Health

	2YO	3YO	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and fitness	Physical health and fitness	Physical health and fitness	Physical health and fitness	Physical health and fitness	Physical health and fitness	Physical health and fitness	Physical health and fitness	Physical health and fitness
Autumn 2	Healthy eating	Healthy eating	Healthy eating	Healthy eating	Healthy eating	Healthy eating	Healthy eating	Healthy eating	Healthy eating
Spring 1	Health Prevention	Health Prevention	Health Prevention	Health Prevention	Health Prevention	Health Prevention	Health Prevention	Health Prevention	Health Prevention
Spring 2	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing	Mental Wellbeing
Summer 1	Basic first aid	Basic first aid	Basic first aid	Basic first aid	Drugs, alcohol and tobacco	Basic first aid	Drugs, alcohol and tobacco	Basic first aid	Drugs, alcohol and tobacco
Summer 2									