

NEWHAM CAMHS

ONLINE POP-UP CAMHS

For on the spot support, help and consultation for
young people and families who live in Newham or
have a Newham GP

**SECOND AND LAST SATURDAY OF
THE MONTH**

Sign up on Eventbrite for a Pop-Up CAMHS
consultation slot



<https://www.eventbrite.co.uk/e/online-pop-up-camhs-newham-registration-102088330946>

A link will be sent to you so you can join a video
call with a friendly mental health clinician

AIM OF POP-UP CAMHS

- To promote emotional well being and positive mental health in children, young people, and their families in Newham.
- Families are seen for 40 minute consultations with a friendly CAMHS clinician, online.
- Great for young people or families who are perhaps struggling a bit and require early advice, support, or intervention: without needing to meet the usual CAMHS thresholds.
- Excellent service for running ideas past: where families might be concerned about the development or psychological well being of their young people.

Exclusion Criteria

- **Known to CAMHS**
- **In crisis**