



ROKEBY RECORDER

DARE TO BE THE BEST

Issue 7 | Autumn 2023





We set off from Rokeby at 3.15am on a cool Wednesday morning and arrived in Valencia with sun, warmth and the whole day ahead of us. As it had been hours since breakfast, of course we had to start off with 'churros con chocolate' (Spanish straight doughnuts with thick chocolate sauce) in the square, this was followed by ice-creams or slush (all asked for in Spanish) before heading off to the Museo de Artes y Ciencias (with a football game along the way - of course)! The boys explored the exhibits and then the day ended with Pizza and a walk back to the hostel, where rooms were distributed and the pool table was monopolised by our boys.

Day 2 started with a leisurely breakfast. Then we headed off to the Tourist Information Office before hitting the famous food market with a mission to buy ingredients for lunch. Thankfully Wais didn't insist on us all having Scotch bonnet chillies (which he bought for his mum) but we did end up with Spanish tortilla (thick potato omelette) and enough tomatoes to sink a ship. Good job we didn't eat too much because after lunch we had our Spanish cookery lesson where we made more tortilla, paella and cinnamon sponge, which took 3 hours to make and about 20 minutes to eat, washed down with child friendly Sangria (made with grape juice).

On the last day we did our souvenir shopping (Lenny was in his element) and all of the boys were really thoughtful about buying gifts for their family members. We visited the Museo Faller which celebrates a major Valencian festival and we went to the Parque Gulliver, where the boys ran around and climbed all over Gulliver (the giant from the story, which they have made into a slide park with climbing ropes).

Mr Sarumi, Ms Springfield and I were immensely proud of the boys. Their behaviour was excellent and they really embraced the opportunities to try new things and speak Spanish. I feel privileged to have spent these precious days with the Year 8 Spanish students who went.

Ms Jenkins

Respect, Success, Passion for Learning, Personal Challenge & Harmony

Our coffee mornings are a great way to talk through key themes and topics. These sessions are managed by Mr Uddin. If you would like to join a session, please arrive at reception at 10:55am on the scheduled day or complete the Google Form emailed to you. If you miss the session, the notes can be shared with you if you email Mr Uddin. If you have any questions or suggestions for future sessions, please email adil.uddin@rokeby.ncltrust.net

Support with Science

Mr Aziz

Thursday 2nd November 2023 @ 11am

Year 11 Support

KS4 Team

Thursday 9th November 2023 @ 11am

Careers Education

Mr Uddin

Thursday 16th November 2023 @ 11am



The series focuses on two Parisian teenagers, Marinette Dupain-Cheng and Adrien Agreste, who transform into the superheroes Ladybug and Cat Noir, respectively, to protect the city from supervillains.

French with English subtitles (all students welcome) on Tuesday 7th November at 3pm in G4



Year 10 and 11 students

We will be selling CGP guides to help your child revise for their English mock exams. The text guides and workbooks are £3.00 each, or 2 for £5.

You can buy these books from the school reception. Please speak to Mr Bailey (F17) for more information.



Rokeby Recommends

Black and British: A short, essential history by David Olusoga

An essential introduction to 1800 years of the Black British history: from the Roman Africans who guarded Hadrian's Wall right up to the present day.

DAVID OLUSOGA

Black AND British

A short, essential history

Word For the Week

Conform

What It Means

: (verb) to comply with rules, standards, or laws.
(Of a person) to behave according to socially acceptable conventions or standards.

"Electrical equipment must conform to the safety standards."

Personal challenge - try to use this word as many times as you can this week.



YEAR 11 TEXTILES

As the GCSE exam looms, our textile designers have taken on a technical challenge to develop their making skills. They have been set a task to make an iconic and historical item of clothing; the worker jacket.

So far year 11 have researched the history and cultural significance of the garment and its journey from the factory and landworkers in France in the early 1900's to being a staple in many contemporary fashion collections.

This week our designers have started the pattern making process; making sure their designs will work ready to be cut from fabric!

Keep an eye on the F18 displays over the next few weeks as the jackets start to take shape!



Photography by
Younus and Bryant, 7K

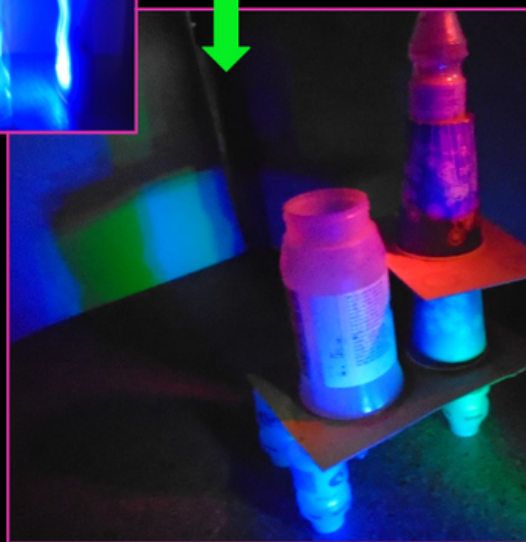
Photography by
Christiano and Luka, 7K



YEAR 7 PHOTOGRAPHY

This week year 7 have been learning *under* the tables rather than *at* their tables...

As part of the junk sculpture project, year 7 have been exploring the use of colour in photography and have created amazing images using coloured torches and shadows. Great work 7K!



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Rokeby School

MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MARKET FRESH	Chicken Burger in a Bun with Salad served with Jacket Wedges	Spaghetti Bolognese served with Garlic Bread	Roast Lamb & Yorkshire Pudding served with Roast Potatoes	Chicken & Vegetable Pie with Mashed Potatoes	Fish in Batter served with Chips
GLOBAL CLASSICS	Veggie Keema served with Raita & Naan Bread	Aubergine & Chickpea Tikka with Rice & Vegetable Samosa	Vegetarian 'Toad in the Hole' served with Roast Potatoes	Quorn Katsu Curry served with Noodle Stir Fry	Tandoori Chicken in Naan Bread served with Salad
STREET FOOD	Mixed Bean Quesadilla	Thai Sriracha Rice Bowl	Vegetarian Koftas in Flatbread with Greek Salad	Falafel & Houmous Wrap	Quorn Pattie Muffin with Baked Jacket Wedges
SUGAR SMART DESSERTS	Frozen Yoghurt With Fruit	Carrot Cake	Fruit Smoothie	Chocolate Sponge & Chocolate Custard	Strawberry Mousse with Fresh Fruit

KEY: Vegetarian Plant Based New Dish Sugar Smart

All Meat Served is Halal

AVAILABLE DAILY WITH ALL MEALS • SEASONAL VEGETABLES • SALAD SELECTION • ADDITIONAL BREAD •

Further information regarding FOOD ALLERGIES is available on request. Please discuss with your Chef Manager or contact us: admin@juniperventures.co.uk or 0203 373 3921

YUM
 TASTY
 INGREDIENTS
 HEALTHY
 ZINGY
 EAT
 TOGETHER
 WELL
 HEART WARMING
 RELAX
 YOURSELF
 FOOD IS FUEL
 DELICIOUS
 WELL BEING
 HYDRATE
 H2O
 APPETIZING
 SAVOURY
 SWEET
 BALANCED
 MOUTH WATERING
 BRAIN FUEL
 FOOD GROUPS
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**Teach
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Climate Science Club



"The ones who are crazy enough to think they
can change the world, are the ones who do."
Steve Jobs

Join us to make a difference
See Ms Padayachee in G13

Our **Climate
Science Club** will
be working
towards entering
the Climate
Science Olympiad
in 2024. A great
opportunity to
make positive
change and
something great to
add to your college
/ job application.



ClimateScience
Olympiad



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Shout Out UK's

WRITING COMPETITION

We are launching SOUK's Autumn Trick or Treat Writing Competition!

RULES

- The article should be between 500 – 900 words in length
- The deadline is 10th November
- The article must contain one of the following themes: 1. Conspiracy Theories & Misinformation / Disinformation 2. Halloween 3. Young People

CASH PRIZE OF:

£70 + other rewards

This is an excellent opportunity to make your CV or university application stand out, so make the most of it!

Please submit your final article to the following email address:

contact@shoutoutuk.org



bedrock learning

Congratulations to the Bedrock Race for Reward Winners:



Faaz Ahmad (7B)
Robiul Tapadar (8R)
Hanif Adebayo (9K)



Well done for your exceptional effort and well done to everyone
who rose to the challenge!