

# ROKEBY RECORDER

DARE TO BE THE BEST

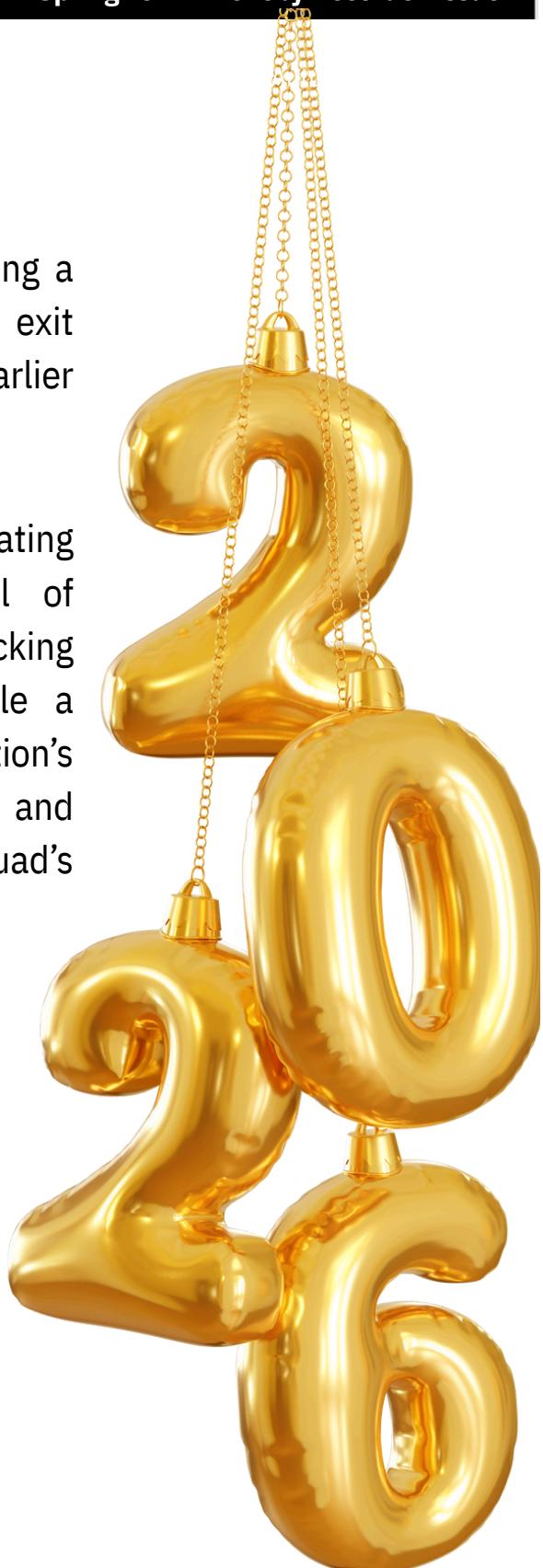
Spring Term - Rokeby Recorder Issue 7

## Year 9 remain undefeated at home !!

The boys put in a brilliant performance, winning a convincing 4–1 home victory following their exit from the Newham Cup at the semi-final stage earlier this week.

The team responded positively demonstrating discipline, determination and a high level of teamwork throughout the match. Their attacking play was well-organised and effective, while a composed defensive display limited the opposition's opportunities. Overall, it was a strong and professional performance that reflected the squad's commitment and ability.

Mr Sheriyar



LISTER COMMUNITY SCHOOL PRESENTS



WEDNESDAY  
17TH DECEMBER  
2025

1:30 PM TO  
5:00 PM

# DEBATE TOURNAMENT



## NCL Debate Tournament

Twelve Year 9 students recently represented the school in our first NCL Debate Tournament, which took place in the final week before Christmas. They prepared and delivered well-structured arguments on the topic of AI and Recycling, demonstrating impressive critical thinking and teamwork.

All students represented the school with great confidence, showcasing excellent oracy skills throughout the competition. We are especially proud of Jaitra in 9R, who was recognised as one of the tournament's five best speakers—an outstanding achievement.

Mr A Bailey



Well done to the Sparx Reader Race for Reward winners!

