Practical PE Long Term Planning 20/21

Term / Group	Gold Key Stage 3	Purple Key Stage 3	Green Key Stage 3	Yellow Key Stage 4	Orange Key Stage 4	Blue Key Stage 4	Red Key Stage 4
Autumn 1	Invasion Fitness Football Basketball	Invasion Fitness Football Basketball	Invasion Fitness Football Basketball	Invasion Fitness Football Basketball	Invasion Fitness Football Basketball	Invasion Fitness Football Basketball	Invasion Fitness Football Basketball
Autumn 2	Net games Badminton Volleyball Table Tennis	Net games Badminton Volleyball Table Tennis	Net games Badminton Volleyball Table Tennis	Net games Badminton Volleyball Table Tennis	Net games Badminton Volleyball Table Tennis	Net games Badminton Volleyball Table Tennis	Net games Badminton Volleyball Table Tennis
Spring 1	Gymnastics Stretching Floor Exercises Fitness	Gymnastics Stretching Floor Exercises Fitness	Gymnastics Stretching Floor Exercises Fitness	Gymnastics Stretching Floor Exercises Fitness	Gymnastics Stretching Floor Exercises Fitness	Gymnastics Stretching Floor Exercises Fitness	Gymnastics Stretching Floor Exercises Fitness
Spring 2	Invasion Hockey Handball Dodgeball	Invasion Fitness Hockey Dodgeball	Invasion Fitness Basketball Dodgeball	Invasion Fitness Basketball Dodgeball	Invasion Fitness Basketball Dodgeball	Invasion Fitness Basketball Dodgeball	Invasion Fitness Basketball Dodgeball
Summer 1	Striking and Fielding Rounders and Cricket	Striking and Fielding Rounders and Cricket	Striking and Fielding Rounders and Cricket	Striking and Fielding Baseball and Cricket	Striking and Fielding Baseball and Cricket	Striking and Fielding Baseball and Cricket	Striking and Fielding Baseball and Cricket
Summer 2	Athletics Fitness Track and Field Tennis	Athletics Fitness Track and Field Tennis	Athletics Fitness Track and Field Tennis	Athletics Fitness Track and Field Tennis	Athletics Fitness Track and Field Tennis	Athletics Fitness Track and Field Tennis	Athletics Fitness Track and Field Tennis