



ROKEBY RECORDER

DARE TO BE THE BEST

Summer Term - Rokeby Recorder Issue 12

The Rokeby Science Fair

The Rokeby Science Fair, held on Tuesday 14th April, was a truly inspiring celebration of curiosity, creativity, and innovation. Our students participated with remarkable enthusiasm, demonstrating not only their scientific knowledge but also their confidence and originality. The event showcased an impressive array of projects, each reflecting the dedication and hard work invested by our pupils. Among the many highlights, Saud from 9K captivated the audience with an AI software application he had independently developed, leaving visitors genuinely impressed by both its sophistication and potential. David (8Y) drew considerable attention with his ingenious tornado machine, while Calvin (11Z) demonstrated exceptional ingenuity through his LUX Robot, capable of charging mobile phones using solar energy. Equally commendable were the thoughtful and engaging presentations by Roy (9Y), Kyle (8Y), and Yusuf (7R), whose projects further exemplified the breadth of talent within our school.

The atmosphere throughout the fair was one of excitement and pride, with teachers and parents alike expressing genuine admiration for the students' achievements. It was particularly heartening to see pupils articulating complex ideas with such clarity and confidence. The event not only highlighted Rokeby's strong commitment to academic excellence, but also its dedication to nurturing innovation, independence, and a lifelong love of learning. Visitors left thoroughly impressed, and the Science Fair stood as a powerful reflection of the vibrant, forward-thinking community we are proud to foster at Rokeby.

Mr Aziz

Respect, Success, Passion for Learning, Personal Challenge & Harmony

The Rokeby Science Fair



Trip to France

On the 25th and 26th of March, a group of Year 9 and 10 students travelled to Lille for an exciting residential visit, accompanied by four members of staff. The trip provided a valuable cultural experience, allowing students to immerse themselves in French life and education.

During their stay, students had the opportunity to visit Collège Guy Mollet, where they interacted with their French peers and gained first-hand insight into a typical school day in France. This exchange helped build confidence, communication skills, and cultural awareness.

In addition to their school visit, students explored the vibrant city centre of Lille, where they enjoyed sightseeing and had the chance to purchase souvenirs.

Students shared very positive reflections on their experience:

Shlok said, “I liked the interaction with French students. It was a great experience.”

Amjad commented, “I loved the French pastries. They are so yummy!”

Naheedjahan shared, “It was great to experience how a French school is set up. I loved the interaction with everyone there.”

Overall, the trip was a memorable and enriching experience for all involved, offering both educational and cultural benefits.

Mr Smith





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Comfort Charity Foundation

comfortnewham@hotmail.co.uk

Reg. Charity No. 1208698

www.comfortfoundation.net

Services for the Homeless & People in need in the Community:

4. Food & drinks incl. hot meals
5. Clothing
6. Advice & Counselling:
Help with finding shelter
Help with your health, etc.

Time:

Tuesday 5pm – 7pm

Wednesday 6pm - 8pm

Friday 11am - 2pm

Venue:

South Hall, Memorial Community Church,
395 Barking Rd, Plaistow, London E13 8AL

Sponsors





PARENT INFORMATION MORNINGS SUMMER 2025-26

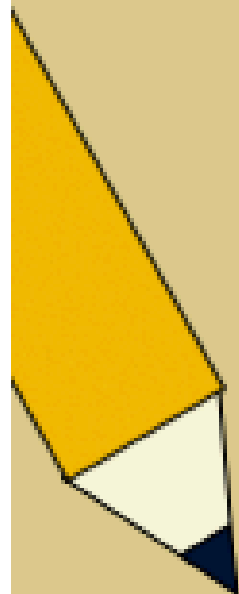
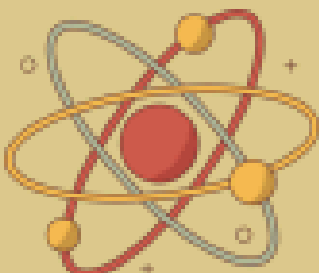
**Wellbeing at Rokeby (Mr Hussain)
Monday 27th April 2026 at 10am**

**Supporting your child with reading at home (Ms Charles)
Thursday 30th April 2026 at 10am**

**Year 11 exam supporting (Mr Uddin)
Thursday 7th May 2026 at 10am**

**RSHE consultation update (Ms Bailey)
Thursday 9th July 2026 at 10am**

Scan here to attend



Poetry

Glowing Jade by Ayan 7R

Bright jade,
The one who came,
Unknown,
Never tame.

