

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Veggies



Sweet Treats



Margherita pizza
& oven baked wedges



Mixed bean bolognaise
with penne pasta



Vegetable sausages
with roast potatoes & gravy



Pea-powered vegetable
stir fry with carrot rice



Vegetable nuggets, chips
& tomato ketchup



Roasted vegetable pizza
& oven baked wedges



Beef & lentil bolognaise
with penne pasta



Roast gammon
with roast potatoes & gravy

Creamy coconut chicken
& chickpea curry with
carrot rice



Fish fingers, chips
& tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Lemon shortbread biscuit



Chocolate & banana
brownie sponge



Apple strudel & custard



Baked apple & cinnamon
sponge



Chocolate shortbread



Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal  OPTION 1 OPTION 2	Margherita pizza & oven baked wedges 	Pea-powered vegetable pie & new potatoes 	Cheesy cauliflower pasta bake 	Veggie all day breakfast	Quorn dippers, chips & tomato ketchup 
	Tomato, spinach & salmon pasta 	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Veggies 	Broccoli 	Peas 	Carrots & cauliflower 	Baked beans 	Peas 
Sweet Treats 	Traditional flapjack 	Oaty apple crumble & custard 	Chocolate mousse 	Carrot cake with orange glaze 	Chocolate fruit crispie cake 

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Main Meal

OPTION 1

OPTION 2

Pea-powered mild chilli with rice



Vegetable sausages & mashed potatoes with gravy



Pea-powered cottage pie with gravy



Baked creamy mac 'n' cheese



Vegan sausage roll, chips & tomato ketchup



Vegetable stir fried rice



Pork sausages (beef casing) with mashed potatoes & gravy

Roast chicken breast, roast potatoes & gravy

BBQ chicken loaded mac 'n' cheese

Fish fingers, chips & tomato ketchup

Sweetcorn



Peas & carrots



Broccoli & carrots



Selection from the salad bar



Baked beans



Chocolate shortbread



Apple & summer berry crumble with custard



Lemon sponge & custard



Garden brownie



Strawberry mousse

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