

# Workshop Information

Workshop Number	Room	Title and Staff Member
1	10	Supporting your child in GCSE Science. Miss Neale (Head of Science)
2	11	Supporting your child in GCSE English. Mr Hamilton (Head of English)
3	12	Supporting your child in GCSE Maths. Mrs Dillerstone (Head of Maths)
4	22	The year ahead and supporting your child with revision. Mrs Graham (Head of Achievement and Learning)
5	46	Supporting your child's mental well being: building resilience Gill Knights (THRIVE practitioner)

# The year ahead and supporting your child with revision.

Melanie Graham - Head of Achievement & Learning y11  
[m.graham@pchs.cheviotlt.co.uk](mailto:m.graham@pchs.cheviotlt.co.uk)

# Plan for the session

Key dates for the year

Supporting revision

How to revise

Where to get help and support

Careers, education, information, advice and guidance (CEIAG)



# Key dates for the year

## Autumn term

6th September - Start of school 8.25am  
20th September - Supporting your child  
6-7.15pm  
25th October - Opportunities at post -16 6-7pm  
27th October - Teacher training day  
**30th October - 3rd Nov - half term**  
7th November - Grade update 1  
4th - 8th December - MFL mock speaking  
exams  
11th/12th December - Art mock exam  
14th - 21st December - Mock exams  
22nd December - Mock exam catch up day  
**25th December - 5th January 2024 -  
Christmas break**

## Spring term

8th January - Teacher training day  
23rd January - Mock results day/Mock exam  
results to parents/carers  
25th January - Y11 Parents' Evening P Band  
students  
30th January - Y11 Parents' Evening Q Band  
students  
6th February - Post 16 options evening  
**19th -23rd February - half term**  
26th February - NEA food practicals exam  
27th February - post 16 options forms deadline  
20th March - GCSE Music/Drama performance  
25th/26th March - GCSE art/textiles exam  
**29th March- 12th April - Easter break**

## Summer Term

18th April - careers and apprenticeship evening  
29th April - 3rd May - GCSE Speaking Exams  
**6th May - Bank Holiday**  
**27th - 31st May - May half term**  
20th June - awards evening 6pm- 7pm  
25th/26th June - year 11 into 12 taster days

# External exam dates

NEA - non-examined assessment each subject will have dates for when this has to be submitted. May 9th and 15th is a common final deadline.

JCQ have confirmed that the start date for GCSE exams will be 9th May 2024 and will run until 19th June 2024. 26th June has been kept as a contingency day and all students need to be available on this day in case of disruption to examinations.



# Supporting revision - what can you do

Have a routine at home

Create a space for revision

Help plan a realistic revision timetable and then help them stick to it

Food

Sleep

Electronics




Ask questions - get them to teach you

Know exam dates and times



# Revision timetable suggestions

Month		
Date/Time		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

Subject.....			
Topic			

1st

**Learning**

Learning will be forgotten rapidly in the short term without review intervention.

1 Hour

**Review 1**

Learning is refreshed and the rate at which it is forgotten is reduced. This could be in the form of questioning during the lesson or exit tickets at the end

1 Day

**Review 2**

Learning is refreshed and the rate at which it is forgotten is reduced. E.g. Summarizing the Key Points from last lesson using Cornell Notes

