



NHS
South Tyneside and Sunderland
Mental Health Support Services

Introduction to Our Service For Parents/Carers

Find out more about the Mental Health
Support Services for children and young
people within South Tyneside and
Sunderland

Date: **23rd September 2026**
Time: **6 - 6:30pm**

Join the webinar here by scanning the
QR code or clicking the link below:

[Click here to join the meeting now](#)

Meeting ID: 380 800 268 987 181



*Please note: For privacy and safeguarding
reasons (in line with GDPR), we ask that
parents/carers join as guests, keep microphones
and cameras off, and do not use the chat
function during the session.*



helping and supporting you: The Healthy Minds and Healthy Heads Teams
Service provided by South Tyneside and Sunderland NHS Foundation Trust