<u>Year 7</u>		<u>SRP</u>
1.	Nuh Ghani 7R	12163
2.	Mert Kul 7B	10295
3.	Sakibul Islam 7Y	3642
4.	Abdul MueedAli 7B	2477
5.	Ramim Khan 7B	2339
6.	Redwan Qureshi 7R	1913
7.	Ageesan Sasikaran 7Y	1503
8.	Abu-Bakr Mohammed 7Y	1482
9.	Mohammed Ismail 7Y	1133
10.	Mohammad Aariz Shaikh 7R	1066

<u>Year 8</u>	<u>SRP</u>
1. Ashfaq Ahmed 8R	2220
2. Moatasembellah Salem 8B	1171
3. David Turturica 8Y	1092
4. Muhammad Ayman Makhdumi 8Y	880
5. Younas Khan 8B	808
6. Marius Golovatic 8R	734
7. Daniel Soneye 8Y	712
8. Emmanuel Adebajo 8R	666
9. Mujitaba Mohammed 8Y	663
10. Shaanujan Mukunthan 8Y	636

<u>Year 9</u>	<u>SRP</u>
1. Tanim Motaleeb Aktar 9K	5827
2. Saud Siddiq 9K	3980
3. Musab Khan 9Y	3350
4. Esey Amanuel 9B	2682
5. Saqib Choudhury 9B	848
6. Saifan Sayed 9B	820
7. Ishaq Achour 9Y	766
8. Mohammed Saihabur Rahman 9R	759
9. Abdullah Abdul Ahad 9Y	747
10. Rafid Hossain 9Y	741

<u>Year 10</u>	<u>SRP</u>
1. Agerwin Easwaran 10Y	878
2. Satvik Erramilli 10Y	717
3. Shayaan Farooq 10B	710
4. Angelus-Zaine Thorne 10R	696
5. Tosif Omer 10O	657
6. Robiul Ahmed Tapadar 10R	642
7. Junior Sung Junior 10Y	642
8. AretasCesonis 10K	641
9. Charan Sai Medasani 10O	640
10. Victor Manuel Giraldo Pereira 10O	633

## Attention Year 11 Students:

Ms Bailey-Clouston's Weekly Revision Tips: With GCSEs coming up, each department will share a simple, proven technique every week. Try them out, find what works for you, and keep practicing.

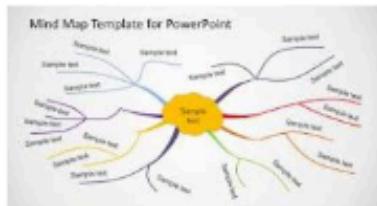
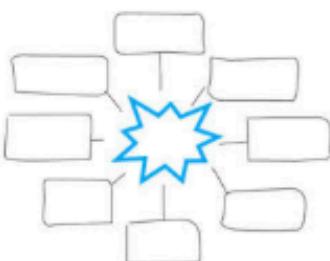
## REVISION COACHING

Our teachers are going to help you revise better.

Each week all year 11s will be practising **one technique** in all their subjects.

You need to attempt each technique in your subject.

This week:  
We will be practising  
mind maps



**Respect - Success - Passion for Learning - Personal Challenge – Harmony**

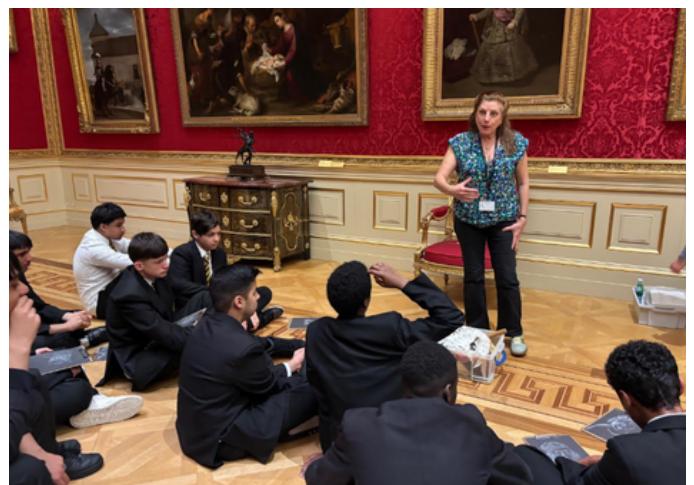
## Portrait workshop

Yr 10 Art class went on a trip to Wallace collection on 14/01/26 to attend a portrait workshop.

The students loved the experience of drawing from original art works. They enjoyed the experience of the gallery and were very fascinated by artefacts in the gallery.

They all created portraits inspired by the work of Rembrandt. They will be studying portraiture so this visit and workshop was very informative.

