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Year 7	Year 8	Year 9	 <b>Head</b> Knowledge, Analysis, Decision Making, Tactics	 <b>Heart</b> Effort, Resilience, Respect, Leadership	 <b>Hands</b> Skill development, Skill Application, Physical Prowess, Technique
Developing			<ul style="list-style-type: none"> <li><input type="checkbox"/> Can <b>identify</b> the use of basic skills, both in isolated progressive drills and in applied full context competitive environments</li> <li><input type="checkbox"/> <b>Beginning</b> to understand how to make decisions in many team and individual activities successfully and understand why we have rules in sport</li> <li><input type="checkbox"/> <b>Emerging</b> understanding in how tactical knowledge is applied appropriately to many activities to outwit opponents.</li> <li><input type="checkbox"/> <b>Identify</b> some reasons for needing to complete a warm up</li> <li><input type="checkbox"/> Beginning to understand <b>a benefit</b> for taking part in physical activity</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>I can sometimes give up</b> when faced with difficult or challenging situations in many sporting activities.</li> <li><input type="checkbox"/> I need to be <b>more willing</b> to take failure positively, understanding that failure is the first step to success.</li> <li><input type="checkbox"/> <b>I need to be more motivated</b> to succeed in practical activities. On occasion they have shown some determination in activities they like.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Beginning</b> to show an understanding of how skills should be performed, although struggles to maintain techniques within many isolated and progressive drills.</li> <li><input type="checkbox"/> <b>Starting</b> to acquire and produce basic skills well in a range of both team and individual activities</li> <li><input type="checkbox"/> I need to <b>correctly adapt</b> them when faced with progressively challenging situations.</li> </ul>
Secure	Developing		<ul style="list-style-type: none"> <li><input type="checkbox"/> Can <b>describe</b> some elements of basic skills, both in isolated progressive drills and in some competitive environments</li> <li><input type="checkbox"/> Can <b>identify</b> and apply decisions in some team and individual activities successfully, although this can be inconsistent across a varied range of activities, can describe some rules in some sports.</li> <li><input type="checkbox"/> Tactical knowledge is <b>beginning to adapt</b> in some activities to outwit opponents.</li> <li><input type="checkbox"/> Can lead an <b>effective self-led</b> warm up and identify most major muscles in the body</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Starting to <b>show signs</b> of resilience when faced with a difficult or challenging situation in many sporting <b>activities</b></li> <li><input type="checkbox"/> <b>Beginning</b> to understand how to take failure more positively, understanding that failure is the first steps to success.</li> <li><input type="checkbox"/> <b>Motivated</b> to succeed in practical activities that they enjoy; this needs to be transferred to all aspects of the curriculum.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Demonstrates</b> skills with elements of appropriate technique, although this is inconsistent across a broader range of activities.</li> <li><input type="checkbox"/> Can struggle to maintain the appropriate techniques in isolated and progressive drills.</li> <li><input type="checkbox"/> <b>Starting</b> to demonstrate these skills with some precision and how to implement them when faced with progressively challenging situations.</li> </ul>
Mastery	Secure	Developing	<p>Can <b>explain</b> the technical application of skills, both in isolated progressive drills and in applied full context competitive environments and can apply knowledge to improve performance</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Make <b>accurate decisions</b> in some team and individual activities, although this can deteriorate in some competitive team activities.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Works hard to <b>demonstrate</b> a resilient approach to progress through challenging practical activities</li> <li><input type="checkbox"/> <b>Beginning</b> to understand how to take feedback more positively, understanding that failure is the first step to achieving sustained success.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Can <b>maintain</b> a sound level of technique within isolated and progressive drills.</li> <li><input type="checkbox"/> Some skills are <b>performed</b> with technical errors and on occasion can adapt when faced with progressively challenging situations.</li> <li><input type="checkbox"/> Able to <b>produce</b> basic skills well to a wide range of both team and individual activities</li> </ul>

			<ul style="list-style-type: none"> <li><input type="checkbox"/> Tactical knowledge is <b>applied accordingly</b> to some activities to outwit opponents.</li> <li><input type="checkbox"/> Can <b>describe</b> how the body adapts and benefits from exercise</li> <li><input type="checkbox"/> Can take <b>responsibility</b> for leading a small group warm up</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Motivated</b> to succeed in most practical subjects. However, this needs to be transferred to all aspects of the curriculum and alternative extra-curricular activities.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Demonstrates</b> good technique and application of skill in certain activities.</li> </ul>
	Mastery	Secure	<p>Can <b>evaluate</b> the technical application of skills, both in isolated progressive drills and in applied full context competitive situations, giving teaching points to correct mistakes</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Can make <b>justified</b> decisions in many team and individual activities successfully.</li> <li><input type="checkbox"/> Tactical knowledge is <b>advanced</b> and is well applied to many activities to outwit opponents.</li> <li><input type="checkbox"/> Can <b>categorise</b> short and long-term effects of exercise on physical, mental and social wellbeing</li> <li><input type="checkbox"/> Can lead an <b>effective</b> warm up to whole class</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Understands</b> that success takes hard work and time to achieve; takes setbacks and failures maturely, using experiences and feedback to progress in all activities.</li> <li><input type="checkbox"/> Demonstrates high levels of <b>motivation</b> in a wide range of curriculum and extra-curricular sporting activities.</li> <li><input type="checkbox"/> <b>Supports</b> the teachers in handling equipment at the start and conclusion of the activity.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Demonstrates</b> a good level of skill technique within isolated and progressive drills</li> <li><input type="checkbox"/> <b>Demonstrates</b> skills with minor errors and can adapt when faced with progressively challenging situations.</li> <li><input type="checkbox"/> Able to <b>produce</b> progressive skills well to a wide range of both team and individual activities</li> <li><input type="checkbox"/> <b>Demonstrates</b> consistent technique and application of skill in certain activities.</li> </ul>
		Mastery	<ul style="list-style-type: none"> <li><input type="checkbox"/> Can <b>justify</b> the technical application of skills, both in isolated progressive drills and in applied full context competitive environments and <b>evaluate</b> performance to improve skills, techniques, fitness levels</li> <li><input type="checkbox"/> Can make <b>complex</b> and precise decisions in many team and individual activities successfully.</li> <li><input type="checkbox"/> Tactical knowledge is <b>well advanced</b> and is applied appropriately to all activities to outwit opponents.</li> <li><input type="checkbox"/> Can <b>justify</b> the advantages of following an active and healthy lifestyle on physical, mental and social well-being.</li> <li><input type="checkbox"/> Can <b>lead</b> and <b>officiate</b> competitive situations</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Understands and <b>demonstrates</b> that success takes hard work and time to achieve; takes setbacks and failures maturely, using experiences, feedback, and attitude to demonstrate progression in all activities.</li> <li><input type="checkbox"/> Maintains, demonstrates, and <b>promotes</b> high levels of motivation in a wide range of curriculum and extra-curricular sporting activities.</li> <li><input type="checkbox"/> <b>Always supports</b> the teachers in handling, maintaining and transporting equipment at the start and conclusion of the activity.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Demonstrates</b> an advanced level of skill technique within all drills</li> <li><input type="checkbox"/> <b>Demonstrates</b> skills with little to no errors and can easily adapt when faced with progressively challenging situations.</li> <li><input type="checkbox"/> Able to <b>produce</b> complex skills well to a wide range of both team and individual activities</li> <li><input type="checkbox"/> <b>Demonstrates</b> perfect technique and application of skill in certain activities.</li> </ul>