



ROKEBY RECORDER

DARE TO BE THE BEST



@Rokeby_School



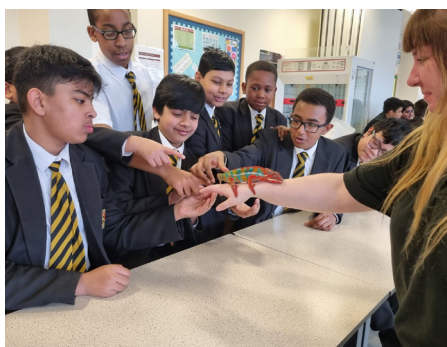
@RokebySchoolE16

Issue 21 | Spring 2023

ROKEBY SCIENCE WEEK 2023

Science week was brilliant and thoroughly enjoyed by the students. They particularly enjoyed seeing the exotic animals and the addition of seeding plants. We would like to thank the teachers who took time out for the students this week. We also have some words from two Y8 students Sofiane & Umar and their experiences of Science Week .

Science week was a time where we got brilliant opportunities and got to do activities that have encouraged our analytical thinking. We had the opportunity to see exotic animals which was the highlight of the week. Science was brought to life during that week. I loved it. - **Sofiane 8K**



Science week was a week where our excitement was taken to another level as was our enthusiasm to learn. We had opportunities to see exotic animals and we got to watch demos of experiments that showed how amazing science truly was. This year there was a new activity introduced, seed planting. It was something that taught us the life cycle and was an excellent activity which took our learning beyond the classroom. - **Umar 8O**

We are part of Newham Community Learning

Respect, Success, Passion for Learning, Personal Challenge & Harmony

WORLD AUTISM ACCEPTANCE WEEK 27 MARCH - 2 APRIL 2023



Come join us to celebrate World Autism Acceptance Week in Newham.



We are arranging a programme of events and activities for residents of all ages with autism, their families and carers as well as for all residents to get involved in and to share more about what it means to have autism.



Look out for the full programme coming out mid-March



The full programme will be advertised in Newham Libraries, Schools, front line services and social media.



Please contact Daniel Nichols at daniel.nichols@newham.gov.uk or **020 3373 0731** to find out more

WE ARE NEWHAM.



WORLD AUTISM ACCEPTANCE WEEK.



27 MARCH - 2 APRIL 2023

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We are arranging a programme of events and activities for autistic residents of all ages with autism, their families and carers and local residents.

We want to share what it means to have autism.

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For more information, contact Daniel Nichols at daniel.nichols@newham.gov.uk or **020 3373 0731**

WE ARE NEWHAM.



Your online mental wellbeing community

Free, safe and anonymous support

[Join Kooth](#)



Singing for Mental Health and Wellbeing



Come along and find your voice with us
for a fun, morning or afternoon!

We are offering a **FREE** singing workshop for **EVERYONE**
to improve our Mental Health and Wellbeing

Light refreshments will be provided.

WHERE: CANNING TOWN LIBRARY
18, Rathbone Market, London E16 1EH

WHEN: On: MONDAY 20TH MARCH

AGED 14-20? JOIN OUR FREE

YOUNG LEADERS

PROGRAMME

LEARN LEADERSHIP SKILLS
FOR SOCIAL ACTION
THIS SUMMER

ESPORTS / GAMES / COMPUTING / MEDIA / MUSIC

OPEN DAY



MONDAY 3RD APRIL 4-8PM
TUESDAY 6TH JUNE 4-8PM

BOOK YOUR PLACE NOW

accesscreative.ac.uk



 **access**
creative college

FREE

NEWHAM YOUTH SENSORY TENNIS - COMPLEX NEEDS

SATURDAYS - 12:15PM-1:15PM - WEEKLY

CLICK FOR FULL DETAILS

SEND SURGERY

Your space to ask advice about SEND services.

Please book an appointment at SEND Surgery if you are a newham parent or carer of a child or young person, aged 0-25 years, and you need advice and guidance about the following:

Wednesday 22nd March 2023

<https://www.eventbrite.com/e/510569205237>

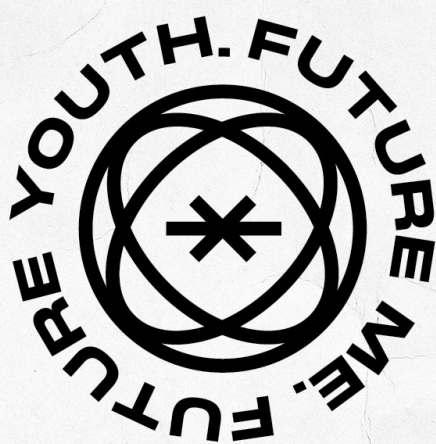


18.03.23

TIME: 11:30 - 16:00

AGE: 14 - 26

PLEXAL - HERE EAST
Queen Elizabeth Olympic Park, London E20 3BS



3 rooms x 3 conversations

SHAPING AND UPLIFTING FUTURES

Insights to elevate your future careers
entertainment, career guidance, music, spoken word and much more



BOOK HERE

BROUGHT TO YOU BY:
London Legacy Development Corporation (LLDC),
Elewana, Bids, Social Growth Hub and My Life My Say

MLMS

REIN

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REIN EASTER HAF 2023
PROGRAMME 11am-3pm
11-16 year olds

Monday 3rd April
Football, Egg Decorating, Master Chef Cooking Workshop, Henna Tattoos, Chess, Board Games, Music Production, VR Games.

Tuesday 4th April
Rounders, Candle-Making, Litter Pick, Healthy Eating Workshop, Recipe Card Making, Chess, Board Games, African Drumming, VR Games.

Wednesday 5th April
Basketball, Bath-Bomb Making, Cooking Workshop, PS4 Tournament, Nail Art, Chess, Board Games, Music Production.
TRIP - Thorpe Park

Thursday 6th April
Table Tennis Tournament, T-Shirt Making, Scavenger Egg Hunt, Karaoke, VR Games, Jewellery Making, Talent Showcase.

Tuesday 11th April
Indoor Relay, Clay Ornament Making, Healthy Eating Workshop & Recipe Card Making, VR Games, Music Production, Basketball Arcade.

Wednesday 12th April
Non-Contact Boxing, Mini Mural Workshop, Chess, Board Games, Henna, Nail Art, Bath-Bomb Making, VR Games.
TRIP - Fair Play House

Thursday 13th April
Mixed Martial Arts, Paper Mache Crafts, Healthy Eating Workshop & Recipe Card Making, Photography, Chess, VR Games
TRIP - London Dungeons

Friday 14th April
Badminton, Dodgeball, Great Newham Art Off (Art Competition), Cooking Workshop, Chess, Games, VR Games, Gardening.

Where
The Mix Centre, 1a Cumberland Road, E13 8LH and
Barking Road Community Centre, 627-633 Barking Road, E13 9EZ

To book click
The Mix Centre - <https://reinu.org/experience/2897>
Barking Road Community Centre - <https://reinu.org/experience/2902>
(Spaces are limited, so booking required)

For more information contact:
Email: serena@reinuuk.com
info@reinuuk.com
Phone: 0739 402 7412
0203 929 9869

New City College like to share some information regarding **FREE** short classes to help improve adult number skills. These short 15-hour courses are running at all campuses with both daytime, evening and flexible study options.

The courses focus on a wide range of everyday applications, with pathways including Supporting Family Learning - which we thought might be of interest to parents and carers of your students?

The Supporting Family Learning pathway allows parents to build a better understanding of their family's education and give them confidence to help with maths homework and boost their overall everyday numeracy skills. Topics include learning the current methods used in schools and the maths curriculum from Year 1 to Year 11.

Courses are available at all campuses with daytime and evening options.

[LEARN MORE](#)




