



ROKEBY RECORDER

DARE TO BE THE BEST

Issue 20 | Summer Term 2021

BRILLIANT CLUB SCHOLAR'S PROGRAMME

Congratulations to the boys who have been selected for the [Brilliant Club's Scholars Programme](#) as part of the [National Tutoring Programme](#).

Brilliant Club gives students the opportunity to work with a PhD researcher to experience university style learning. The experience helps them to develop the skills, knowledge and confidence needed to secure a place at a highly-selective university and to gain awareness of the education pathways open to them after college.



The programme is structured around seven tutorials, complemented by two trips to a university. Students receive tuition in small groups and work towards completing a challenging final assignment, which is marked and moderated using university grades. The focus for this year's cohort is English; students will work on their fiction and non-fiction writing skills, which will support their fluency and literacy skills across all curriculum subjects.



PARENT PAY

A reminder to all parents and carers to please activate your Parent Pay account and to use your account to pay for any school items such as school lunches, uniform and revision guides.

The system is very secure, easy-to-use and offers you the flexibility of making payments at your convenience. For further information, please visit the Parent Pay section on our [website](#) or email: lisa.spencer@rokeby.newham.sch.uk



YEAR 7 PARENTS EVENING

Year 7 Parents' Evening will take place online on **Thursday, 13th May from 3.30pm**. Appointments will take place via [SchoolCloud](#).

Further information will be emailed to parents prior to the booking system opening early next week.



ROKEBY FOOD BANK

Since the start of this academic year, Rokeby's Food Bank has provided **one hundred support packages** to vulnerable families.

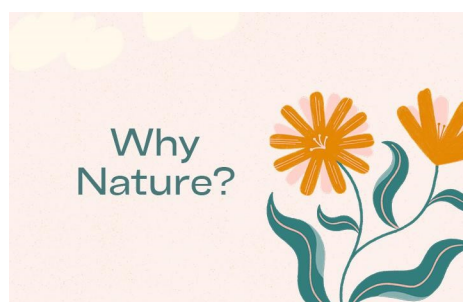
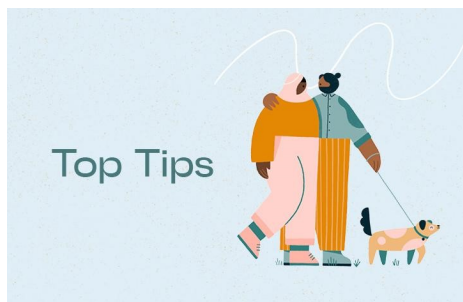
A big thank you to all our supporters including Newham Learning Partnership, Fountain Gate Chapel, Morrisons, Pinsent Masons and our generous school governors, staff and families who have kept the provision going. A big thank you as well to the staff who support the running and maintenance of the food bank in school.



Respect, Success, Passion for Learning, Personal Challenge, Harmony



Next week is [Mental Health Awareness Week](#). It provides a great opportunity within schools and our communities to normalise discussions around mental health and wellbeing. The theme for this year is 'nature'. Recent National Trust [research](#) found a link between feeling connected to nature and improved wellbeing. Click on the images below for further information.



[Find your local park](#)
[Other local green spaces & parks](#)
[Scenic London walks](#)
[Reconnect with nature in London](#)

To continue with the theme of mental health, this poem is a simple reminder of the power that negative thoughts can have over us and the importance of being kinder to ourselves.

[Negative Thoughts](#) by Murray Lachlan Young.



HEADSTART NEWHAM: PARENTING SUPPORT

Headstart Newham is running its virtual parenting course again this term, starting next week. The Being a Parent Group offers an eight week space in which you can meet other parents/carers, share experiences and learn strategies to support you with your parenting concerns.

[Headstart Parenting Programme](#)
[Virtual Coffee & Chat meetings](#)



INDEPENDENT STUDY SKILLS PROGRAMME: TIP OF THE WEEK

In order for revision to be effective it needs to be:

1. **Active** - always work with pen and paper, look for key points and test yourself. Never just sit down and read for a set period. Focus on tasks, not time. If you just read notes you'll only retain about 10% of the information.
2. **Organised** - always ask yourself at the start of a study session "*what do I want to complete in this session?*" Have a plan for what you want to cover this week and this month. Have an overview of the priority areas in each subject - for example the revision checklists we looked at a few weeks ago.

Click on the image for further revision tips. Previous tips have been uploaded to our [website](#).

