



ROKEBY RECORDER

DARE TO BE THE BEST

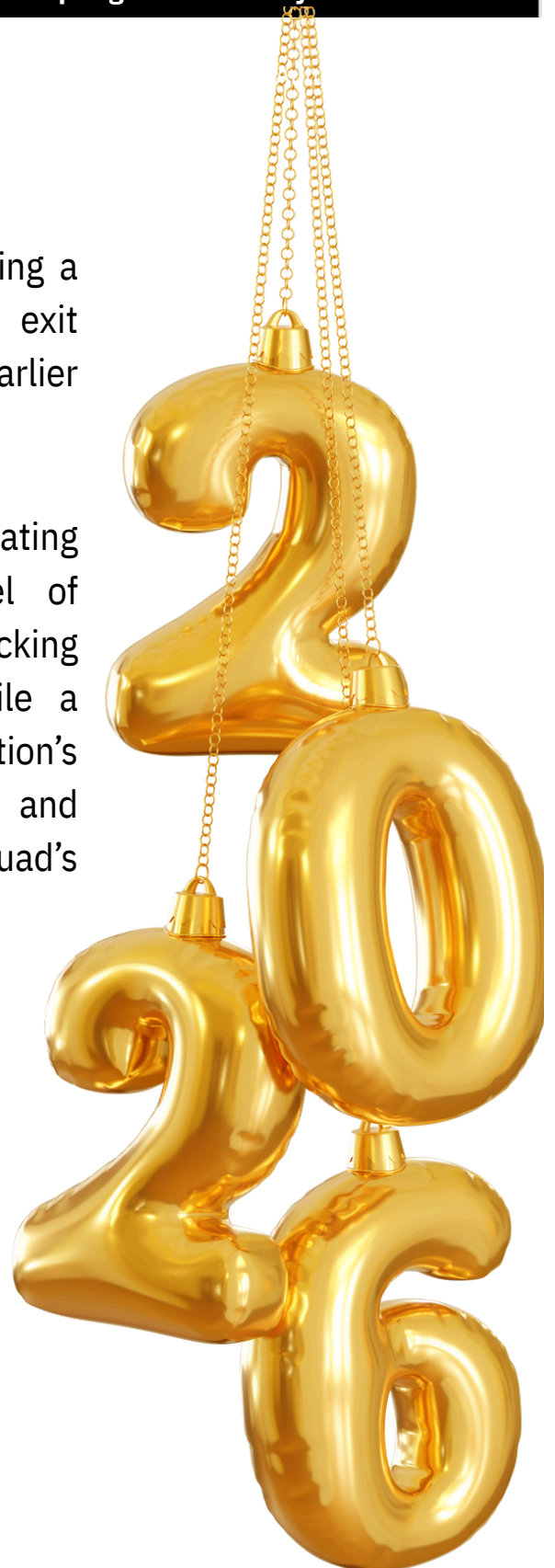
Spring Term - Rokeby Recorder Issue 7

Year 9 remain undefeated at home !!

The boys put in a brilliant performance, winning a convincing 4-1 home victory following their exit from the Newham Cup at the semi-final stage earlier this week.

The team responded positively demonstrating discipline, determination and a high level of teamwork throughout the match. Their attacking play was well-organised and effective, while a composed defensive display limited the opposition's opportunities. Overall, it was a strong and professional performance that reflected the squad's commitment and ability.

Mr Sheriyar



Respect, Success, Passion for Learning, Personal Challenge & Harmony

LISTER COMMUNITY SCHOOL PRESENTS

**WEDNESDAY
17TH DECEMBER
2025**



**NEWHAM
COMMUNITY
LEARNING**

**1:30 PM TO
5:00 PM**

DEBATE TOURNAMENT



NCL Debate Tournament

Twelve Year 9 students recently represented the school in our first NCL Debate Tournament, which took place in the final week before Christmas. They prepared and delivered well-structured arguments on the topic of AI and Recycling, demonstrating impressive critical thinking and teamwork.