Ms A Mishra



## Wellbeing

# INTRO TO WINS

- WINs stands for Wellbeing In Newham Schools.
- We are a part of Newham CAMHS offering mental health support in schools across the borough.
- We offer 1:1, group and whole class workshops to improve mental health difficulties using a CBT based approach
- I am based in this school once a week on Wednesdays



W.I.N.S



@wins.mhst



## Online Gaming Safety - Advice for Parents and Carers

The National Cyber Security Centre (NCSC) has shared guidance to help families keep children safe when gaming online.

### Key points for families:

- Keep gaming devices updated with the latest software.
- Use strong passwords for gaming accounts and turn on two-step verification where possible.
- Encourage children not to share personal details (real name, school, age or location).
- Download games and updates only from official and trusted websites.
- Be cautious of messages offering “free” items or upgrades - these may be scams.

Online gaming can be fun and social, but taking these simple steps helps keep young people safe and secure.

# MCFL Film Club

Every Thursday Lunchtime



At 13:30



In Spanish with English Subtitles

# Rejoignez notre Club de Pétanque!



■ **Quand ?** Tous les jeudis à 13h30

● **Où ?** Salle de classe de français, G1.

■ **When ?** Every Thursday at 1:30pm

● **Where ?** French classroom, G1.

## Rokeby School Lunch Menu

### CLASSIC HOT & HEARTY

#### CLASSIC MAIN MEALS

#### VEGETARIAN MAIN MEALS

##### MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

##### MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

##### TUESDAY

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

##### TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

##### WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

##### WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

##### THURSDAY

Chicken Tikka Masala with Pilau Rice & Coriander Salad

##### THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

##### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

##### FRIDAY

BBQ Bean Burger with Garden Peas & Chips (VE)

### DESSERTS

#### MONDAY

Spiced Pineapple Cake with Vanilla Sauce

#### TUESDAY

Apple Strudel & Custard

#### WEDNESDAY

Chocolate Sponge & Chocolate Sauce

#### THURSDAY

Cookie Dough Fruit Crumble

#### FRIDAY

Fruit, Jelly & Yoghurt Pots

**Fruit and Jelly Pots Available Daily**

**HOMEMADE SOUP & FRESHLY BAKED BREAD**  
**Available Daily**

**JACKET POTATOES**  
**Topped with a Choice of: Cheese, Tuna or Beans Available Daily**

## Rokeby School Lunch Menu

### CLASSIC HOT & HEARTY

#### CLASSIC MAIN MEALS

#### VEGETARIAN MAIN MEALS

##### MONDAY

Traditional Sausage & Mash with Onion Gravy

##### MONDAY

Vegan Sausage & Bean Casserole (VE)

##### TUESDAY

Chicken & Tomato Pasta Bake  
Served with House salad

##### TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

##### WEDNESDAY

Hand Carved Roast British Turkey,  
Crisp Roasties, Seasonal Vegetables,  
& House Gravy

##### WEDNESDAY

Cheese, Leek and Potato Pie (V)

##### THURSDAY

Sweet & Sour Chicken with Fried Rice

##### THURSDAY

Chinese Vegetable Stir-Fry (VE)

##### FRIDAY

Chip Shop "Fryday" Fish, Pizza or  
Fishcake & Chips with Peas & Tartare  
Sauce

##### FRIDAY

Vegan Quorn & Ranch Slaw Burger Served  
with Chips & Peas (VE)

### DESSERTS

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Dutch Apple  
Cake

Warm Blueberry  
Sponge

Apple & Mixed  
Berry Crumble  
with Vanilla  
Sauce

Banana Pudding  
with Custard

Fruit, Jelly &  
yoghurt Pots

**Fruit and Jelly Pots Available Daily**

**HOMEMADE SOUP &  
FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese,  
Tuna or Beans Available Daily

## Rokeby School Lunch Menu

### CLASSIC HOT & HEARTY

#### CLASSIC MAIN MEALS

#### VEGETARIAN MAIN MEALS

##### MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

##### MONDAY

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

##### TUESDAY

Mac n Cheese Bolognaise Served with a House Salad

##### TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

##### WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

##### WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

##### THURSDAY

Chicken Korma with Pilau Rice

##### THURSDAY

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

##### FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

##### FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

### DESSERTS

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Chocolate & Banana Brownie

Oaty Apple Crumble & Custard

Sticky Lemon Sponge & Custard

Baked Churros with Chocolate Sauce

Fruit, Jelly & Yoghurt Pots

**Fruit and Jelly Pots Available Daily**

**HOMEMADE SOUP &  
FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese  
Tuna or Beans Available Daily