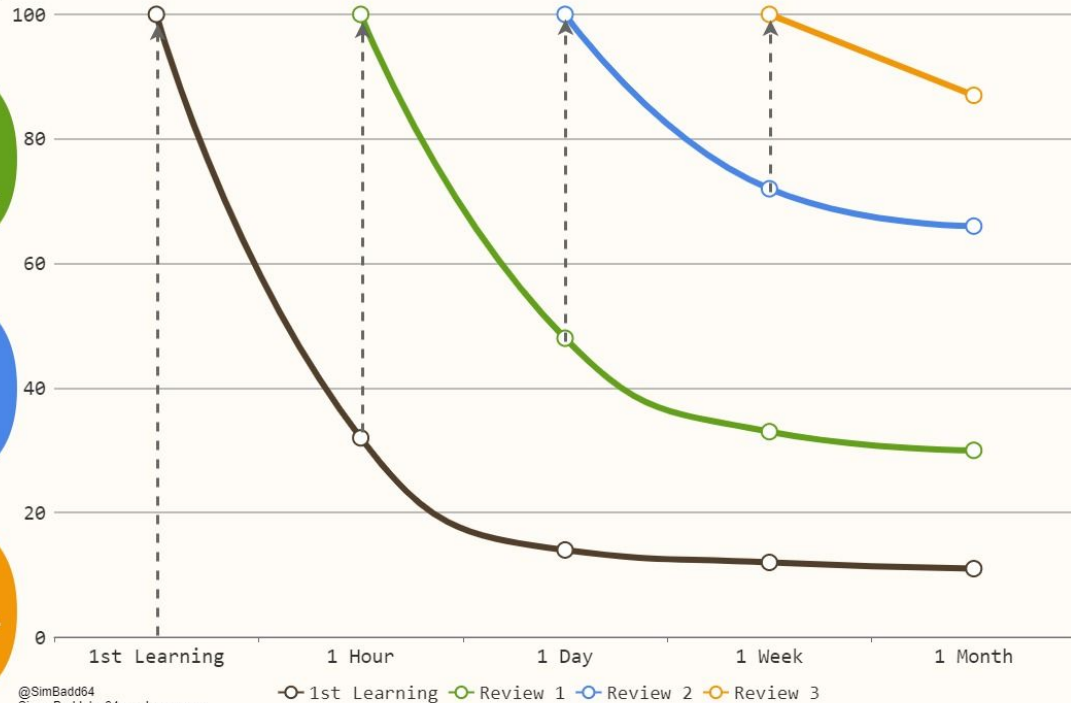
1 Week +

**Review 3**

This review should feed into a rolling cycle of periodic review to refresh the learning over time. E.g. Regular recall and retrieval practice

# The Curve of Forgetting

Hermann Ebbinghaus





# Revision techniques

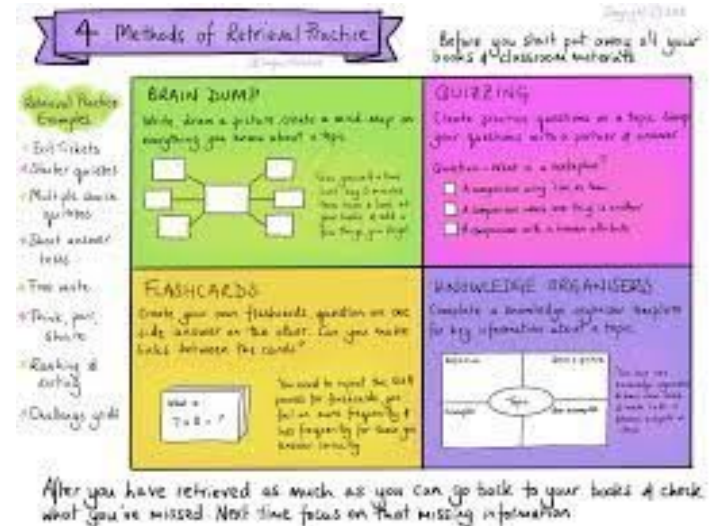
**Condensing notes** - flash cards, mind maps, highlighting key information, summarising and building back up

**Flow charts**

**Flash cards**

**Memory techniques** - active learning is shown to be more memorable than passive learning eg blurring, question mind maps, question flash cards, chunking information, story telling,

**Testing** - teach another person, quizzing, exam style questions, past papers, marking with a mark scheme, examiners reports.



# Where to get help and support

[enquiries@pchs.cheviotlt.co.uk](mailto:enquiries@pchs.cheviotlt.co.uk)

[pastoralsupport@pchs.cheviotlt.co.uk](mailto:pastoralsupport@pchs.cheviotlt.co.uk)

Google classroom

Curriculum information

[bbc.co.uk/bitesize](https://bbc.co.uk/bitesize)



# Next steps - Careers, education, information, advice and guidance

Careers advice and guidance in tutorial through our PCS programme.

1:1 appointments with a careers adviser.

Careers and apprenticeship evening in year 10.

Careers days at the end of year 10.

Assemblies with external organisations - apprenticeships/college.

Sixth form opening evening and taster sessions.



# Top 10 Ultimate Revision Tips - for students

Start revision as soon as possible - little and often

Plan revision using a specific timetable

Set up a tidy study space

Revisit topics several times with a gap in between

Vary revision with different activities

Lots of practice papers and questions

Set aside time to do fun things

Keep your phone and other distractions away - quality over quantity

Sleep and eat properly

Don't panic - plan your work and work your plan

Everything that is mentioned here is in addition to what is taking place in school. Studies have shown that students who have parents engaged in their studies are 8 times more likely to be successful.



# Funded sixth form opportunity at the Charter House School, Surrey - Sept 2024

Forward thinking since 1611: Charterhouse is pleased to be able to offer a fully-funded sixth-form boarding scholarship for 16+ entry in September 2024.

The Charterhouse Cadehill Scholarship is a means-tested award open to all sixth-form applicants applying to begin their studies in September 2024. Eligible candidates will also have access to support in addition to the School fees, in order to cover the additional costs of study eg uniform, trips etc. Further details on what life at Charterhouse is like can be seen at [www.charterhouse.org.uk](http://www.charterhouse.org.uk), including videos from some of our current pupils.

If you are interested in more details and information please contact [enquiries@pchs.cheviotlt.co.uk](mailto:enquiries@pchs.cheviotlt.co.uk)



# Revision Tips for Parents

## Useful links

<https://getrevising.co.uk/planner>

<https://pchs.cheviottt.co.uk/>

<https://www.bbc.co.uk/bitesize>

## Top tips for revision

Start revision as soon as possible - little and often

Plan revision using a specific timetable

Set up a tidy study space

Revisit topics several times with a gap in between

Vary revision with different activities

Lots of practice papers and questions

Set aside time to do fun things

Keep your phone and other distractions away - quality over quantity

Sleep and eat properly

Don't panic - plan your work and work your plan

## Revision ideas

Flash cards

Mind maps

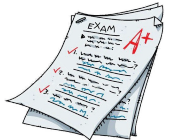
Chunking

Blurting

Quizzing

Flow charts

Active learning



## 4 Methods of Retrieval Practice

© ImpactWales

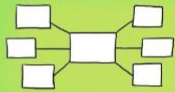
Before you start put away all your books & classroom materials.

### Retrieval Practice Examples

- Exit Tickets
- Starter quizzes
- Multiple choice quizzes
- Short answer tests
- Free write
- Think, pair, share
- Ranking & sorting
- Challenge grids

### BRAIN DUMP

Write, draw a picture, create a mind-map on everything you know about a topic.



Give yourself a two / ten / day 3 minutes, then have a look at your books & add a few things you forgot.

### QUIZZING

Create practice questions on a topic. Swap your questions with a partner & answer.

Question - What is a metaphor?

- ☐ A comparison using 'like' or 'as'.
- ☐ A comparison where one thing is another.
- ☐ A comparison with a human attribute.

### FLASHCARDS

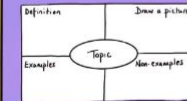
Create your own flashcards, question on one side answer on the other. Can you make links between the cards?



You need to repeat the Q&A process for flashcards you fail on more frequently & less frequently for those you answer correctly.

### KNOWLEDGE ORGANISERS

Complete a knowledge organiser template for key information about a topic.



You can use knowledge organisers to learn new words & make links in between subjects or ideas.

After you have retrieved as much as you can go back to your books & check what you've missed. Next time focus on that missing information

## Routines - little and often!