



ROKEBY RECORDER

DARE TO BE THE BEST

Issue 18 | Spring Term 2021



HAPPY HOLIDAYS

Wishing all our families a happy springtime. Warm wishes to those marking Easter this weekend and to those looking forward to the start of Ramadan next week.

Easter holidays: Friday 2nd - Friday 16th April 2021



A big thank you to Morrisons who made a large and very generous donation to Rokeby's Food Bank and especially to Vera who works at our local store for delivering the items. We look forward to working with you again in the future. These donations will be given to some of our vulnerable families who are struggling at the moment.

Our thanks as well to Pinsent Masons for your ongoing support and your recent donation of twenty cupboard essentials boxes; they will go a long way in supporting our families, especially over the holiday period.

Mr Bashir



Pinsent Masons



Respect, Success, Passion for Learning, Personal Challenge, Harmony

INDEPENDENT STUDY SKILLS PROGRAMME

It is important you create a **revision** timetable to support your independent learning.



For those who find it hard to study for long periods of time, try and use the **Pomodoro** technique. This involves studying for **25 minutes** and then rewarding yourself with a **5 minute** break. If you carry this out **4 times**, you can give yourself a longer break. The benefits of this are that it helps:

- manage distractions and control your time;
- increase accountability;
- decrease back pain and mental fatigue;
- maintain motivation.



Click [here](#) for an example **revision** timetable

Click [here](#) for an example **revision** timetable

REVISION TIMETABLES

- ✓ Colour code your timetable so it is easy to read
- ✓ Include plenty of time to relax & unwind.
- ✓ Put your timetable in a place where you will see it every day
- ✓ Be realistic
- ✓ Put a copy of the timetable on your phone & set reminders



For any queries & support speak to **Mr Bashir**



EASTER HOLIDAY PROGRAMME

Newham's Easter Holiday Programme includes a wide range of online and some face-to-face activities. It's designed to ensure young people and families have lots of fun activities to do at home. There's details on how to stay safe and healthy and how to access support should you need it. Also included are free online learning resources for children and young people.

[Easter holiday programme](#)

Rights & Equalities in Newham

rein

Rein is offering hot, healthy meals and activities to young people in Newham over the Easter holidays. Email the lead Youth Worker to book places:

khadijah@rein.uk.com

WEEK 2 - EASTER INTERVENTION TIMETABLE 2021

TUESDAY 13 APRIL	WEDNESDAY 14 APRIL	THURSDAY 15 APRIL	FRIDAY 16 APRIL
Reception: CB	Reception: CB	Reception: NB	Reception: NB
Year 1: Science	Year 1: English	Year 1: RE	Year 1: RE
Year 2: Increase your momentum in algebra	Year 2: Increase your momentum in algebra	Year 2: Full course	Year 2: Full course
Year 3: Calculate your Chemistry grades	Year 3: Calculate your Chemistry grades	Year 3: Short course 4+	Year 3: Short course 4+
Year 4: Biology booster and lighter	Year 4: Biology booster and lighter	Year 4: Biology booster and lighter	Year 4: Biology booster and lighter
Year 5: Increase your momentum in Physics	Year 5: Increase your momentum in Physics	Year 5: Increase your momentum in Physics	Year 5: Increase your momentum in Physics
Year 6: Increase your momentum in Physics	Year 6: Increase your momentum in Physics	Year 6: Increase your momentum in Physics	Year 6: Increase your momentum in Physics
BREAK	BREAK	BREAK	BREAK
Year 7: Science	Year 7: Science	Year 7: Science	Year 7: Science
Year 8: Increase your momentum in algebra	Year 8: Increase your momentum in algebra	Year 8: Increase your momentum in algebra	Year 8: Increase your momentum in algebra
Year 9: Calculate your chemistry grades	Year 9: Calculate your chemistry grades	Year 9: Calculate your chemistry grades	Year 9: Calculate your chemistry grades
Year 10: Biology booster and lighter	Year 10: Biology booster and lighter	Year 10: Biology booster and lighter	Year 10: Biology booster and lighter
Year 11: Increase your momentum in Algebra	Year 11: Increase your momentum in Algebra	Year 11: Increase your momentum in Algebra	Year 11: Increase your momentum in Algebra

YEAR 11 INTERVENTION

Click [here](#) for the timetable of intervention classes taking place during the holidays for students in Year 11.

Classes start on **Thursday 8th April**.

Students should arrive promptly, as no late-comers will be allowed in. If your son is staying for two sessions, he should bring a snack as students will not be allowed off site in between classes.



If your son is feeling low, stressed or anxious, **Kooth** offers online mental wellbeing support for young people. Students can also email our [wellbeing team](#) at Rokeby.

ATTENDANCE & PUNCTUALITY

Did you know:

90% attendance over one school year = 4 whole weeks of missed lessons!

Congratulations to:

9K with 99.2% attendance & 8Y with 98.5% punctuality



THOUGHT OF THE WEEK

No matter how educated, rich, talented or cool you believe you are, how you treat people ultimately tells all.

INTEGRITY IS EVERYTHING

WORD OF THE WEEK

flumoxed

sidéré (fr)

despistado (sp)

в заблуждении (ru)

CALENDAR

2nd April to 16th April
Easter holidays

22nd April
Year 8 Parents' Evening

3rd May
Bank holiday