

**Meal
Deal
£3.10**

MENU 1

**Meal
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£3.10**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Curry & Mixed Rice	Beef Lasagne	Roast Chicken and Yorkshire Pudding	Chilli & Nachos	Battered Cod
Vegetarian	Cheese, Tomato & Beans Pasta Bake	Sweet Chilli Quorn Noodles	Quorn Sausage and Yorkshire Pudding	Stuffed Jacket Potato	Mac & Cheese
Also Available Daily	Jacket Potatoes (with Cheese, Beans or Tuna) Assortment of Sandwiches and Salad Boxes A daily choice of <u>freshly</u> prepared tasty 'Grab & Go' snacks				
Potato Pasta Rice Vegetable s	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables
	Food Allergies and Intolerances Please speak to catering staff if you have any concerns				
Desserts	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies
	A Selection of Tray Bakes and Home Baking				

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MENU 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken & Vegetable Pie	Spaghetti Bolognaise	Roast Beef and Yorkshire Pudding	Chilli with chickpeas & Nachos	Battered Cod
Vegetarian	Quorn Korma Mixed Rice	Vegetable Pasta Bake	Quorn Casserole and Yorkshire Pudding	Quorn Bolognaise	Cheese and Cherry Tomato Omelette
Also Available Daily	Jacket Potatoes (with Beans, Cheese or Tuna) Assortment of Sandwiches and Salad Boxes A daily choice of freshly prepared tasty 'Grab & Go' snacks				
Potato Pasta Rice Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables
	Food Allergies and Intolerances Please speak to catering staff if you have any concerns				
Desserts	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies
	A Selection of Tray Bakes and Home Baking				

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MENU 3

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken and Garlic Pasta Bake	Minced & Dumplings	Roast Pork/ or Sausage and Yorkshire Pudding	Chilli & Nachos	Fish fingers
Vegetarian	Quorn Chilli and mixed rice	Cheesy Jackets	Quorn Fillet and Yorkshire Pudding	Quorn Tikka and mixed rice	Quorn Fajitas wraps
Also Available Daily	Jacket Potatoes (with Cheese, Beans or Tuna) Assortment of Sandwiches and Salad Boxes A daily choice of freshly prepared tasty 'Grab & Go' snacks				
Potato Pasta Rice Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables	Served with a selection of Potatoes/Rice/Pasta and Seasonal Vegetables
	Food Allergies and Intolerances Please speak to catering staff if you have any concerns				
Desserts	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies	Choose from Fresh Fruit, Yoghurts and Jellies
	A Selection of Tray Bakes and Home Baking				