



# ROKEBY RECORDER

## DARE TO BE THE BEST

Issue 10 | Autumn 2023

## STEM Exploration Takes Flight at City Airport Event

On 24th of November 2023, 24 Y10 students gathered at Excel for a STEM (Science, Technology, Engineering and Mathematics) session organised by London City Airport and the East London Business Alliance (ELBA). The students delved into a series of hands-on activities and workshops designed to ignite their passion for science and technology. The first was constructing wooden airplanes. The challenge was to not only build the aircraft but also to fine tune its design to ensure a smooth and graceful glide through the air. This engaging session provided a practical understanding of forces in physics, giving the students a tangible connection to the classroom theories. The second session looked at the future of aviation with a focus on sustainability. The session revolved around hydrogen-powered airplanes, shedding light on how these aircraft might be designed and built in consideration of climate change. The students were not only learning about cutting-edge technology but also gaining insight into the pivotal role they could play in shaping a sustainable future. The third session took a more competitive turn as students were challenged to design and fly paper planes. The friendly competition saw the students putting their aerodynamic knowledge to the test, aiming to create the plane that could soar the furthest. Laughter and cheers filled the room as the students showcased their creativity and ingenuity in crafting the ultimate paper aircraft. The highlight of the day came in the form of the fourth session, where the students were tasked with designing a sustainable airport for the future. From building structures to engineering aspects, the students immersed themselves in the creative process. The culmination of their efforts was a mini-project presentation in front of a panel of judges, providing a real-world taste of project management and presentation skills.



**Respect, Success, Passion for Learning, Personal Challenge & Harmony**

# Future Planning

On Saturday, 25th November Y11 students attended the London Skills Exhibition at the Excel Centre. Up to 35,000 jobs and training / apprenticeship opportunities were available on the day from around 100 organisations, such as Amazon Web Services, British Airways and many more. Well done to the boys who gave up their time on Saturday to attend the event.

Feedback from the students highlighted the impact of this event:

**Julius 11Z**, "It was very insightful, we gained knowledge about new careers and the criteria for entry into our chosen fields."

**Austin 11R**, "The event helped open more doors to opportunities after college. It gave me insight into what to study for possible career pathways."

**Sam 11Z**, "I enjoyed the event because there were lots of freebies."



## THE BREAKFAST CLUB™



### MCFL Film Club

Showing on Tuesday 5th  
December in F7  
at 3pm  
(ask parents' permission)



In Spanish with English Subtitles

**Respect, Success, Passion for Learning, Personal Challenge & Harmony**

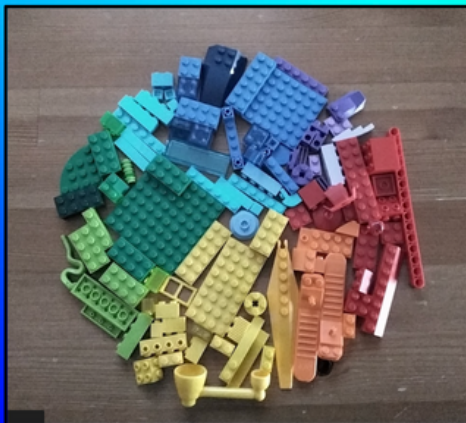


# Year 9 Talk 2 Learn (T2L)

The Maths, DT and Computer Science departments supported this term's cross-curricular Talk2Learn debate for which the motion put forward was 'AI is a threat for the future of life and human existence'. It was an interesting and lively discussion watched online by the whole of Year 9; chaired by Ms Cates and judged by Mr Lastiotis, Ms Padayachee and Ms Sokolova. Both sides put forward well-constructed and clear arguments but in the end it was the representatives of 9EB&Y who claimed the trophy. Subhan (9B) won the 'Best Speaker' award for his outstanding argument on how AI is used in the education system and for his confident delivery. Congratulations and well done to all students involved: Ali (9K), Niv (9O), David (9O), Fahad (9K), Rildwan (9B), Subhan (9B), Shlok (9Y) and Jacob (9Y).



## CREATIVE COLOUR WHEELS



Work shown was made by:

Younus  
Nobel  
Tanim  
Luka  
From 7K



ART  
Year 7

Last week year 7 were set a homework task to create a colour wheel using everyday objects. Take a look at their imaginative responses to the task! Great work year 7!





DINEin

FOUR WAY



# Rokeby School

## MENU WEEK 2

Monday

Tuesday

Wednesday

Thursday

Friday



### MARKET FRESH

Chicken Sausages Served with Jacket Wedges

Lamb & Vegetable Jollof Rice

Chicken & Sweetcorn Pie served with Roast Potatoes

Moroccan Chicken Tagine with Couscous

Fish in Batter served with Chips



### GLOBAL CLASSICS

Vegetable Samosa served with Dhal & Rice

PB

Jacket Potato served with Selection of Fillings



Spinach & Feta Whirl served with Roast Potatoes



Ratatouille Ravioli served with Garlic Slice



Mexican Loaded Fries



### STREET FOOD

Korean Style Wings served with Jacket Wedges

Macaroni Cheese Bowl served with Garlic Slice



Loaded Herby Diced Potatoes



New York Style Meatball Pasta Bowl

Vegan Sausage Roll served with Chips

PB



### SUGAR SMART DESSERTS

Raspberry Ice Cream Sponge Roll

Fruit Pudding & Custard (egg free)

ND



Pineapple Cheesecake

Lemon & Courgette Cake served with Custard



Waffles served with Fruit & Ice Cream

KEY: Vegetarian Plant Based New Dish Sugar Smart

All Meat Served is Halal

AVAILABLE DAILY WITH ALL MEALS • SEASONAL VEGETABLES • SALAD SELECTION • ADDITIONAL BREAD •

Further information regarding FOOD ALLERGIES is available on request. Please discuss with your Chef Manager or contact us: admin@juniperventures.co.uk or 0203 373 3921

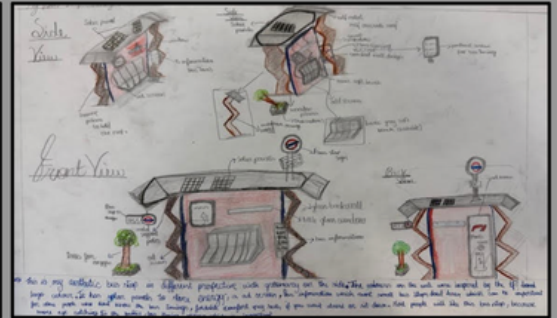
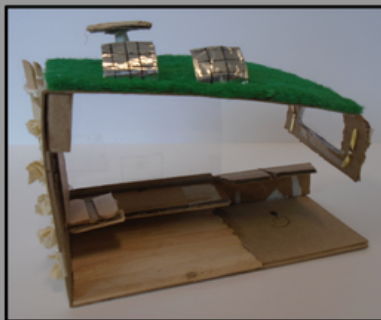
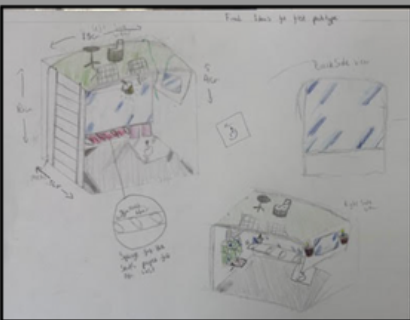
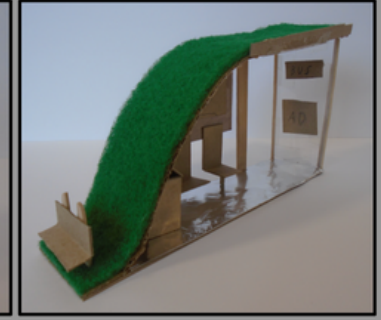
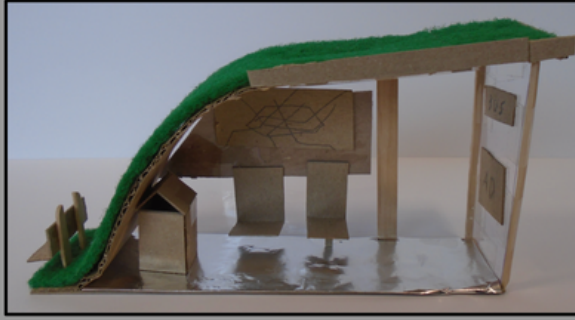
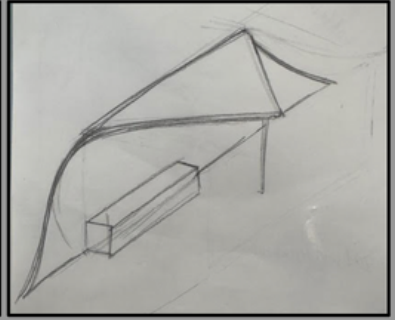
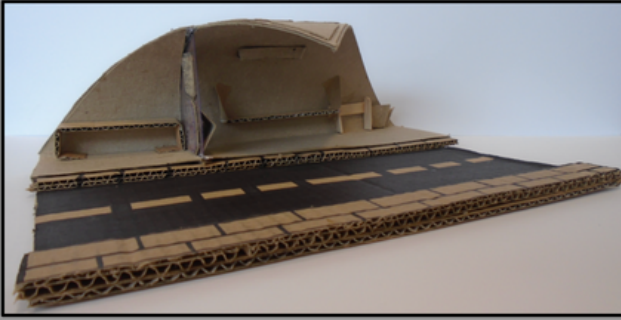
YUM  
TASTY  
INGREDIENTS  
HEALTHY  
ZINGY  
EAT  
TOGETHER  
WELL  
HEART WARMING  
WELL BEING  
HYDRATE  
YOURSELF  
FOOD IS FUEL  
DELICIOUS  
H2O  
APPETIZING  
SAVOURY  
SWEET  
BALANCED  
MOUTH WATERING  
BRAIN FUEL  
FOOD GROUPS  
PROTEIN  
FRESHLY  
MADE  
NATURAL LOCAL  
ENJOY  
NUTRITIOUS  
HAPPINESS  
LIFESTYLE & WELLNESS



