



ROKEBY RECORDER

DARE TO BE THE BEST

Spring Term - Rokeby Recorder Issue 8

Rokeby is celebrating Diversity Month



At Rokeby School we are proud to be celebrating diversity and equality. This is in line with our school values; 'harmony' and 'respect'. Students will be involved in a wide range of activities that are both engaging and enriching.



Respect, Success, Passion for Learning, Personal Challenge & Harmony

Rokeby is celebrating Diversity Month

Date	Activity
Monday 23rd January 2026	P4C (Disabilities) Y8 Talk 2 Learn debate on the motion 'protest only divides people'.
All month	Thoughts of the week
All month	Screensaver- Created by the Student Equalities Group
Wb 26th January 2025	Assemblies- Diversity and School Values
All month (AU)	CEIAG resources
Curriculum	
Whole month (Computer science)	Year 7: Celebrate women in computing. Interesting link between Ada Lovelace and Mary Shelly (Frankenstein)
Whole month (MCFL)	Migration, Race and language (French and Spanish)
Whole month (Science)	Genes and inheritance
Whole month (PE)	Inclusion sports: Theory lessons- starter with a quiz based on athletes who fit the protected
Whole month (English)	Literature that explores feeling like an 'outsider' (identity)
Whole month (Maths)	Using data from the census to understand how diverse a community we live in (using statistical investigations)
Whole month (History)	Civil rights and Black Panthers in USA First World War and the experience of Indian soldiers
Whole month (RE)	Human relationships (including types of relationships and the law)
Whole month (Sociology)	Family diversity and social stratification Year 10 and Year 11 Q and A session with Rights and Equalities in Newham
Whole month (Food Technology)	Foods to eat/ avoid during pregnancy
Whole month (Geography)	Experience of women across the globe/ Gender equality
Whole month (DT)	Designers and artists from across the globe including a globe design project (bringing communities together)
Whole month (Art)	Artists from different parts of the world that students can relate to are included in the curriculum. Year 11 and 10 are selecting artists of their choice from their

Kurling Competition

On Tuesday, 3rd February, some of our students were competing in an annual Kurling competition hosted in our school. Two Rokeby teams participated, one team from year 7 and another from year 8. We competed against 3 other schools including Sarah Barnell, Oasis Purple, and St Bonds. After a rough start our year 8 team lost three games and won one. Charged up, M Daoudi stood up and gave his team a passionate talk. Now with raised spirits, the team made a comeback and won every match after. Finishing with three losses and three wins.

Our uninitiated year 7's got better and better with each game they played. Mohammed Theophane with great accuracy and Redwan Qureshi on strategy.

After tallying the scores, both Rokeby teams qualified for the semi-finals. Our year 7 team progressed into the final and after multiple rounds of tiebreakers, the year 7's brought a silver home to Rokeby.

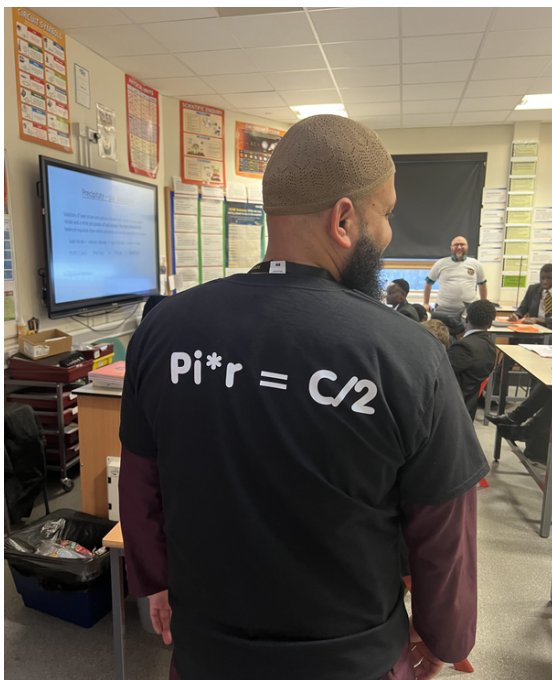
Ms Martin, Inclusion team



Number Day at Rokeby

On Friday 6th February students and staff at Rokeby took part in Number day. Students had to complete Maths questions and then look for teachers with the correct answer on their T shirts. Students and staff made donations for Save the Children. One year student commented: “ Number Day is always fun, it’s not always easy to find the right answer but I like the challenge.”