Mysterious colour,
Emerald's mother,
Glowing jade,
Dark horse in fame,
May others know your name.

I can foresee,
Your glory,
Land of the green,
Power you heed
With no one to need.



Poetry

More than you think by Anxhelo 7R

What do you think,
A child is not to be micked,
They know more than you think,
With a mind on the brink,
Of genius to bring,

Adults know less then to judge,
But the child's mind brilliant,
More brilliant than they nudge,
Trillion's of fool's to have rigged,

Creativity is supreme,
Their small brains have no wigs,
Only truth unfolded,
For their story was not told yet,



Attention Year 11 Students:

Ms Bailey-Clouston's Weekly Revision Tips: With GCSEs coming up, each department will share a simple, proven technique every week. Try them out, find what works for you and keep practicing.



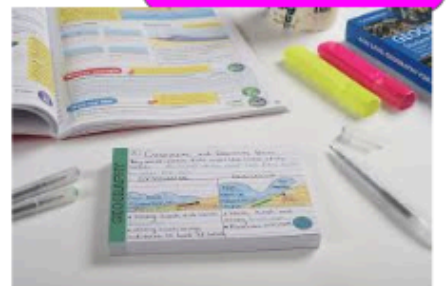
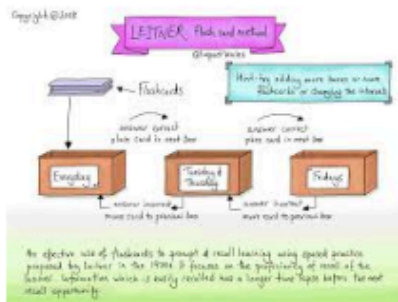
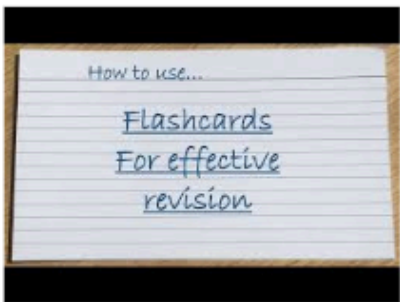
REVISION COACHING

Our teachers are going to help you revise better.

Each week all year 11s will be practising one technique in all their subjects.

You need to attempt each technique in your subject.

This week:
We will be practising
flash cards



Respect - Success - Passion for Learning - Personal Challenge – Harmony



Affordable Food Club

Are you looking for ways to stretch your budget while supporting your community? Our foodbank club offers high-quality groceries.

Up to 20 Items for just £5

Time: 10:30 am -12:30pm



Thursday foodbank: St Luke Community Centre, 85, Taring Rd, Canning Town, E16 1HN
Friday Foodclub: 395, Barking Road E13 8AL opposite the Plaistow Police station

Make the Most of Your Money and Fight Food Insecurity Together
Register with us to become a member.
£5.00 registration yearly

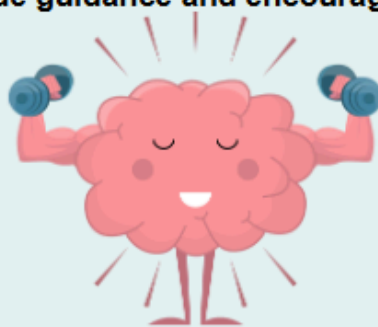
Contact: 07861647346
For more information or to register: email:info@ourcommunitycares.co.uk
Join Food Club: www.ourcommunitycares.co.uk



Wellbeing

Regardless of the stigma, causes of mental health and age, it's crucial to understand that seeking help and support is a sign of strength.

Fortunately, there are numerous resources and communities ready to provide guidance and encouragement.