# BUS STOP DESIGN CHALLENGE



3D DESIGN



This term year 11 have been set a challenge to design a bus stop that is not only functional but environmentally conscious and provides a decorative element to a typically mundane product.

So far students have looked at the work of Thomas Heatherwick and made their first prototypes, they are now working towards their second iteration which they will complete in their mock exam next week!

Good luck year 11!

**You can follow us on X (Twitter), Facebook and  
Instagram**

**@Rokeby\_School**

**RokebySchoolE16**

**@RokebySchoolE16**

**Respect, Success, Passion for Learning, Personal Challenge & Harmony**



### Congratulations Young Writers

The following students will have their work published in the 'This is Me I Am...' poetry anthology.

Abhay, Abrar, Jeton, Preet, Farees

### Rokeby Recommends

### The Ballad of Songbirds and Snakes by Suzanne Collins

Return to the world of The Hunger Games in a compelling prequel that both informs the original trilogy and stands alone as a powerful, breathlessly exciting science fiction thriller.



## Word For the Week

### Destitute

#### What It Means

Extremely poor and lacking the means to provide for oneself.

*"the charity cares for destitute children"*

Personal challenge - try to use this word as many times as you can this week.



### Our Autumn term winners:

Samuel Ogunleye (11Z)

Adrian Avendano (10E)

Rafid Hossain (7Y)

## Interested in becoming a teacher?



# Apply now

Train to teach in  
one of our  
friendly secondary  
schools



Scan the QR code for details





# Rokeby v Kingsford

On Wednesday 22nd November, the Y11 students played in a friendly match against Kingsford School. Rokeby were outstanding and outplayed Kingsford for the majority of the game. Goals were scored by Bangali 11Y and Fred 11Z. Man of the match went to Muhammad Yahya 11E for his outstanding defence and not allowing Kingsford to attack.



## Newham School Sports Partnership (SSP) Primary Dodgeball Competition

Rokeby School leadership program would like to thank everyone that attended the Newham SSP primary Dodgeball competition on Friday 17th November 2023. We thank all staff involved for providing a positive and competitive atmosphere for all students involved. A huge congratulations to the Rokeby school Sports Leaders who planned, hosted and officiated the event receiving positive feedback from visiting teachers including "Leaders were very friendly, well behaved and professional." Special congratulations to Mohammed Daiyan Amir who displayed great leadership skills and was specially mentioned by visiting teachers.



**Respect, Success, Passion for Learning, Personal Challenge & Harmony**





# Tuning in to Teens®

In the Spring Term of 2024 we will be offering a new six week programme for parents and carers of young people



## Would you like to:

- Better understand your teen?
- Communicate more effectively with your teen?
  - Help your teen manage their emotions?
  - Prevent behaviour challenges in your teen?
- Support your teen to manage conflict effectively?

**Our six week Tuning into Teens® programme teaches parents/carers how to help their teen develop emotional intelligence.**

## Teenagers with higher emotional intelligence:

- Have more stable and satisfying relationships
  - Are better at managing peer pressure
- Are lower risk of mental health and substance concerns
  - Have greater success making friends
  - Are more able to manage conflict
  - Have greater career success

**Where?** Rokeby School

**Who will lead the programme?** Lucy Robertson and Kelly Golding, from South East Psychology

**When?** 17th January, 31st January, 7th February, 21st February, 28th February, 6th March 2024 from 1pm-2:30pm

If you would like to book a place contact : [rita.woollery@rokeby.ncltrust.net](mailto:rita.woollery@rokeby.ncltrust.net)

**Respect - Success - Passion for Learning - Personal Challenge - Harmony**

**Respect, Success, Passion for Learning, Personal Challenge & Harmony**



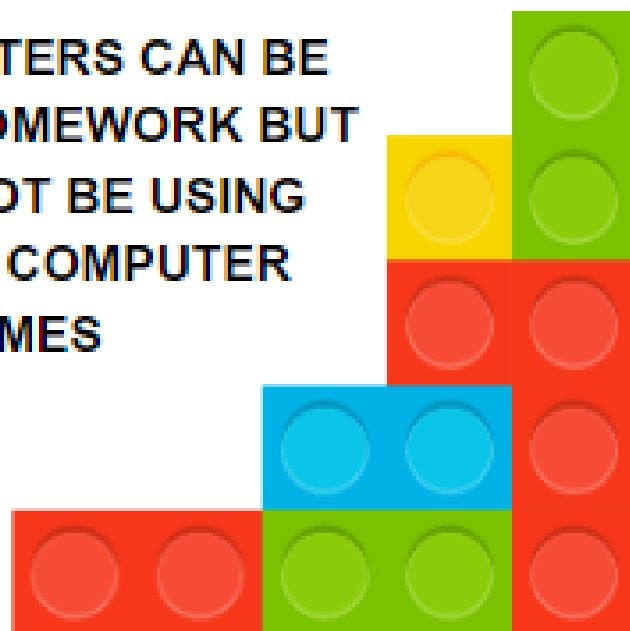


**Max number of students: 25**

If students from the allocated year group don't attend on their priority day, other year groups (7-11) will be able to come in and take their place.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12.00-12.40	Y7	Y9	Y7	Y9	Y7
1.00-1.40	Y8	Y10	Y8	Y10	Y8

**THE COMPUTERS CAN BE USED FOR HOMEWORK BUT WE WILL NOT BE USING THEM FOR COMPUTER GAMES**







We are delighted to announce that we have secured funding to run holiday programmes throughout this academic year.

We will be running our next holiday, food and sports programme with Newham Sports Club from Tuesday 2nd January to Friday 5th January 2024. Students will have the opportunity to come into school each day, take part in sports / activities and have a hot meal. The sessions will run from 10am until 2pm each day. To book, please register at <https://eequ.org/experience/5987>

# SPORTS CHRISTMAS CAMP




## ACTIVITIES:

- Football
- Basketball
- Rugby / Tag Rugby
- Free hot meal provided

**FOR MORE INFORMATION:**  
[info@newhamfutsalclub.co.uk](mailto:info@newhamfutsalclub.co.uk)

To book a space:  
<https://eequ.org/experience/5987>

**02 - 05  
JANUARY 2024**

**10am - 1pm**