Mr Uddin



Livery Climate Conference – 26 January 2026

Three students, Safwan Alam, Subhan Asim, and Niv Md Islam, represented Rokeby at the Livery Climate Conference held at Merchant Taylors' Hall, London. The theme of the conference was "Are We Prepared?"

The conference explored key challenges to a sustainable future, including financial risks, the impact of extreme weather on infrastructure, the resilience of buildings, and the need for retrofitting. Several schools displayed climate action boards, highlighting student-led research and initiatives.

Rokeby's display, titled "Climate Change Is Here – Are UK Buildings Ready?", generated considerable interest. Guests were particularly impressed by the students' confidence and depth of understanding as they discussed the issues presented in their display.

As a highlight of the event, the students were awarded certificates by Sheriff and Deputy Keith Bottomley in recognition of their engagement and contribution. Baroness Brown of Cambridge also praised the high quality of the poster designed by the Rokeby students.

Ms Padayachee

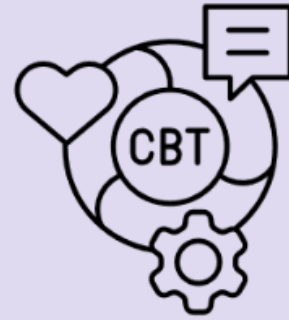


Wellbeing

MENTAL HEALTH

Mental health is about how we think, feel, and cope with life's ups and down. It involves overall wellness and wellbeing.

Just like physical health, mental well-being holds equal significance!



W.I.N.S



@wins.mhst



If you need to hide this site quickly, just click here



Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



[Make a report](#)

Attention Year 11 Students:

Ms Bailey-Clouston's Weekly Revision Tips: With GCSEs coming up, each department will share a simple, proven technique every week. Try them out, find what works for you, and keep practicing.

REVISION COACHING

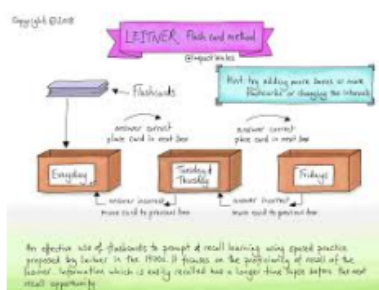
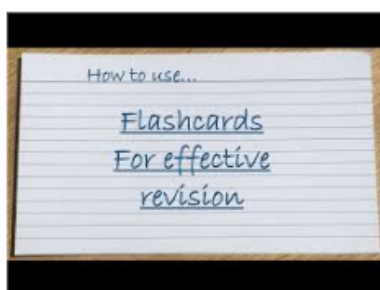


Our teachers are going to help you revise better.

Each week all year 11s will be practising one technique in all their subjects.

You need to attempt each technique in your subject.

