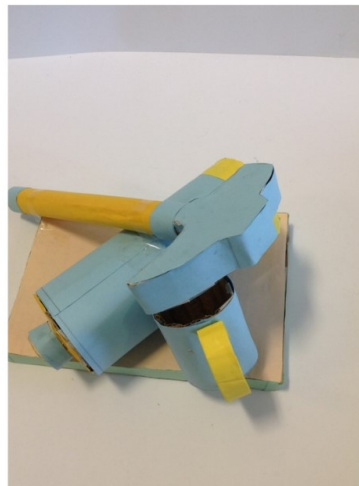




ROKEBY RECORDER

DARE TO BE THE BEST

Issue 28 | Summer Term 2021



YEAR 10 ART WORK



Art work from top left: Iosef Dobre; Mikin Patel; Rudrakumar Patel; Donn Aceres Calla; Mikin Patel; Bishal Halder; Babrak Arif; Gasser Hendawi Abdulhamid; Muhammad Ibrahim Abdul Majid.



Respect, Success, Passion for Learning, Personal Challenge, Harmony

TRANSITIONS



KS3 GRADUATION

Key Stage 3 graduation took place this week. It was an opportunity for Year 9 students to celebrate their past few years at Rokeby and to contemplate the next stage of their education and the start of their GCSEs next year.

Ms Hussain, Head of Year 9 and Ms Ward, KS3 Coordinator, presented certificates and wished all students well. Students received confirmation of their Year 9 options and were urged to start familiarising themselves with the resources provided by subject teachers. All information is on the website.

[GCSE options preparation](#)

Thank you to our P4C ambassadors who have continued to run sessions in local primary schools to support pupils with any queries or anxieties they may have about transition to secondary school.

Thank you for the primary/secondary transition work today; it is so important for our children. Our team was hugely impressed with your students. It's so important our pupils have good role models to aspire to.

Barb Sims
Headteacher, Kaizen Primary



YEAR 6 TRANSITION



KS5 PHYSICS

Thank you very much to Mr Aziz who continued to run triple science classes for two hours every week after our Year 11 class had officially left Rokeby.

Due to the unfortunate circumstances of lockdown we were not able to complete the whole curriculum for GCSE Physics, especially the A/AS level transition topics. Fortunately, Mr Aziz agreed to host his triple science class every Wednesday to teach us the content that we had not learnt, which included taking part in practicals and engaging in discussions. Mr. Aziz also provided useful advice and helpful tips to those of us who are going on to study physics at A-level. These sessions have really benefitted us. We are also grateful to Ms Robinson and Ms Doyle for allowing us to come back into school to attend these sessions. Thank you.

Hassan Abdullahi 11R



FIESTA EN LAS CLASES DE ESPAÑOL

To celebrate Viswajith being awarded the Jack Petchey award for *Passion for Learning* in Spanish and to support Year 9's learning about Hispanic culture, his class enjoyed a piñata during one of their last lessons of the year. It didn't take long for the treat filled container to come apart!

Viswajith was nominated for the award in recognition of his consistency in taking an active role in lessons, focussing on his learning and going above and beyond what is expected of him.



TENDER WORKSHOPS

Last week, twenty Year 9 students took part in a two day workshop facilitated by the educational charity [Tender](#). The workshops aim to encourage young people to develop healthy relationships and to become active citizens in creating communities that don't tolerate violence.

The students enthusiastically engaged in discussions about what constitutes a healthy relationship and how to use critical thinking skills to recognise and to challenge unhealthy ones.

Below are comments from Year 9 participants:

Positive relationships include supporting, encouraging and helping each other practically as well as emotionally.

Characteristics of a healthy relationship are to listen to each other, communicate openly and without judgment.

Build trust and respect each other.

Victims of violence of any sort should always report it so others can feel encouraged to do the same.

NEXT TERM

Please click [here](#) for a letter detailing arrangements for the return to school in September.

Please click [here](#) for the Lateral Flow Test consent form.

LUNCHES

Please note that from 1st September 2021 the cost of a school lunch will increase to **£2.15 per day**.

UNIFORM

To ensure your son has the **correct school uniform** for the start of the Autumn term, please follow the link below to purchase uniform from Rokeby's online shop [School Uniform Shop](#)

SUMMER HOLIDAYS

WE ARE NEWHAM.