Boost your confidence with everyday numbers




SKILLS FOR LIFE
Multiply

Free courses to help parents' with everyday numbers




Managing money




SKILLS FOR LIFE
Multiply

**Are you struggling with the cost of living?
Get help with organising your finances**



Boosting number confidence



SKILLS FOR LIFE
Multiply

**Does maths make you feel nervous?
Boost your confidence with numbers**




Upskilling for promotion

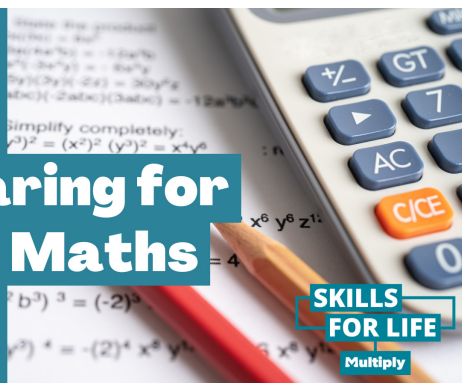


SKILLS FOR LIFE
Multiply

**Are you looking for your next promotion at work?
Get noticed by your manager**



Preparing for GCSE Maths



SKILLS FOR LIFE
Multiply

**Get prepared for starting GCSE Maths
Learn skills and gain confidence**



Supporting home-learning



SKILLS FOR LIFE
Multiply

**Do you want to help with homework?
Learn current methods and topics**



DARE TO BE THE BEST

YEAR COORDINATOR AWARD

w/c 13th March 2023

PROUDLY PRESENTED TO

- 7 // **MOHAMMED SAYED** - 8E // **JERIS KIRIRASAN** - 9R
- 10 // **MUHAMMAD UMER SHAIKH** - 11O

FOR DISPLAYING THE CHARACTERISTICS OF OUR SCHOOL MOTTO - WELL DONE!

MS WARD
YEAR 7 COORDINATOR

MR VIRK
YEAR 8 COORDINATOR

MR BASHIR
YEAR 9 COORDINATOR

MR SARUMI
YEAR 10 COORDINATOR

MS HUSSAIN
YEAR 11 COORDINATOR



ROKEBY SCHOOL FOOD BANK

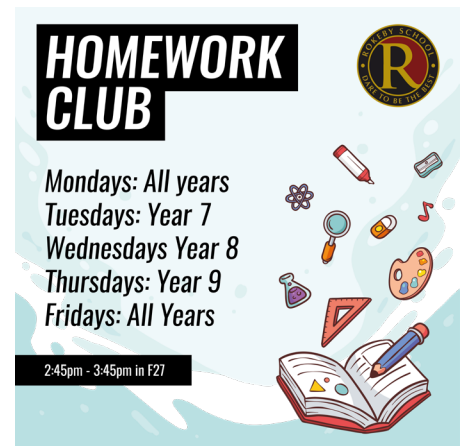
We are sending out an appeal to our community to donate to our school food bank.

We are supporting an increasing number of families and we expect that number to keep rising especially through the holiday period.

Can you help? Please get in touch if you can. If you need to use our food bank, please email support@rokeby.newham.sch.uk

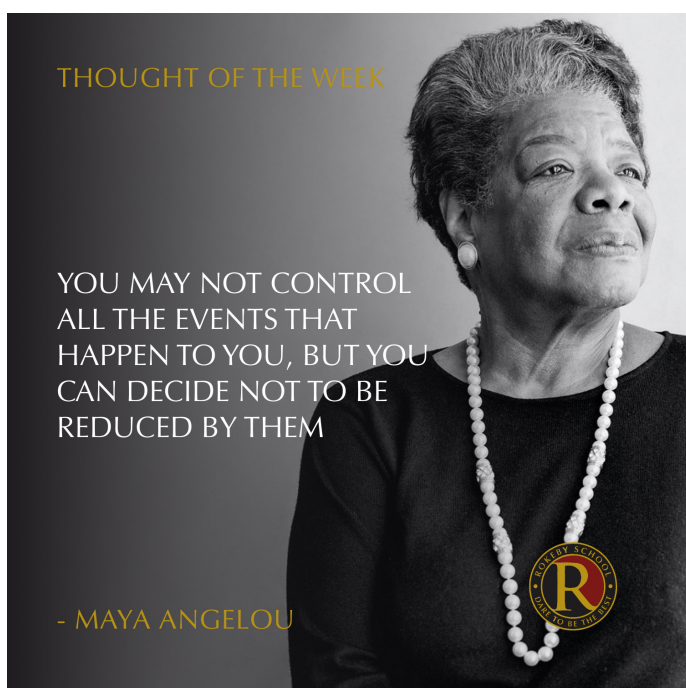


Please find the latest edition of Parent Connect, the newsletter for families [here](#).



17th March 1992: On this day in 1992, nearly 69 percent of white South African voters backed F.W. de Klerk's reforms—which included the repeal of racially discriminatory laws—and effectively endorsed the dismantling of apartheid.

13th March 1943: A plot to kill Hitler by German army officers failed as a bomb planted aboard his plane failed to explode due to a faulty detonator.



- [Mental health support: adults](#)
- [Mental health support: children & young people](#)
- [Family Navigators \(supporting with signposting, advice & advocacy\)](#)
- [Newham Form Filling Services](#)
- [Support for those struggling financially](#)
- [Support for those worried about winter fuel costs](#)
- [Community Health Champions: Help With Money](#)
- [NHS Talking Therapies](#)
- [Parent Connect Newsletter](#)
- [Newham Food Alliance](#)