This week:
We will be practising
flash cards



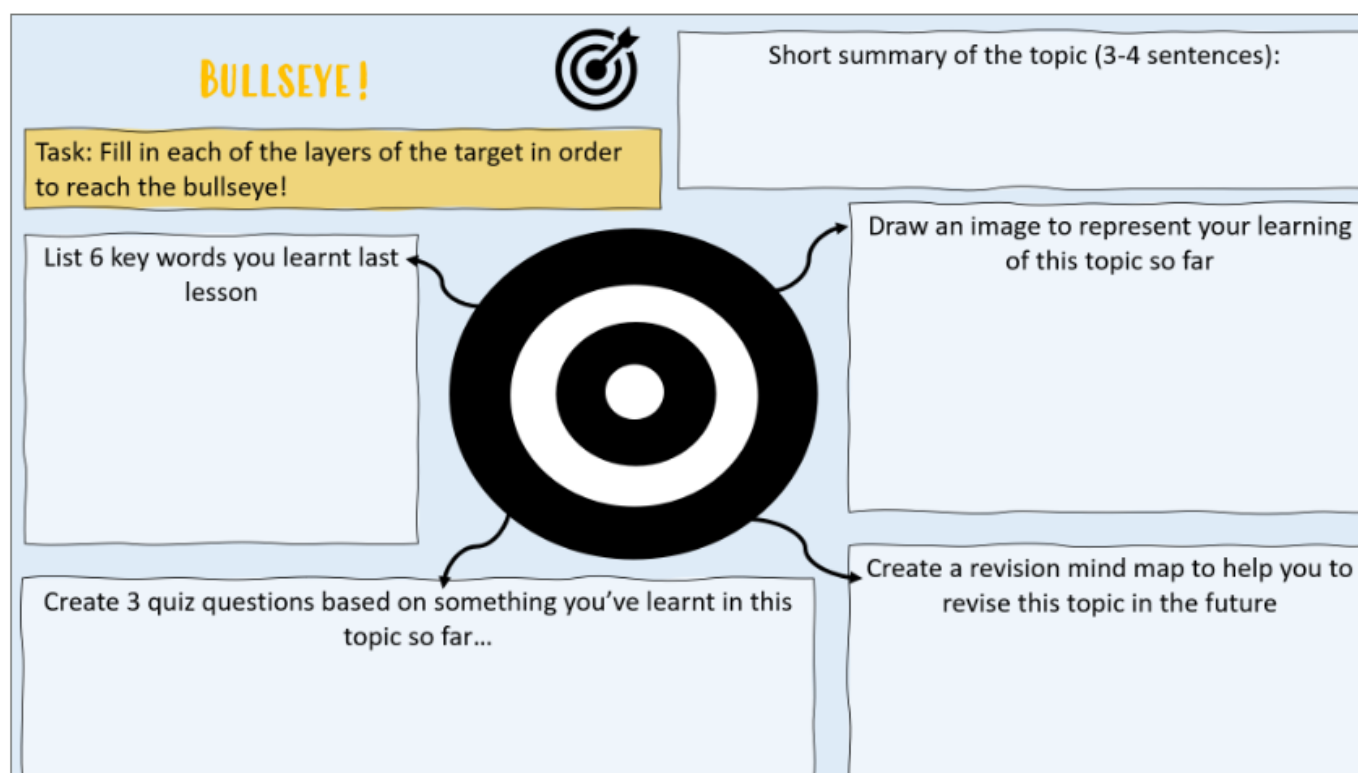
Respect - Success - Passion for Learning - Personal Challenge – Harmony

Bullseye is a great way to summarise a topic during half term.

Use this technique to check what you know and spot any gaps before going back to lessons.

Put the key ideas in the Centre, important details around them, and weaker areas on the outside.

It's a simple and effective way to finalise your learning for any topic.



MCFL Film Club

Every Thursday Lunchtime



At 13:30



In Spanish with English Subtitles

Rejoignez notre Club de Pétanque!



 **Quand ? Tous les jeudis à 13h30**

 **Où ? Salle de classe de français, G1.**

 **When ? Every Thursday at 1:30pm**

 **Where ? French classroom, G1.**

Rokeby School Lunch Menu

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

TUESDAY

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Tikka Masala with Pilau Rice & Coriander Salad

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

FRIDAY

BBQ Bean Burger with Garden Peas & Chips (VE)

DESSERTS

MONDAY

Spiced Pineapple Cake with Vanilla Sauce

TUESDAY

Apple Strudel & Custard

WEDNESDAY

Chocolate Sponge & Chocolate Sauce

THURSDAY

Cookie Dough Fruit Crumble

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP &
FRESHLY BAKED BREAD**
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily

Rokeby School Lunch Menu

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Traditional Sausage & Mash with
Onion Gravy

TUESDAY

Chicken & Tomato Pasta Bake
Served with House salad

WEDNESDAY

Hand Carved Roast British Turkey,
Crisp Roasties, Seasonal Vegetables,
& House Gravy

THURSDAY

Sweet & Sour Chicken with Fried Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or
Fishcake & Chips with Peas & Tartare
Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan Sausage & Bean Casserole
(VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake
(V)

WEDNESDAY

Cheese, Leek and Potato Pie (V)

THURSDAY

Chinese Vegetable Stir-Fry (VE)

FRIDAY

Vegan Quorn & Ranch Slaw Burger Served
with Chips & Peas (VE)

DESSERTS

MONDAY

Dutch Apple
Cake

TUESDAY

Warm Blueberry
Sponge

WEDNESDAY

Apple & Mixed
Berry Crumble
with Vanilla
Sauce

THURSDAY

Banana Pudding
with Custard

FRIDAY

Fruit, Jelly &
yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP &
FRESHLY BAKED BREAD
Available Daily**

**JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily**

Rokeby School Lunch Menu

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Mac n Cheese Bolognaise Served with a House Salad

WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Korma with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Chocolate & Banana Brownie

TUESDAY

Oaty Apple Crumble & Custard

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily