

2 Year Old Preschool Summer Term 1

We will explore where food comes from and investigate which foods are healthy. We will discuss which foods we like and dislike.

This is a fantastic topic to explore as I know how difficult it can be for some children to try a different range of food. Food is very important for a child's development.

We are going to play a veggie guessing game to increase children's recognition and awareness of different vegetables. Ask them to guess what the vegetable is by feeling, smelling and even tasting it.

We will have a theme tasting day for example. Offer different kinds of healthy foods to try on a special theme day. For example, on healthy apple day for snack offer green apples, red apples, dried apples, pureed apple and canned apples.

This term we will
be learning...

Healthy Eating



Key Information

Please remember to leave a 'stay at school' change of clothes bag. Items that can be included: jumpers, trousers, underwear and socks. As well as spare shoes or wellies. Children love to jump in the puddles. Please also ensure your bag is topped up with nappies and wipes.

Children will need a water bottle with your child's name on it for them to drink water at school.

Parents please encourage and prepare your child for toileting. You can do this through stories or talking to your child if they recognise when they need the toilet. An if they are on toileting to please keep up with the routine and consistency at home.

Prime: Prime areas are fundamental, work together, and move through to support development in all other areas.

Personal, Social, Emotional Development:

We will be learning to develop friendships with other children. Help the children find ways into the play and friendship groups of others. They will learn to use the toilet with help, and then independently. To encourage children's independence with a range of resources inside and outside the classroom. Take a trip once a week to the Forest School in Portway.

Communication & Language:

We will be learning to start to say how they are feeling. To help suggest words to describe their emotions like 'sad' or 'angry'. We will also be looking at identifying objects and properties for example the 'red shiny apple.'

Physical Development:

We will be providing opportunities to help young children learn what physical risks they are confident and able to do. We will encourage them to climb unaided and to stop if they do not feel safe. We will also fit into spaces, like tunnels, dens and large boxes, and move in them.

Specific: English

We will be doing a lot of repetition, rhythm and rhyme by reciting lots of different stories, poems and rhymes from books. The rhyme this term is 'Humpty Dumpty'. Repeat words and phrases from familiar stories. Ask lots of questions. Stop and Go games for attention and listening.

We will continue with the picture books and story book this term for your child to take home, this is your shared reading to read with your child for the most 10 minutes. This is a great way to start the love of reading.

We have our circle time everyday where we are practicing tapping the syllables in our name.

The books in the class we will be reading are;

Little Red Hen, I Will Never Eat a Tomato, Monsters Don't Eat Broccoli, My Very First Book of Food.

Mathematics

Compare amounts, saying 'lots', 'more' or 'same'.

Develop counting-like behaviour, such as making sounds, pointing or saying some numbers in sequence

Count in everyday contexts, sometimes skipping numbers – '1-2-3-5'

Nursery Rhyme 'One Potato two Potato three Potato four''

You might like to join in with our learning at home by:

Reading: The Little Red Hen by Paul Galdone

Watching:

<https://www.youtube.com/watch?v=2E72TZy0LNo>

What you can do

- Have a go at baking some bread, go to a corner store or market and look at the different fruits and vegetables.