



ENRICHMENT

at QE



ENRICHMENT AT QE

As a student at Queen Elizabeth Sixth Form College, you will have the opportunity to participate in a wide range of activities outside the classroom. From trips abroad, or closer to home, to work experience and volunteering, Enrichment at QE helps you to develop new skills and prepare for life after College.

At the heart of Enrichment is our Supplementary Programme: a collection of courses, activities and projects to further enhance your academic studies. By participating in our Supplementary Programme you'll get to try something new, gain additional experiences, make new friends and have fun. You can even achieve additional qualifications while you're taking part.

This brochure outlines the benefits of Enrichment at QE and gives examples of activities available to students.

“You will have the opportunity to take part in a wide range of activities outside the classroom.”

WHY ENRICHMENT?

1 Enrichment builds skills

By taking part in enrichment activities, you can gain skills which help you to develop as a person and to prepare for your future career. These skills might relate to a particular subject area: a new language, a sport or a creative pursuit.

Alternatively, they might help you to prepare for adult life providing you with leadership experience, building your confidence and resilience, or helping you network with new people.

They may also develop your 'skills for work', making you more attractive to employers. Remember to draw on your experience of enrichment activities when completing your Skills Builder Portfolio.

2 Enrichment makes a difference

Enrichment activities can help you to give something back to your community and to support those around you. You might want to improve the life of the college for other students by joining the Student Association or supporting a local project. You may also want to volunteer or commit to a major social project through the QE Interact Group. Whether big or small, your actions through QE Enrichment can make a difference.

3 Enrichment gives you the edge

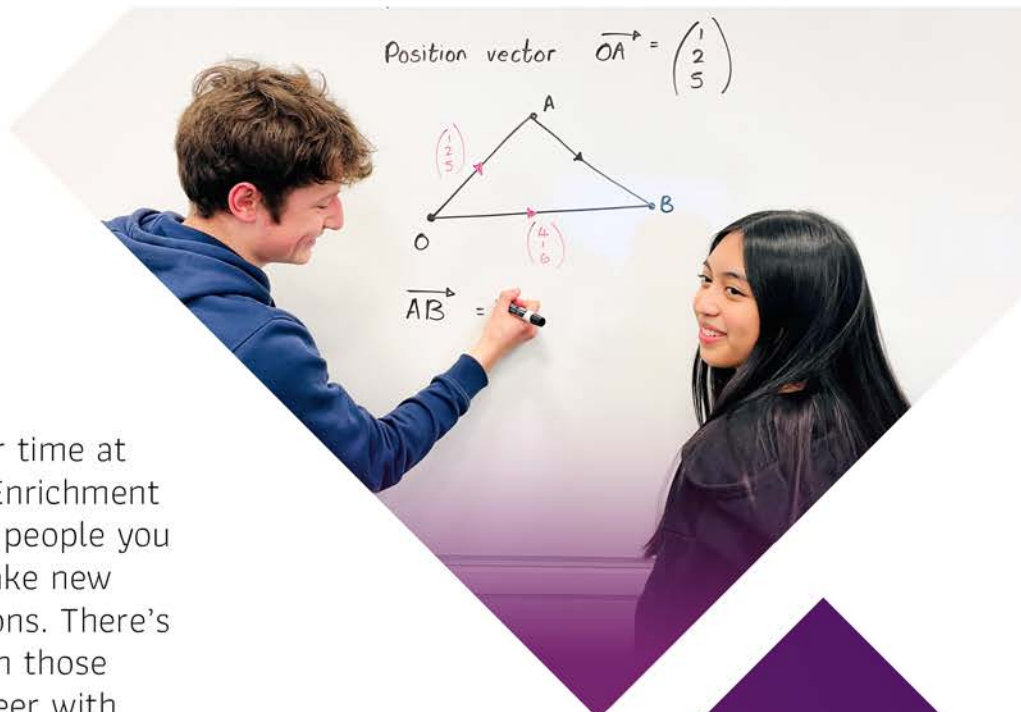
Enrichment at QE can open the doors to a wide range of opportunities both in the world of work and higher education. University admission tutors inform us that regular enrichment activities add huge value to students' UCAS applications. Employers are more likely to offer jobs and apprenticeships to applicants who have participated and learned new skills, as well as having great qualifications. Whether through work experience, community action or sport, QE Enrichment gives you the edge.

4 Enrichment helps you learn

Many enrichment activities support your academic courses. Field work or a trip to a local business, museum or gallery, for example, is often a fantastic way to help you learn about your subject. Visiting speakers, such as experts in their field or those with amazing stories to tell, can bring your subject to life. You might become a better sportsperson, a better linguist or a better performer, through Enrichment at QE. Whatever you choose to do, Enrichment helps you to learn beyond the classroom.

5 Enrichment is fun

We want you to enjoy your time at college. By taking part in Enrichment activities, you get to meet people you wouldn't meet in class, make new friends and build connections. There's no better way to bond with those around you than to volunteer with them, compete with them or go abroad with them. Many activities, including much of the Supplementary Programme, are about recreation and enjoyment: play football, hockey or golf for fun, not just to win. Join the Chess and Games club and meet new people, or take part in a book group to talk about the reading you love. Take a break from your studies by doing something you love, and have fun.



“It was a privilege to visit Washington to see some of the places central to American Politics, as well as speaking with some of the organisations involved in shaping it. It was great to visit so many iconic landmarks.”

TRIPS & VISITS

Many academic courses at QE give you the opportunity to learn outside the classroom by taking part in trips and visits. These can range from foreign expeditions [visit Chamonix with Geology or Washington DC with Politics, for example] to fieldwork in the Lake District, visits to London, or trips closer to home. Not all our trips and visits run through subjects. The Careers Team, for example, organise visits to Universities, Higher Education Fairs, businesses, hospitals and more. Financial assistance is available to help with costs.



VISITING SPEAKERS

QE attracts big names, such as those from the world of Media, Politics, Business and Higher Education, and gives you the chance to hear from those at the top of their field. During Progression Fortnight in June, QE offers over 50 workshops at which speakers from universities and industry share their experiences and offer you advice. Each subject has an Employer Champion who can visit your classes to tell you how to make it in the world of work. And throughout the year we hold talks and events open to all students, where you can be inspired by the successes and expertise of others.



Production designer Grant Montgomery came to Darlington to speak to students about his work on BAFTA-nominated film *The Wonder*, and gangster family epic *Peaky Blinders*

WORK EXPERIENCE

Learning about the world of work is an important element of your time at QE. You can do this in many ways such as through your subjects, in tutorials or through trips and visits. But there's no better way to experience the work place than by taking part in the work experience programme. This can be done in person, on a traditional work placement, or through the many online work experience opportunities, such as those offered by Speakers for Schools.

Students on Applied General courses will complete work experience as part of their studies. Those aiming at vocational courses in HE, such as Medicine, Teaching, or Nursing, are encouraged to take part in work placements. Students looking at competitive opportunities such as Apprenticeships, will give themselves an edge by taking part in work experience. Whatever your motivation, QE will help you find the experience that's right for you. Speak to Sarah, our Work Experience Coordinator [based in the Library] for more information and read our Work Experience Guide for Students.



THE ENRICHMENT PROGRAMME

While at QE, you can choose from a huge range of opportunities that form our Enrichment Programme. Running throughout the year, at lunchtimes, in lessons or outside College, enrichment activities are open to all. We also set up new activities suggested by our students.

See below for our current Enrichment Programme.

QE SPORT

- Football
- Rugby
- Hockey
- Basketball
- Netball
- Volleyball
- Badminton
- Golf
- Dodgeball
- Table Tennis
- Futsal
- Dance
- Indoor Cricket
- Bollywood Dancing

QE CREATE

- Drama Group
- College Production
- Creative Writing
- Dystopian Book Group
- Big Band
- Orchestra
- Chamber Choir
- Pop Choir
- Music Theory
- Battle of the Bands
- Mindful Colouring
- Knit and Knatter
- QE Media Team
- QE Radio

QE STRETCH

- French for Beginners
- German for Beginners
- Italian for Beginners
- Japanese for Beginners
- Latin for Beginners
- Russian for Beginners
- Spanish for Beginners
- Psychology Book Club
- The Young Reporter Scheme
- Archaeology Group
- Extended Project Qualification [EPQ]
- Amnesty International Youth Group
- Maths Club
- History Club
- Dementia Awareness
- Chess and Games Club
- FIFA Club
- QE Dares [Diversity, Anti-Racism and Equality Society]
- F1 Club
- First Aid and Mental Health First Aid Champions
- Christian Union
- Lunch Club