All students represented the school with great confidence, showcasing excellent oracy skills throughout the competition. We are especially proud of Jaitra in 9R, who was recognised as one of the tournament's five best speakers—an outstanding achievement.

Mr A Bailey



Well done to the Sparx Reader Race for Reward winners!

Year 7

SRP

1.	Nuh Ghani 7R	12163
2.	Mert Kul 7B	10295
3.	Sakibul Islam 7Y	3642
4.	Abdul MueedAli 7B	2477
5.	Ramim Khan7B	2339
6.	Redwan Qureshi 7R	1913
7.	Ageesan Sasikaran 7Y	1503
8.	Abu-Bakr Mohammed 7Y	1482
9.	Mohammed Ismail 7Y	1133
10.	Mohammad Aariz Shaikh 7R	1066

Year 8

SRP

1.	Ashfaq Ahmed 8R	2220
2.	Moatasembellah Salem 8B	1171
3.	David Turturica 8Y	1092
4.	Muhammad Ayman Makhdumi 8Y	880
5.	Younas Khan 8B	808
6.	Marius Golovatic 8R	734
7.	Daniel Soneye 8Y	712
8.	Emmanuel Adebajo 8R	666
9.	Mujtaba Mohammed 8Y	663
10.	Shaanujan Mukunthan 8Y	636

Year 9

SRP

1.	Tanim Motaleeb Aktar 9K	5827
2.	Saud Siddiq 9K	3980
3.	Musab Khan 9Y	3350
4.	Esey Amanuel 9B	2682
5.	Saqib Choudhury 9B	848
6.	Saifan Sayed 9B	820
7.	Ishaq Achour 9Y	766
8.	Mohammed Saihabur Rahman 9R	759
9.	Abdullah Abdul Ahad 9Y	747
10.	Rafid Hossain 9Y	741

Year 10

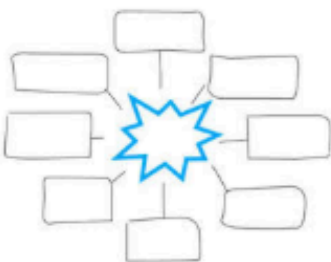
SRP

1.	Agerwin Easwaran 10Y	878
2.	Satvik Erramilli 10Y	717
3.	Shayaan Farooq 10B	710
4.	Angelus-Zaine Thorne 10R	696
5.	Tosif Omer 10O	657
6.	Robiul Ahmed Tapadar 10R	642
7.	Junior Sung Junior 10Y	642
8.	Aretas Cesionis 10K	641
9.	Charan Sai Medasani 10O	640
10.	Victor Manuel Giraldo Pereira 10O	633

Ms Bailey-Clouston's Weekly Revision Tips: With GCSEs coming up, each department will share a simple, proven technique every week. Try them out, find what works for you, and keep practicing.

Each week all year 11s will be practising **one technique** in all their subjects.

This week:
We will be practising
mind maps



Respect - Success - Passion for Learning - Personal Challenge – Harmony

Portrait workshop

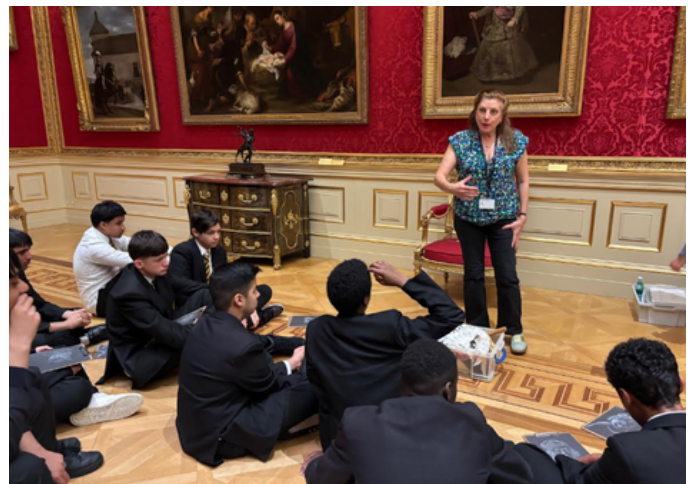
Yr 10 Art class went on a trip to Wallace collection on 14/01/26 to attend a portrait workshop.

