

## **Information from 4-1-22 from DFE**

### **Individuals who test positive for Covid 19**

Individuals may now take LFD tests on day 6 and day 7 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation. The first test must be taken no earlier than day 6 of the self-isolation period and tests must be taken 24 hours apart.

This also applies to children under 5, with LFD testing at parental or guardian discretion. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result and return to your education or childcare setting from day 7.

Anyone who is unable to take LFD tests will need to complete the full 10 day period of self-isolation.

### **Individuals who are a close contact of Covid 19**

If they live in the same household as someone with COVID-19 they should limit their contact with anyone who is at higher risk of severe illness if infected with COVID-19, and arrange to take a PCR test as soon as possible. If the test is positive, they should follow the [stay at home: guidance for households with possible or confirmed COVID-19 infection](#).

- to limit close contact with other people outside your household, especially in crowded, enclosed or poorly ventilated spaces.
- to limit contact with anyone who is at higher risk of severe illness if infected with COVID-19
- to follow the [guidance on how to stay safe and help prevent the spread](#)