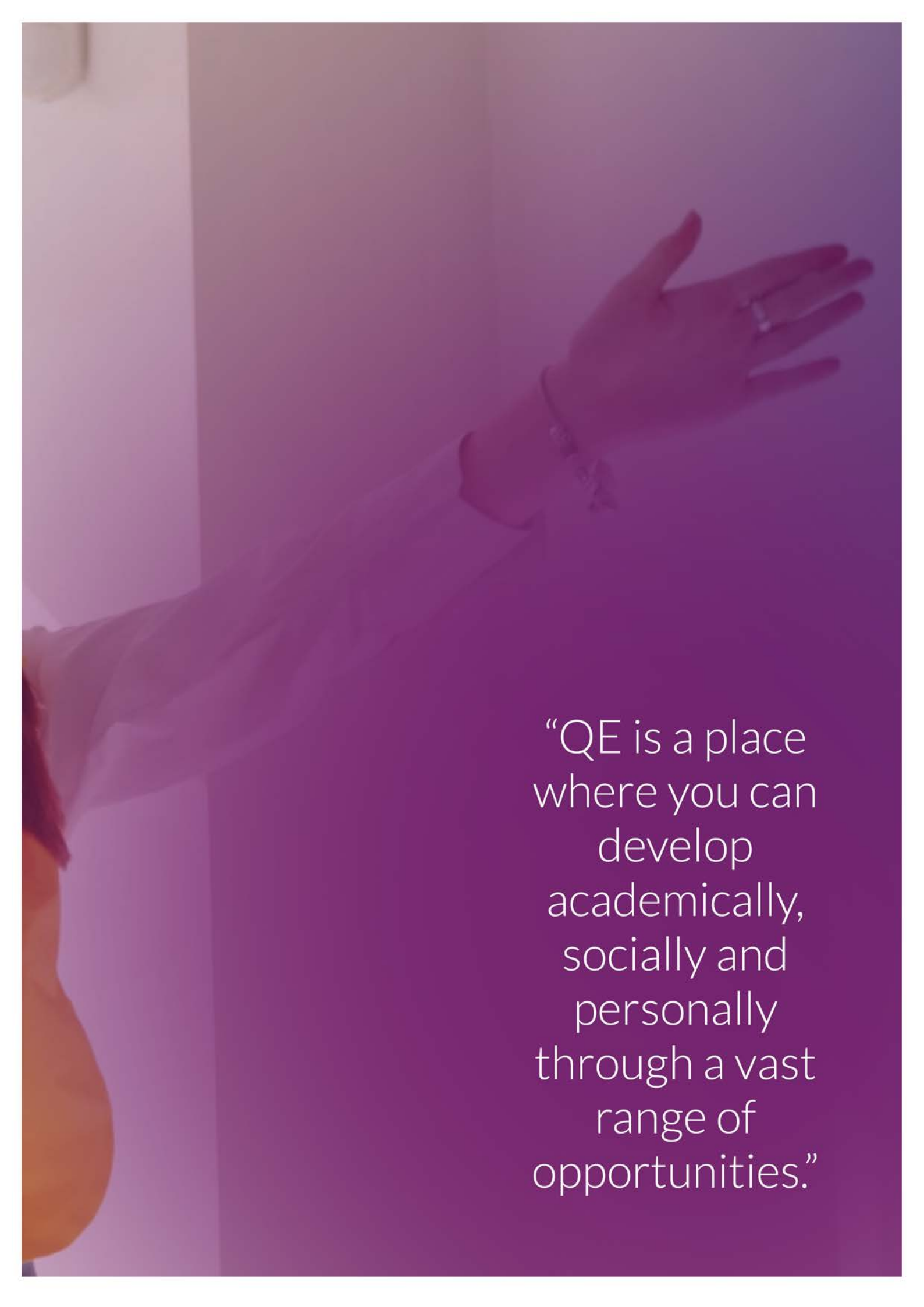
QE LEAD

- Student Association
- Combined Cadet Force [CCF]
- Duke of Edinburgh
- Interact Group/ Volunteering Group
- Green Group/ Environmental Leadership
- LGBTQ+ Group
- Mental Health & Wellbeing Group
- Higher Sports Leaders Award
- Student Ambassadors
- QE Explore
- Prom Committee

QE FUTURE

- Future Engineers
- Medics Society
- Cabin Crew
- Oxbridge Ready
- Job Ready
- Work Experience
- Volunteering
- Life Skills



A photograph of a person's arm and hand reaching out, overlaid with a purple gradient. The hand is open, palm facing up, and wears a ring on the ring finger and a bracelet on the wrist. The background is a plain, light-colored wall.

“QE is a place
where you can
develop
academically,
socially and
personally
through a vast
range of
opportunities.”

QE
QUEEN ELIZABETH
Sixth Form College

Vane Terrace Darlington DL3 7AU

www.qeliz.ac.uk

☎ 01325 461315 ✉ qe@qeliz.ac.uk

📘 facebook.com/qesfc 🐦 twitter.com/qesfc 📷 [qesfcDarlington](https://www.instagram.com/qesfcDarlington) 📺 youtube.com/c/qesfc