

Grow your skills & build experience

Meet like minded people.

Achieve an AQA award.

- * 10 week programme
- * February-April 2027
- * For young people in Newham & Tower Hamlets

Apply to be an eco-changemaker!

Are you aged between 16-25 & want to make a difference?

eco

Changemakers

Application deadline: 13th December 2026

2027

CODY DOCK
Charity no. 1141523

Cody Wild Youth

COMMUNITY FUND

[Apply here](#)

esme@codydock.org.uk



Respect

Success

Passion for Learning

Personal Challenge

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Information for Parents/Carers



ILFORD COUNTY HIGH SCHOOL
SIXTH FORM OPEN EVENING

WORLD CLASS
 SCHOLARS | LEADERS | INNOVATORS
Exceptional Potential • Extraordinary Futures

Wednesday 11 November 3:30pm - 7:00pm

Discover Your Future at ICHS Sixth Form

 OUTSTANDING ACADEMIC EXCELLENCE A tradition of exceptional A level outcomes & university destinations.	 EXCEPTIONAL SUPPORT Expert teaching, personalised guidance, & a strong pastoral network.	 LEADERSHIP & ENRICHMENT A wide range of opportunities to develop confidence & skills.	 FUTURE PATHWAYS Specialist advice for university, apprenticeships, careers & competitive applications.
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ON THE EVENING YOU CAN

 MEET OUR STUDENTS	 EXPLORE OUR SUBJECTS	 TOUR OUR FACILITIES	 HEAR FROM OUR STAFF
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SCAN HERE TO REGISTER NOW

www.ichs.org.uk



South Bank University Academy 6th
 Part of LSBU | GROUP

YOUR FUTURE. YOUR SIXTH FORM

A-Levels | BTECs | T-Levels

SBUA OPEN EVENINGS

THURSDAY 15 OCTOBER 2026
THURSDAY 19 NOVEMBER 2026
THURSDAY 4 FEBRUARY 2027

SOUTH BANK UNIVERSITY ACADEMY
 Trafalgar Street, SE17 2TP

4:30pm - 6:30pm

COME ALONG AND:

- Meet your future teachers
- Tour the sixth form and facilities
- Speak to current students
- Find out about university, apprenticeships & careers
- Get advice on your next steps

For more information, you can visit our website at southbankua.org.uk or email office@sbua.ac.uk



Interested in becoming a teacher?

Apply now

Train to teach in one of our secondary schools

NEWHAM COMMUNITY SCITT

Email: traintoteach@ncltrust.net

Visit: www.ncltrust.net/train-to-teach

Eastlea **Latimer** **R** **SARAH BURNELL** **Teach First** Training Partner





KIDS EAT FREE (OR FOR £1) OCTOBER HALF TERM 2026

moneysavingcentral.co.uk/kids-eat-free



ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

ASDA

Kids eat for £1 daily, with no adult spend

ASK ITALIAN

Kids Eat Free October 9th - 31st via Perks App

BELLA ITALIA

Children eat for £1 with any adult main

BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with 1 paying adult

BILLS

Kids Eat Free Monday 26th – Friday 30th October

BREWDOG

Kids eat free this Oct with **KIDS EAT FREE** bookings

CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week

CHIQUITO

Kids eat FREE during all school holidays

DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

FARMHOUSE INNS

2 Kids eat free during the October Half Term

FLAMING GRILL

1 Kid eats free weekdays this October half term

FRANKIE & BENNY'S

Kids eat FREE during school holidays

FUTURE INNS

Under 5s eat for free with any adult meal

GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

HARVESTER

Kids eat for £1 until November 1st 2026 via App

HUNGRY HORSE

2 Kids eat for £1 this October Half Term

IKEA

Kids get a meal from 95p daily from 11am

LAS IGUANAS

Kids eat FREE with 'My Las Iguanas' App

MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

MARSTON PUBS

Kids eat for £1 during the October half term

MORRISONS

Kids Eat FREE all day, every day with a £5 spend

PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day

PREMIER INN

2 kids eat for free with 1 adult breakfast

PRETO

Kids up to age 10 eat free with 1 paying adult

PUREZZA

Kids under 10 get free pizza with every adult meal

SA BRAINS PUBS

Kids eat for £1 on Wednesdays

SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

TESCO

Kids Eat free weekdays with an adult purchase

TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

TRAVELODGE

2 kids eat for free with 1 adult breakfast

TURTLE BAY

Kids eat free with a £15 adult spend via app

VILLAGE HOTELS

Kids eat free via the village app

WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

YO! SUSHI

Kids eat free all day (weekdays) in school holidays

ZIZZI

Kids eat free weekdays in school holidays

Copyright of MONEY SAVING CENTRAL

INFORMATION FOR FAMILIES

Term dates and calendar

A reminder that our term dates and calendar, which includes all key dates for the year can be found on our [website](#).

Term dates for 2026-27

Autumn Term	
Autumn Term 1	Wednesday, 2nd September 2026 to Friday, 16th October 2026
Half Term Holiday	Monday 19th October 2026 to Friday 30th October 2026
Autumn Term 2	Monday, 2nd November 2026 to Friday, 18th December 2026
Additional Closures	Tuesday, 1st September 2026: School Staff Learning Day Friday, 20th November 2026: NCL Training Day
Spring Term	
Spring Term 1	Monday, 4th January 2027 to Friday 12th February 2027
Half Term Holiday	Monday 15th February 2027 to Friday, 19th February 2027
Spring Term 2	Monday, 22nd February 2027 to Thursday, 25th March 2027
Summer Term	
Summer Term 1	Monday, 12th April 2027 to Friday, 28th May 2027
Half Term Holiday	Monday, 31st May 2027 to Friday, 4th June 2027
Summer Term 2	Monday, 7th June 2027 to Friday, 16th July 2027
Additional Closures	3rd May 2027: May Day Bank Holiday

FREE BREAKFAST CLUB

Breakfast Club runs from 7.30am to 8.30am and students wishing to attend Breakfast Club should arrive via the Main Gate entrance.



GENERAL SCHOOL LINKS:

[Term Dates 2026-27](#)



LUNCH MENU



Innovate

Innovate Menu [Autumn/Winter 2026](#)



FASHION STOP
SCHOOLWEAR

You may like to know that the school's uniform supplier, Fashion Shop, now has a website where you can order uniform. Here is the [link](#) to the website.

PARENTING SUPPORT & RESOURCES

[Mental health support: adults](#)

[Mental health support: children & young people](#) [Free Money Management Courses for Adults](#)

[Support for those struggling financially](#)

[Support for those worried about winter fuel costs](#) [Community Health Champions:](#)

[Help](#) [With](#) [Money](#) [NHS](#) [Talking](#) [Therapies](#)

[Well Newham Directory of Services](#)

[Newham](#) [Parenting](#) [Programmes](#)

[Moving Up: Support for parents of children moving up to a new school](#)

[NEW Best Start in Life Parent Hub Website](#)

['What I wish my parents or carers knew ...': A guide for parents and carers on managing children's digital lives](#)