



# ROKEBY RECORDER

DARE TO BE THE BEST

@Rokeby\_School

@RokebySchoolE16

Issue 25 | Summer Term 2022



A group of Year 9 students are taking part in the [Fishing for Schools programme](#), which uses angling as a potential to educate and enrich learning. The ten students participating in the four week course, will complete a portfolio of their achievements to gain a Level 1 award.

“As part of the course we go to a fishing lake near Upminster. From the first visit, I learnt that you have to be calm and patient until an opportunity comes and it is important not to get hyper-excited. It was a great experience and I am looking forward to returning in a fortnight to do it again. **Kaif (9R)**”



**Respect, Success, Passion for Learning, Personal Challenge, Harmony**

# DARE TO BE THE BEST

## YEAR COORDINATOR AWARD

w/c 16th May 2022

Proudly presented to:

**Max Hudson 7O - Adrian Avendano 8E - Mohammed Awais 9K -  
Mohammed Tanbir Ahmed 10K - Muhammad Ibrahim Abdul Majid 11K**

For displaying the characteristics of our school motto - well done!

**MR VIRK**  
YEAR 7 COORDINATOR

**MS ZOE**  
YEAR 8 COORDINATOR

**MR SARUMI**  
YEAR 9 COORDINATOR

**MS HUSSAIN**  
YEAR 10 COORDINATOR

**MR BASHIR**  
YEAR 11 COORDINATOR



# SPELLING BEE WINNERS

Congratulations to the twelve Year 7 students who won Stage 1 of the MCFL Spelling Bee.

“ The Spelling Bee is a fun game in which Year 7 students from each class compete to learn 50 words in the language they are learning. There are three stages to the competition and we have just completed Stage 1. At this stage, we compete against students in our own class. The word is said in English and the competitor has to translate it into either French or Spanish. Competitors have one minute to say as many words in the language given as they can. Two winners are then chosen from each class and they go on to Stage 2, which is an inter-form competition. Stage 3 involves the finalists going head to head with students from other schools to find the Grand Champion.

The competition is fun but it can get a little nerve-racking when everyone is watching you and if you get something wrong but you have to stay calm and focus on the competition. I'm looking forward to next round! (Kalvin 7Y)



”

# NATIONAL BOXING CHAMPION

Congratulations to Max (7O) who was recently crowned national schools boxing champion in the under 30kg category.

Max has been boxing since he was 6 years old and he demonstrates incredible dedication and passion to his sport through diet, exercise and regular practice. Well done Max!



**EXTRA-CURRICULAR ACTIVITIES**  
Summer Term 2022



# WALK TO SCHOOL WEEK

6th-10th June 2022

Staff & students are challenged to walk to school during Health Awareness Week (6th-10th June)

Good for your body . Good for the environment . Good for your mind .

## UPCOMING SCHOOL EVENTS/VISITS

**Year 11 Graduation**  
Friday 20th May

**Year 9 visit to the Brazilian embassy**  
Tuesday 24th May

**Lea Valley Athletics Centre: Inclusion sports event**  
Wednesday 25th May

**Fishing for School (selected Year 9 students)**  
Friday 27th May

**Half term holidays**  
Monday 30th May - Friday 3rd June

## CAMHS WORKSHOPS

Online workshops for young people:

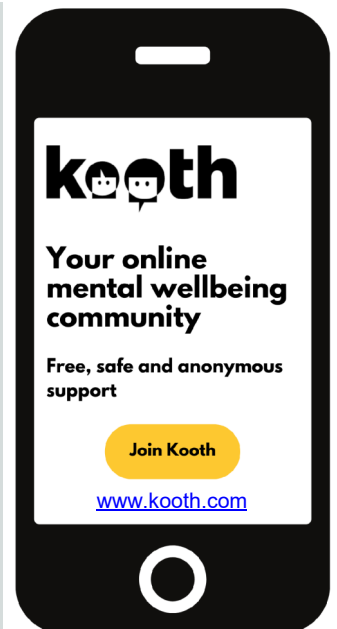
**25th May:**  
Mindfulness & self care

**1st June:**  
Managing mood

**8th June:**  
Managing anxiety

**15th June:**  
Managing conflict

Click [here](#) for more information



### THOUGHT OF THE WEEK

We all wish for world peace but world peace will never be achieved unless we first establish peace in our own minds.

- Geshe Kelsang Gyatso -



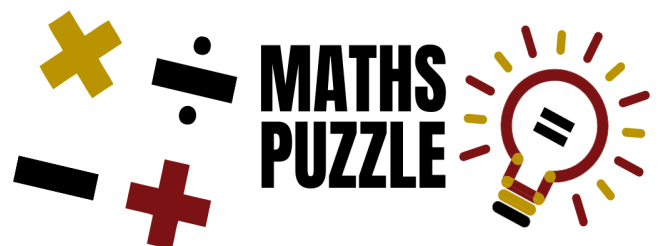
### WORD OF THE WEEK

Unanimous

unanime (fr)

unánime (sp)

единогласный (ru)



Can you crack Mr Fox's Maths puzzle this week? Click [here](#) for the puzzle. Take your answers to Mr Fox on Monday morning for an achievement point and prize!