SUMMER 21 HOLIDAY PROGRAMME

People at the Heart
of Everything We Do

[Newham Summer Holiday Programme](#)

This listing includes details of activities and support services that are running across the borough during the school holidays.

[Bonny Downs Empower Youth Programme](#)

For young people aged 9-19 years, activities include a range of sports, a drop-in hub, BMX coaching, a gym and opportunities for study, learning and leadership activities.

[Bonny Downs Go Wild activities](#)

The Go Wild programme offers an exciting range of activities including zorbing, giant inflatables, day trips, sports and art competitions.

[Newham Youth Map](#)

This interactive map details youth clubs, sports clubs and facilities available to young people in Newham.

Mental health support resources for young people



List of mental health support resources available across Newham.

BOUNCE BACK ONLINE

Bounceback online promotes positive wellbeing and resilience in young people from home.

bouncebacknewham.co.uk

kooth

Safe and anonymous online counselling and support for young people.

<https://www.kooth.com/>

Available weekdays 12-10pm

SAMARITANS

Provides confidential emotional support for anyone who is struggling to cope.

www.samaritans.org

Available 24hrs a day, 7 days a week

Call 116 123, text 07725909090

childline

ONLINE, ON THE PHONE, ANYTIME

Private and confidential service where young people can talk about anything 24/7.

childline.org.uk

08001111

Believe in children

Barnardo's

Provides support to young people affected by abuse and those living in care.

barnardos.org.uk

YOUR TIME

Offers support for young people who are affected by the uncertainty the coronavirus pandemic brings to their daily lives.

02033739983

your.time@newham.gov.uk

YOUNG MINDS

Offering mental health support for young people around bullying, body image and more.

<https://www.youngminds.org.uk>

08088025544 available weekdays 12-10pm

24/7 crisis messenger: text YM to 85258

Beat

Eating disorders

Support for young people suffering from an eating disorder or experiencing any symptoms.

beateatingdisorders.org.uk

Available 9am-8pm weekdays, 4pm-8pm weekends. Call 0808 801 0711

PAPYRUS

RESOURCES OF YOUNG SUICIDE

Support for young people dealing with suicide, depression, or emotional distress.

[Papyrus-uk.org](https://papyrus-uk.org)

Weekdays 10am-10pm, weekends 2pm- 10pm

Call 08000684141 text 0778609697

myh

MUSLIM YOUTH helpline

Provides support at the point of crisis for young people who need emotional support and signposting.

myh.org.uk/helpline 08008082008

PARENTING SUPPORT

[Newham's latest Parent Connect Newsletter](#)

[Sign-up for the Parent Connect newsletter](#)

The newsletter provides weekly updates on resources & activities for families across the borough.

[CAMHS Wellbeing Workshops](#)

[Newham Family Support Sessions](#)

Visit Newham's YouTube channel to listen to themed recorded sessions.

[DICE Parenting Programme](#)

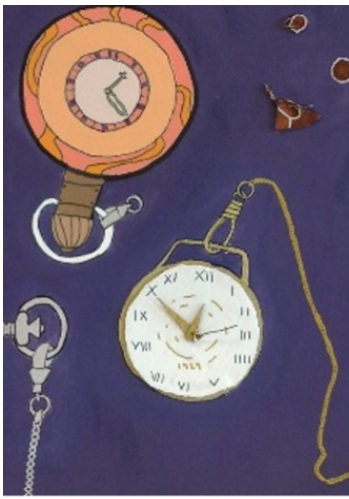
A four week parenting programme that focuses on supporting parenting in understanding and navigating the risks that young people face in modern society.

[Open Conversation Events](#)

A programme of 'Open Conversations' for families from BAME communities to discuss experiences of racism in the borough.

[Rights & Equalities in Newham \(REIN\)](#)

Rein is offering a packed programme of activities for young people as well as free hot and healthy meals over the holidays.



Year 10 art work from top left: David-Mihai Enache; Musfikur Baqkar; Ionut Mirel Anghel; Nasir Uddin; Mohamed Hazeem; Aissa Hamadou; Sachin Pathmanathan; Mohamed Hazeem; Mohamed Hazeem; Sachin Pathmanathan; Ezra Estud; Efaz Hossain; Ezra Estud; Musfikur Baqkar; Ionut Mirel Anghel