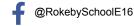


# ROKEBY RECORDER

DARE TO BE THE BEST



@Rokeby\_School



Issue #12 | Autumn 2022

# U14 LONDON BASKETBALL VS KINGSDALE FOUNDATION SCHOOL



Congratulations to the year 9 Basketball team for their brilliant performance in last night's basketball match vs Kingsdale Foundation School.

After a fiercely competitive match that ended with Rokeby narrowly missing out on securing the win.

Special shout out to players of the match Jesaiah Zangu and captain Anton Djoko for his leading performances and table official Iverson Cunga.



#### **EX YEAR 11 AWARDS EVENING.**

Last week Thursday our ex year 11s returned to Rokeby for the last time to collect their GCSE certificates.

All the best for the future!





We are part of Newham Community Learning

# **Peer Parenting Offer**

### **Empowering Parents, Empowering Communities (EPEC)**



Delivered for Parents by Parents: This course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children.

BAP (Being A Parent) Courses
The BAP Group is a weekly space for parents with children aged 2-16 year olds to come together sharing experiences and learning tried and tested approaches that can help us improve our relationship with our children.

Many parents have already benefited from this course, & we want to reach as many parents and carers as possible.

You will leave this course

- feeling better able to:

   Help others by sharing your experience as a parent
- Support your children as they start Primary School, Secondary School and other transitions
- Create a calm and peaceful family life

The BAP - ASD Group is for parents & carers of children affected by ASD (Autistic Spectrum Disorder) whether diagnosed or undiagnosed. BAP ASD is designed to:
• Promote children's development &

- Reduce child and family difficulties
- Improve parent confidence, skills & satisfaction
- Improve social & community connectedness









Each week the group looks at different topics related to your relationship with your children including:

Resilience - Being A Parent - Feelings - Play/Quality Time Valuing My child - Understanding Children's Behaviour Discipline Strategies/Negotiation - Listening Skills - Review & Support

**Tuesday** 10th Jan - 21st March 10.00am - 12.30pm

**ASD Specific** 

Oliver Thomas Children's Centre, 5 Mathews Avenue, East Ham E6 6BU

**Thursday** 12th Jan - 23rd March 10.00am - 12.30pm

ASD Specific

via zoom (register to receive zoom link)

**Wednesday** 18th Jan - 22nd March 9.30am - 11.30am

BAP 2-11 years

Sandringham Primary School Forest Gate E7 8ED

**Friday** 20th Jan - 24th March 10.00am - 12.00pm

BAP 9-16 years

Rokeby School, Barking Road, Canning Town E16 4DD



Courses available every term

Light refreshments provided



For Peer Parenting queries please visit
Parenting Programmes | Newham Families Advice and Support

To sign up, please scan the QR code here:











## REIN WINTER HAF PROGRAMME FOR **11 - 16 YEAR OLDS**

If your child is in year 9,10, or 11 and would like to attend a fun and engaging FREE youth club over the holidays, please use the links below or call/email Serena at REIN to book a space! serena@rein.uk.com / 0207 473 5349 / 07394 027 412

**VIEW PROGRAMME** 

SIGN UP

### **OPEN DAYS 2022-2023 FOR PLACES TO** STUDY IN NEWHAM

Please regularly check the sixth form/college websites to confirm dates and times of open events, as they may be subject to change, and new dates may be added. Some institutions will offer virtual events, others may offer in person open events or the option for both. Make sure you fill out enquiry forms on the school websites to stay up to date with open event information.

**VIEW ALL OPEN EVENTS IN NEWHAM** 





# SPORTS & ACTIVITY HAF PROGRAMME

We are proud to announce that Coach Naser will be running another fantastic **FREE** holiday programme for year 7 and 8 students.

Students will get to play a range of new and exciting sports, go on fun ice skating trips, and take part in a wide range of engaging activities.

Your child will also be fed, so you do not need to give him a packed lunch.

We have limited spaces, so if you would like your child to attend please use the link below to refer him.

**Registration Form** 



## **OUR ONLINE PAYMENT SERVICE**

Rokeby is now accepting online payments for school items such as lunch money, uniform and revision guides. Using a secure website called <a href="ParentPay">ParentPay</a> you will be able to pay online using your debit/credit card or make cash payments at PayPoint stores.

This system is easy-to-use and will give you peace of mind that your money reaches school safely. It will also offer you the flexibility of making payments at your convenience.

This week, you should have received a letter introducing ParentPay, followed by a further letter containing your **unique ParentPay activation details.** More information is available on our **website**. We are planning on moving over to a cashless system and ParentPay will be our preferred method of payment.

For any queries, email kavita.sareen@rokeby.newham.sch.uk



## DARE TO BE THE BEST

YEAR COORDINATOR AWARD w/c 5th December 2022

#### PROUDLY PRESENTED TO

VICTOR DE PINHO 70 // KONSTANTIN MOMCHILOV 8Y // MOHAMED OMER 9Y MAMUDOU JABBI & SAFWAN VORA 10E & 10O // NAWEED BARAT 11O



FOR DISPLAYING THE CHARACTERISTICS OF OUR SCHOOL MOTTO - WELL DONE!

MS WARD YEAR 7 COORDINATOR

MS VIRK
YEAR 8 COORDINATOR

MR BASHIR YEAR 9 COORDINATOR MR SARUMI YEAR 10 COORDINATOR MS HUSSAIN YEAR 11 COORDINATOR



### **GCSE MOCK EXAM TIMETABLE**

Mock exams will be taking place in December and students should check their Google Classrooms for the most up to date timetable

Please note when you are not involved in an exam you must go to your normal lessons.





A NEWSLETTER CONTAINING UP TO DATE INFORMATION AND SERVICES AVAILABLE FOR NEWHAM FAMILIES

Please find the latest edition of Parent Connect, the newsletter for families **here**.

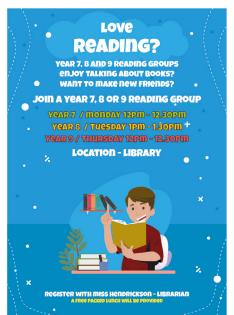


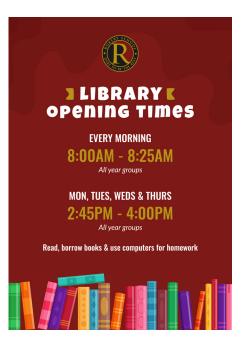


**5th December 2013:** South African nationalist and statesman Nelson Mandela, who helped end the country's apartheid system of racial segregation and ushered in a peaceful transition to majority rule, died at age 95.

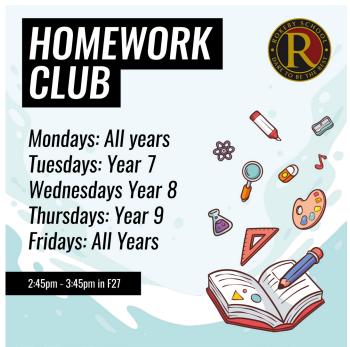
**8th December 1980:** British musician John Lennon—who rose to fame with the Beatles and had a successful solo career—was fatally shot by Mark David Chapman in New York City, causing a global outpouring of grief.











# FREE SCHOOL MEALS

Families who are in receipt of free school meals will receive a voucher for each child to cover the Christmas holiday. Please look out for an email, which will include a code and instructions on how to redeem the voucher.

PARENTING SUPPORT & RESOURCES Mental health support: adults

Mental health support: children & young people

Family Navigators (supporting with signposting, advice & advocacy)

**Newham Form Filling Services** 

Support for those struggling financially

Support for those worried about winter fuel costs

**Community Health Champions: Help With Money** 

**NHS Talking Therapies** 

**Parent Connect Newsletter**