

VACCINES KEEP YOU SAFE

Protecting yourself from polio
(and other diseases)

Get a vaccine for 6 diseases including polio when your child is



Then... get a vaccine for 4 diseases including polio when your child is



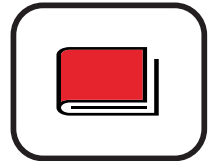
Then... get a vaccine for 3 diseases including polio when your child is



You must have all of these vaccines to be fully protected.

Become a Community Health Champion
chc@newham.gov.uk
Whatsapp / text 07929 792873

How do I know if my child has had their vaccines that protect against polio?



Your child's Red Book will include records of all your child's vaccinations

If you don't have your Red Book, your GP will be able to tell if your child has received all their vaccines

Can people over 14 get vaccinated against polio?



Yes – if you've not had a polio vaccine you can get a vaccine for FREE

Speak to your GP if you have questions or to book a vaccine
www.newham.gov.uk/polio