Practical PE Long Term Planning 20/21

Group	Gold Key Stage 3	Purple Key Stage 3	Green Key Stage 3	Yellow Key Stage 4	Orange Key Stage 4	Blue Key Stage 4	Red Key Stage 4
Autumn 1	Invasion	Invasion	Invasion	Invasion	Invasion	Invasion	Invasion
	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
	Football	Football	Football	Football	Football	Football	Football
	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball
Autumn 2	Net games	Net games	Net games	Net games	Net games	Net games	Net games
	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton
	Volleyball	Volleyball	Volleyball	Volleyball	Volleyball	Volleyball	Volleyball
	Table Tennis	Table Tennis	Table Tennis	Table Tennis	Table Tennis	Table Tennis	Table Tennis
Spring 1	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
	Stretching	Stretching	Stretching	Stretching	Stretching	Stretching	Stretching
	Floor Exercises	Floor Exercises	Floor Exercises	Floor Exercises	Floor Exercises	Floor Exercises	Floor Exercises
	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
Spring 2	Invasion	Invasion	Invasion	Invasion	Invasion	Invasion	Invasion
	Hockey	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
	Handball	Hockey	Basketball	Basketball	Basketball	Basketball	Basketball
	Dodgeball	Dodgeball	Dodgeball	Dodgeball	Dodgeball	Dodgeball	Dodgeball
Summer 1	Striking and	Striking and	Striking and	Striking and	Striking and	Striking and	Striking and
	Fielding	Fielding	Fielding	Fielding	Fielding	Fielding	Fielding
	Rounders and	Rounders and	Rounders and	Baseball and	Baseball and	Baseball and	Baseball and
	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket
Summer 2	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
	Track and Field	Track and Field	Track and Field	Track and Field	Track and Field	Track and Field	Track and Field
	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis