



Year 7 Personal Development

AUTUMN TERM

**Citizenship: British Values
& Identity**

**Careers: Labour Market
Information, Unifrog &
Transferable Skills**

SPRING TERM

**Relationships & Sex
Education: Relationship
Types**

**Careers: National
Apprenticeship & Careers
Weeks**

SUMMER TERM

**Health & Wellbeing:
Fitness & Mental Health**

**Careers: The Changing
Job Market**

Curriculum Overview

Personal Development in year 7 serves as an introduction to the key topic areas students will study throughout their time at Park View. They will get an introduction to their own identity through our British Values module, discover the different types of relationships they may have/will develop in RSE, and undertake a mental health project with our sixth formers in the summer term. Students will begin developing their careers profiles on Unifrog too throughout the year, which will continue to be developed in future years.



Year 8 Personal Development

AUTUMN TERM

**Citizenship: Money
Management & Finances**

**Health & Wellbeing:
Healthy Eating & Healthy
Lifestyles**

SPRING TERM

**Citizenship: Community
Cohesion**

**Careers: National
Apprenticeship & Careers
Weeks**

SUMMER TERM

**Careers: Local
Workplaces & Careers**

**Relationships & Sex
Education: Making Safe
Choices**

Curriculum Overview

Personal Development in year 8 is all about keeping safe and learning how to be an effectively functioning adult. Students will learn valuable skills such as managing budgets and being an active part of their community in their Citizenship modules. They will consider how to eat and live in healthy ways through their Health module, and will look at how to remain safe online and in various relationships through RSE. In Careers modules, students will consider some of the more unique career pathways open to them, and look at big industries in the North East.



Year 9 Personal Development

AUTUMN TERM

**Relationships & Sex
Education: Successful
Relationships**

**Relationships & Sex
Education: Sexual
Relationships**

SPRING TERM

**Careers: GCSE Options,
Apprenticeships & T-Levels**

**Careers: National
Apprenticeship & Careers
Weeks**

SUMMER TERM

**Citizenship: Law & The
Justice System**

**Health & Wellbeing:
Health & Hygiene**

Curriculum Overview

Personal Development in year 9 builds on the foundations covered at North Lodge. Students spend the autumn term looking at how to make, maintain and, if necessary, end relationships & friendships, before studying aspects of sexual relationships (e.g. consent, sexting & contraception - more details can be provided on request). Students then spend spring term considering their GCSE and post-16 options, before moving into summer term where they expand their knowledge of the criminal justice system and various aspects of physical health and hygiene.



Year 10 Personal Development

AUTUMN TERM

**Health & Wellbeing: Grief,
Stress & Exam
Performance**

**Religious Education:
Islam**

SPRING TERM

**Citizenship: Politics &
Government**

**Careers: National
Apprenticeship & Careers
Weeks**

SUMMER TERM

**Religious Education:
Respect & Tolerance**

**Relationships & Sex
Education: Diverse
Relationships**

Curriculum Overview

Personal Development in year 10 begins to look at more difficult concepts as students begin to mature. They will consider bereavement and grief in the Health module, alongside physical health & stress. In two core RE modules across the year, they will have an introduction to Muslim beliefs and rites, as well as consider what the words 'respect' and 'tolerance' mean in both religious and non-religious contexts. In their Citizenship module they will gain an understanding of how Parliament works, and look at equality & diversity in their RSE module.



Year 11 Personal Development

AUTUMN TERM

**Careers: Post-16 Options,
CVs & Cover Letters**

Record of Achievement

SPRING TERM

**Religious Education:
Abortion & Euthanasia**

SUMMER TERM

Revision for Exams

Curriculum Overview

Personal Development in year 11 is in two halves. In the autumn term students will spend time learning about all the potential post-16 options available to them and will develop the valuable career skills of writing CVs and cover letters. They will then write their Records of Achievement - a summary of the skills & qualities they have gained in their time at Park View. In the spring term, students will study the difficult concepts of abortion & euthanasia. They will consider them from a variety of viewpoints, both religious and non-religious, before developing debating and logical thinking skills when coming to their own conclusions.



Year 12 Personal Development

AUTUMN TERM

**Health & Wellbeing:
Self-Examination,
Self-Esteem & Healthy
Habits**

Careers: Using Unifrog

SPRING TERM

**Religious Education:
Philosophical Arguments**

**Relationships & Sex
Education: Knife Crime &
Healthy Relationships**

SUMMER TERM

**Citizenship:
Understanding LGBTQ+**

**Next Steps Process
Begins**

Curriculum Overview

Personal Development in year 12 covers a broad spectrum of content areas. In the Health module, students will consider a series of physical & emotional health issues. They are then introduced to Unifrog and will create their profiles, or expand them if they have existing ones. Students will then look at philosophical arguments and logical fallacies in RE, before learning about a series of topics related to healthy & unhealthy relationships. In summer, after a Citizenship module considering LGBTQ+ issues, students begin the next steps process by considering their post-18 choices.



Year 13 Personal Development

AUTUMN TERM

**Next Steps Process
Continues**

**Citizenship: Student
Finance**

SPRING TERM

**Relationships & Sex
Education: Staying Safe,
Misogyny & Honor-Based
Violence**

**Health & Wellbeing: Coping
with Change**

SUMMER TERM

Revision for Exams

Curriculum Overview

Personal Development in year 13 is designed to help students cope with the changes after leaving school. They will spend significant time applying on UCAS or for apprenticeships. They will then spend some time learning the intricacies of student finance. In spring students will look at hard hitting topics such as sexual assault and misogyny, before looking at strategies to cope with big changes, basic first aid and the dangers of alcohol & drug abuse.