

ROKEBY RECORDER DARE TO BE THE BEST

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Now more than ever we recognise the importance of healthy and active bodies and minds. Rokeby's **Health Awareness Week** last week was a fantastic opportunity for the whole school to engage in wellbeing activities and to remind ourselves of the positive impact exercise and nutrition plays in keeping us fit and well.

Students took part in a programme of teambuilding and sporting activities facilitated by the <u>Outward Bound Trust</u> and <u>Born4Sport</u>, which included boxing, fitness coaching and hockey. While staff enjoyed cooking, print making, table tennis and boxercise with all donations going to <u>United</u> <u>World Schools'</u> campaign to support schools in Cambodia and Vietnam.





Respect, Success, Passion for Learning, Personal Challenge, Harmony



Launched by our International Committee, as part of our celebration of different countries and cultures around the world, staff and students took part in the first Velogames Fantasy Cycling Tour to mark the Giro D'Italia which started on 8th May.

Along with the Tour de France and the Vuelta a España, the Giro d'Italia is one of cycling's prestigious three-week-long Grand Tours. The race consists of 21 stages over a 23 to 24 day period.

Rokeby's fantasy league participants selected their team of nine riders to compete. Well done to our winners who received a Giro'Italia water bottle and a keyring of the jersey that they won: Mahe Chowdhury for winning the maglia rosa (overall winner); Mr Ball (maglia ciclamino); Soyad Ali (maglia azzurra); and Mr Simenas (maglia bianca).

Parent meeting: Homework Thursday 24th June at 9.45am

An online session for parents/carers to discuss your views and experiences of homework.

The meeting will take place online but numbers will still be limited to 15 people to allow for a productive discussion and for your feedback to be heard.

Places offered on first come first served basis.

Parent drop-in: EU Settlement Scheme Friday 25th June at 3.00pm

Have you applied for settled status for you and your children? From July this year, EU nationals who haven't completed their EU Settlement Scheme application will face losing their rights to live and work in the UK.

Come to this drop in session if you would like help completing your application. Further details and translated information is available on our website and will also be emailed to all families.

For further information and to book places for either session please email sarah.henderson@rokeby.newham.sch.uk



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