

JOIN US FOR A
Coffee & Chat



A warm, safe and confidential space for parents/carers to connect and learn together.

- **Open and honest conversations**
- **Sharing lived experiences**
- **Tools, Tips & Advice**

June 8th 10am face to face Canning Town Library
June 22nd 6pm Virtual
Theme: Parents wellbeing

July 6th 10am Stratford Library
13th July 6pm Virtual
Theme: Transitions

To sign up, please follow the link:

https://newham-self.achieveservice.com/service/Parenting_Support_Referral

For more information, please contact:
headstart.programmeteam@newham.gov.uk



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