The students loved the experience of drawing from original art works.

They enjoyed the experience of the gallery and were very fascinated by artefacts in the gallery.

They all created portraits inspired by the work of Rembrandt. They will be studying portraiture so this visit and workshop was very informative.

Ms A Mishra



Wellbeing

INTRO TO WINS

- WINS stands for Wellbeing In Newham Schools.
- We are a part of Newham CAMHS offering mental health support in schools across the borough.
- We offer 1:1, group and whole class workshops to improve mental health difficulties using a CBT based approach
- I am based in this school once a week on Wednesdays



W.I.N.S



@wins.mhst



Online Gaming Safety - Advice for Parents and Carers

The National Cyber Security Centre (NCSC) has shared guidance to help families keep children safe when gaming online.

Key points for families:

- Keep gaming devices updated with the latest software.
- Use strong passwords for gaming accounts and turn on two-step verification where possible.
- Encourage children not to share personal details (real name, school, age or location).
- Download games and updates only from official and trusted websites.
- Be cautious of messages offering “free” items or upgrades - these may be scams.

Online gaming can be fun and social, but taking these simple steps helps keep young people safe and secure.

MCFL Film Club

Every Thursday Lunchtime



At 13:30



In Spanish with English Subtitles

Rejoignez notre Club de Pétanque!



Quand ? Tous les jeudis à 13h30



Où ? Salle de classe de français, G1.



When ? Every Thursday at 1:30pm



Where ? French classroom, G1.

Rokeby School Lunch Menu

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

TUESDAY

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Tikka Masala with Pilau Rice & Coriander Salad

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

FRIDAY

BBQ Bean Burger with Garden Peas & Chips (VE)

DESSERTS

MONDAY

Spiced Pineapple Cake with Vanilla Sauce

TUESDAY

Apple Strudel & Custard

WEDNESDAY

Chocolate Sponge & Chocolate Sauce

THURSDAY

Cookie Dough Fruit Crumble

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP &
FRESHLY BAKED BREAD**
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily

Rokeby School Lunch Menu

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Traditional Sausage & Mash with
Onion Gravy

TUESDAY

Chicken & Tomato Pasta Bake
Served with House salad

WEDNESDAY

Hand Carved Roast British Turkey,
Crisp Roasties, Seasonal Vegetables,
& House Gravy

THURSDAY

Sweet & Sour Chicken with Fried Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or
Fishcake & Chips with Peas & Tartare
Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan Sausage & Bean Casserole
(VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake
(V)

WEDNESDAY

Cheese, Leek and Potato Pie (V)

THURSDAY

Chinese Vegetable Stir-Fry (VE)

FRIDAY

Vegan Quorn & Ranch Slaw Burger Served
with Chips & Peas (VE)

DESSERTS

MONDAY

Dutch Apple
Cake

TUESDAY

Warm Blueberry
Sponge

WEDNESDAY

Apple & Mixed
Berry Crumble
with Vanilla
Sauce

THURSDAY

Banana Pudding
with Custard

FRIDAY

Fruit, Jelly &
yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP &
FRESHLY BAKED BREAD
Available Daily**

**JACKET POTATOES
Topped with a Choice of: Cheese,
Tuna or Beans Available Daily**

Rokeby School Lunch Menu

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Mac n Cheese Bolognaise Served with a House Salad

WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Korma with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Chocolate & Banana Brownie

TUESDAY

Oaty Apple Crumble & Custard

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP &
FRESHLY BAKED BREAD**
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese
Tuna or Beans Available Daily