## **EXAMPLE REVISION TIMETABLE**

NAME: \_\_\_\_\_

Day	8:30 - 10:00	10:00 - 11:00	11:00 – 12:00	12:00 - 13:00	13:00 – 14.35	14:35 – 16:00	16:00 - 17:00	17:00 – 18:00	18:00 - 19:00	19:00 – 20:00	20:00 – 21:00	21:00 – 22:00
Monday				2		English	RS	Break	Spanish	English	Relax	Relax
Tuesday			<			Science	Break	Break	Maths	Geography	Relax	Relax
Wednesday			0			Break	Geography	English	Break	Maths	Spanish	Relax
Thursday		3/				Maths	Science	Break	Sociology	Relax	PE	Relax
Friday	5					Play football	Break	English	Break	Maths	Sociology	Relax
Saturday	Science	Maths	Geography	Science	Football	Football	Football	Football	Relax	Relax	Relax	Relax
Sunday	Geography	Football	Football	Relax	Relax	Science	Maths	Break	Spanish	RS	Relax	Relax

<sup>\*\*\*</sup> Remember to take breaks and to give yourself time to relax and do things you enjoy.

This will help you to manage your stress and to study better.