UK safer Internet Centre

- Designed specifically to help children and young people stay safe online
- Covers topics like screen time, cyberbullying, and reporting harmful content
- Used widely by UK schools and linked to Safer Internet Day





Mr Milki



[Online issues](#) [Guides and resources](#) [Training and events](#) [Safer Internet Day](#) [Blog](#) [Research](#) [About](#)



Helping children and young people stay safe online

-  **Professionals Online Safety Helpline**
Support for professionals working with children >
-  **Hotline**
Report online child sexual abuse images or videos >
-  **Report Harmful Content**
Reviewing reports of harmful content online >
-  **Revenge Porn Helpline**
Supporting adults who are experiencing intimate image abuse >

NCL Trust Newsletter



**NEWHAM
COMMUNITY
LEARNING**

Local Schools | Global Vision

Issue 17 | February 2026

Trust Newsletter



Rokeby School Lunch Menu

WEEK 1

Week Commencing;

13/04/26 04/05/26 25/05/26 15/06/26 06/07/26 27/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Asian Vegetable, Soya Bean & Noodle Stir-fry (V)

TUESDAY

Bang Bang Chicken with Soy & Mixed Rice

WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Chicken Tikka & Chickpea Masala, Braised Rice & Kachumber Salad

FRIDAY

Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Plant Based Bolognese with Pasta & House Salad (V)

TUESDAY

Bang Bang Eat Curious with Soy & Mixed Rice (V)

WEDNESDAY

Vegetable 'Squashage' Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Cauliflower, Courgette & Chickpea Rosti with Braised Rice, Kachumber Salad & Minted Yoghurt Dressing (V)

FRIDAY

Vegan Chickpea & Coriander Burger with Fries (VE)

DESSERTS

MONDAY

Spiced Pineapple Cake

TUESDAY

Chocolate & Banana Brownie

WEDNESDAY

Sticky Ginger Cake

THURSDAY

Oaty Apple Crumble

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Rokeby School Lunch Menu

WEEK 2

Week Commencing;

20/4/26 11/05/26 01/06/26 22/06/26 13/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Vegan Sausage & Mashed Potatoes with Onion Gravy (VE)

TUESDAY

Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad

WEDNESDAY

Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Sweet & Sour Chicken with Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)

TUESDAY

Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)

WEDNESDAY

Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)

FRIDAY

Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY

Chocolate Sponge with Chocolate Sauce

TUESDAY

Pear & Apple Orchard Crumble

WEDNESDAY

Cocoa Bread & Butter Pudding

THURSDAY

Jam & Coconut Sponge

FRIDAY

Apple Traybake

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Rokeby School Lunch Menu

WEEK 3

Week Commencing;

27/04/26 18/05/26 08/06/26 29/06/26 20/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Smokey Bean & Vegetable Pasta Bake (V)

TUESDAY

BBQ Chicken with Salt 'n' Pepper Wedges,
Asian Slaw & Garden Peas

WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp
Roasties, Seasonal Vegetables & Roast
House Gravy

THURSDAY

Fragrant Lemon & Herb Chicken with Spicy
Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake &
Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

No Waste Cauliflower Cheese Pasta Bake
(V)

TUESDAY

Chipotle Quorn Dippers with Salt 'n'
Pepper Wedges, Asian Slaw & Garden
Peas (V)

WEDNESDAY

Roasted Vegetable & Chickpea Pastry
Roll with Crisp Roasties, Seasonal
Vegetables & Roast House Gravy (V)

THURSDAY

Hot Maple & Cajun Quorn Fillet with Spicy
Rice (V)

FRIDAY

Crispy Chickpea & Vegetable Pakora
Burger with Mango Slaw, Chips & Peas
(V)

DESSERTS

MONDAY

Sticky Lemon
Sponge

TUESDAY

Mixed Berry &
Apple
Crumble

WEDNESDAY

Chocolate & Whole
Banana Puff Pastry
Pinwheel

THURSDAY

Nut Free
Bakewell Sponge

FRIDAY

Hot Chocolate
Rocky Road &
Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily